

92nd Royal Canadian Henley Regatta



JULY 25-26-27-28 1974



SOUVENIR BOOKLET 75¢

92nd
ROYAL CANADIAN HENLEY REGATTA
July 25, 26, 27, 28, 1974

**Royal Canadian Henley Course
St. Catharines, Ontario, Canada**

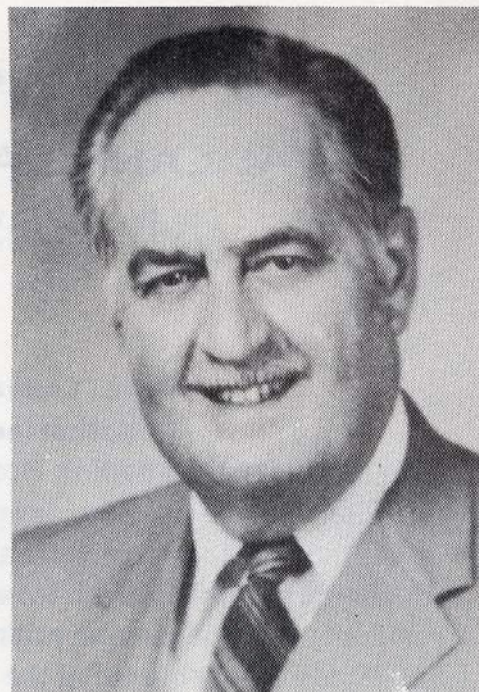
The 92nd Royal Canadian Henley Regatta, the 1974 national rowing championships of Canada, is sponsored by the Canadian Association of Amateur Oarsmen; Thomas Croston, President; in conjunction with the Canadian Henley Rowing Corporation, Donald McClelland, President; and the co-operation and assistance of the Government of Canada, the Government of the Province of Ontario and the City of St. Catharines.

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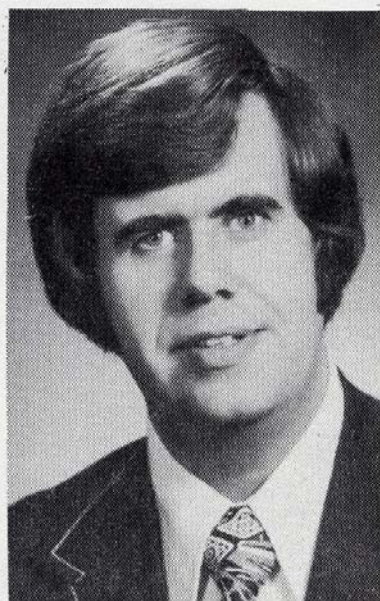
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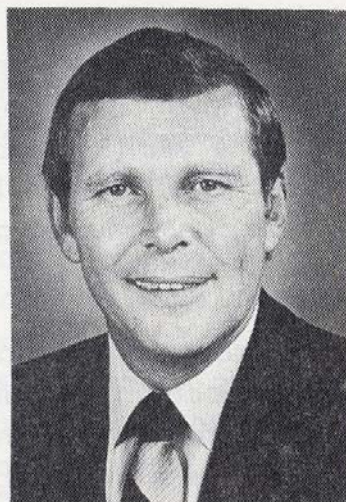
'way out front

the standard

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Don McClelland

The Canadian Henley Rowing Corporation was formerly known as the Henley Aquatic Association. However, while taking over Henley Aquatic's responsibilities for maintaining and improving the Henley Course and its attendant facilities for the betterment of Canadian rowing, the CHRC also superceded the Henley Island Corporation and the 1970 World Rowing Championships Canada Corporation. In effect, the new organization, formed in 1973, consolidated all of St. Catharines' non-competitive rowing groups under one banner dedicated to the preservation of Canada's first Class A international standards rowing course, the site of the III World Rowing Championships in 1970 and all of Canada's major national regattas.

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REGATTA

The competition taking place on the Henley Course this week is only part of the Royal Canadian Henley Regatta story.

Much of the work connected with this four-day Canadian rowing championships takes place behind the scenes and involves a group of dedicated enthusiasts who devote many long hours in the preparation for and supervision of what has become North America's largest rowing regatta.

Working under the direction of Claude Saunders Sr. of Hamilton, the CAAO regatta chairman, they are the men directly responsible for making the Henley a model of efficiency which has become the envy of every rowing regatta the world over.

- Regatta Chairman — Claude Saunders Sr., Hamilton
- Asst. Regatta Chairmen — Charles Adams, James Minards, Charles Ryan, all of St. Catharines.
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- Marshalls of the Float — Harold Cove, Walt Moses, John Dewar, Paul Dueck, Walt Plata, all of St. Catharines.
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- Registrars — Ted Wilcox, Hamilton; Mike Heur, Toronto; Don Knapp, Hamilton; Alex Champion, St. Catharines (Honorary).
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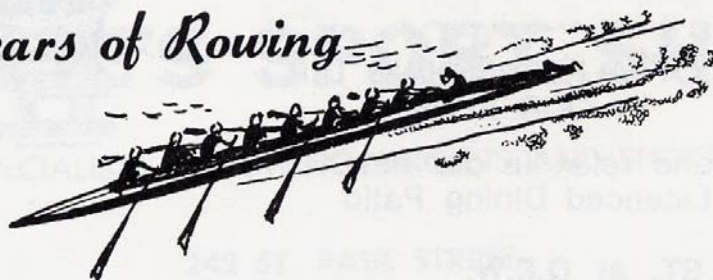
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Who says 13 is unlucky? Not the St. Catharines Rowing Club. Here, CAAO President Jim Minards (centre) presents the Maple Leaf Trophy to St. Catharines for the 13th consecutive Henley points title by the host club. At left is Captain Joe LeBlanc while President Gordon Thomson is at right. With the largest entry logged in this year's Henley, St. Catharines is out to make it 14 in a row this week.

THE C.A.A.O. AGGREGATE POINT AWARD

Presented each year by the Canadian Association of Amateur Oarsmen to the Club attaining the greatest number of points at the Royal Canadian Henley Regatta.

Won By:

1973 — St. Catharines Rowing Club	374	Points
1972 — St. Catharines Rowing Club	454	Points
1971 — St. Catharines Rowing Club	436	Points
1970 — St. Catharines Rowing Club	284 $\frac{1}{4}$	Points
1969 — St. Catharines Rowing Club	245 $\frac{1}{2}$	Points
1968 — St. Catharines Rowing Club	395	Points
1967 — St. Catharines Rowing Club	214 $\frac{1}{4}$	Points
1966 — St. Catharines Rowing Club	368 $\frac{1}{2}$	Points
1965 — St. Catharines Rowing Club	254	Points
1964 — St. Catharines Rowing Club	421	Points
1963 — St. Catharines Rowing Club	375 $\frac{1}{2}$	Points
1962 — St. Catharines Rowing Club	391	Points
1961 — St. Catharines Rowing Club	443	Points
1960 — Detroit Boat Club	297	Points
1959 — Detroit Boat Club	428	Points
1958 — Detroit Boat Club	379 $\frac{3}{4}$	Points
1957 — Buffalo West Side Rowing Club	282	Points
1956 — Buffalo West Side Rowing Club	265 $\frac{1}{2}$	Points
1955 — St. Catharines Rowing Club	315	Points
1954 — Buffalo West Side Rowing Club	337	Points
1953 — Buffalo West Side Rowing Club	229	Points
1952 — Buffalo West Side Rowing Club	392	Points
1951 — Buffalo West Side Rowing Club	328	Points
1950 — St. Catharines Rowing Club	336	Points
1949 — St. Catharines Rowing Club	313	Points

THURSDAY, JULY 25

- No. 1 — Junior Pair [Coxswain]
- No. 2 — Junior Four [Coxswain]
- No. 3 — Junior 155-lb. Single
- No. 4 — Junior 135-lb. Single
- No. 5 — Junior Single — Muir Trophy
- No. 6 — Junior 145-lb. Double
- No. 7 — Junior 145-lb. Four — C. Hooper Trophy
- No. 8 — Junior 155-lb. Eight — Roy Couch Trophy
- No. 9 — Junior Four — Nelles Stacey Trophy

FRIDAY, JULY 26

- No. 10 — Junior 135-lb. Eight — Thomas B. Gannon Trophy
- No. 11 — Senior 155-lb. Pair Oar
- No. 12 — Junior 145-lb. Single
- No. 13 — Junior 155-lb. Four — Paddy Cline Trophy
- No. 14 — Junior Pair Oar
- No. 15 — Junior 145-lb. Eight — T. Edison Lane Trophy
- No. 16 — Women's Single
- No. 17 — Open Quadruple Sculls
- No. 18 — Junior 145-lb. Four [Coxswain]

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SATURDAY, JULY 27

- No. 19 — Association Single — Jack Guest Trophy
- No. 20 — Women's Four [Coxswain]
- No. 21 — Junior Eight — Wyandotte Trophy
- No. 22 — Junior 135-lb. Four — John Dorr Trophy
- No. 23 — Women's Eight
- No. 24 — Junior Double — Fry and Thoburn Trophy
- No. 25 — Senior Four — Challenge Trophy
- No. 26 — 500-Metre Dash Single
- No. 27 — 500-Metre Dash Eights
- No. 28 — 500-Metre Dash 145-lb. Single

SUNDAY, JULY 28

- No. 29 — 2:00 p.m. — Senior 145-lb. Double — Tank Brothers Trophy
- No. 30 — 2:15 p.m. — Senior 145-lb. Four [Coxswain]
- No. 31 — 2:30 p.m. — Senior 135-lb. Four
- No. 32 — 2:45 p.m. — Senior Four [Coxswain] — W.B.C. Burgoyne Memorial Trophy
- No. 33 — 3:00 p.m. — Senior Double — Hop Bitters Trophy
- No. 34 — 3:15 p.m. — Senior 135-lb. Eight — Michael J. Broderick Memorial Trophy
- No. 35 — — Senior Pair Oar [Coxswain]
- No. 36 — — Senior 145-lb. Single
- No. 37 — — Senior 155-lb. Eight — Joseph Wright Trophy
- No. 38 — Senior 145-lb. Four — W.G. (Bill) Crawford Trophy
- No. 39 — Championship Single — Geo. Frederick Galt Trophy
- No. 40 — Senior Pair Oar — William Hamilton Merritt Trophy
- No. 41 — Senior 155-lb. Single — Claude (Sandy) Saunders Trophy
- No. 42 — Senior 155-lb. Four — Fred Carter Trophy
- No. 43 — Senior 145-lb. Eight — Geoffrey Taylor Trophy
- No. 44 — Senior 135-lb. Single
- No. 45 — Senior Eight — Ned Hanlan Trophy

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- 295 Royal Canadian Henley Championships



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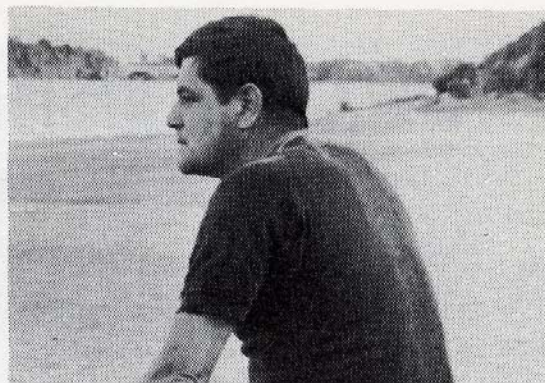
Joe Frezell, Captain

GERRY LIENERT

PORTRAIT

OF A

COACH



Gerry Lienert

Gerry Lienert is no stranger to Henley fans. As an oarsman and later a coach with the St. Catharines Rowing Club, he has appeared in many of them.

In fact, it was Gerry Lienert who was mainly responsible for moving St. Catharines into the realm of international rowing, his crews going to Olympics, Pan-American Games and World Championships with impressive regularity. And it was under the Port Dalhousie native that St. Catharines began its domination of the Henley and left a mark on U.S. domestic rowing.

Gerry Lienert, a marine engineer by profession, lives in Saint John, N.B., these days. But he hasn't turned his back on rowing. He's coaching the newly-formed Kennebecasis Rowing Club at nearby Renforth.

Obviously, the former St. Catharines head coach is making his mark down east too. Steve Belding, writing in the Saint John Evening Times-Globe, says it all:

Contrary to the general trend in sports, the Kennebecasis Rowing Club doesn't lack equipment — it lacks the personnel to take advantage of it.

The club started two years ago when Dr. C.H. Bonnycastle and other founders acquired an old racing shell from a Nova Scotia rowing club. Gerry Lienert, a new resident in the Renforth area, was then approached to handle the coaching duties of the proposed club.

Within two months after the initial steps, the club was formed and funds had been found to purchase the club's first four. Another was added during the second year of operation and two more pairs have been ordered. In all, that's about \$10,000 worth of equipment in two years.

Now, Gerry Lienert, a man with impressive coaching credentials who's keenly interested in the sport, wants to get the Kennebecasis Rowing Club rolling.

He says if he can find the right calibre of individual to work with, that "within a couple of years I can have him participating in international competition. But it depends on the individual."

continued on page 27

WELCOME VISITING OARSMEN

and

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Winning the Ned Hanlan Memorial Trophy is quite a feat for any rowing club. But to take the big silver mug, emblematic of the Championship Eight title at the Royal Canadian Henley Regatta, in only your second season of competition is a unique accomplishment. The Ridley Graduate Boat Club pulled off the win at last year's Henley, clocking a sizzling 5:48.5 against six other crews in the big race. On the presentation platform, ready for their gold medals, they are, from the left: cox Wayne Henderson, stroke Hans Braul, Owen Cressweller, Guenter Quast, Ross MacLachlan, Brian Love, Paul Szczucinski, Ted Daigneault, Warren Aziz.

COMPLIMENTS OF

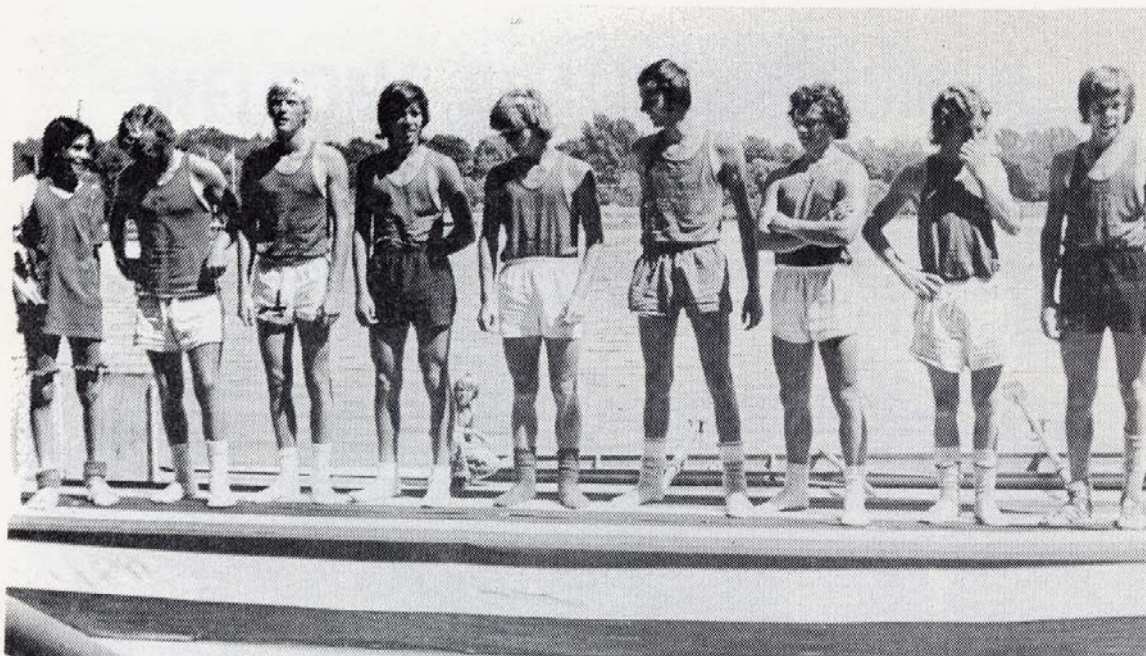
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They rowed an eight, but they won a double. That's the story of this St. Catharines Rowing Club crew which copped the junior and senior 135-pound eights at the 1973 Royal Canadian Henley Regatta. And that's a feat indeed. From the left, the crew was boated as: cox David Whitfield, stroke Terry Ellis, Bill Donegan, Carl Covello, Dale Valentine, Dave Trussell, Henry Gumulak, Peter Newman and Chris Szczucinski.

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1973 HENLEY CHAMPIONS

THURSDAY

Junior Cox Pair	Detroit BC	7:12.6
Junior Cox Four	St. Catharines RC	6:24.8
Jr. 155-lb. Single	Bob Gunnitz, Detroit BC	7:04.7
Jr. 135-lb. Single	Rejean Beauregard, Chomedey RC	7:17

FRIDAY

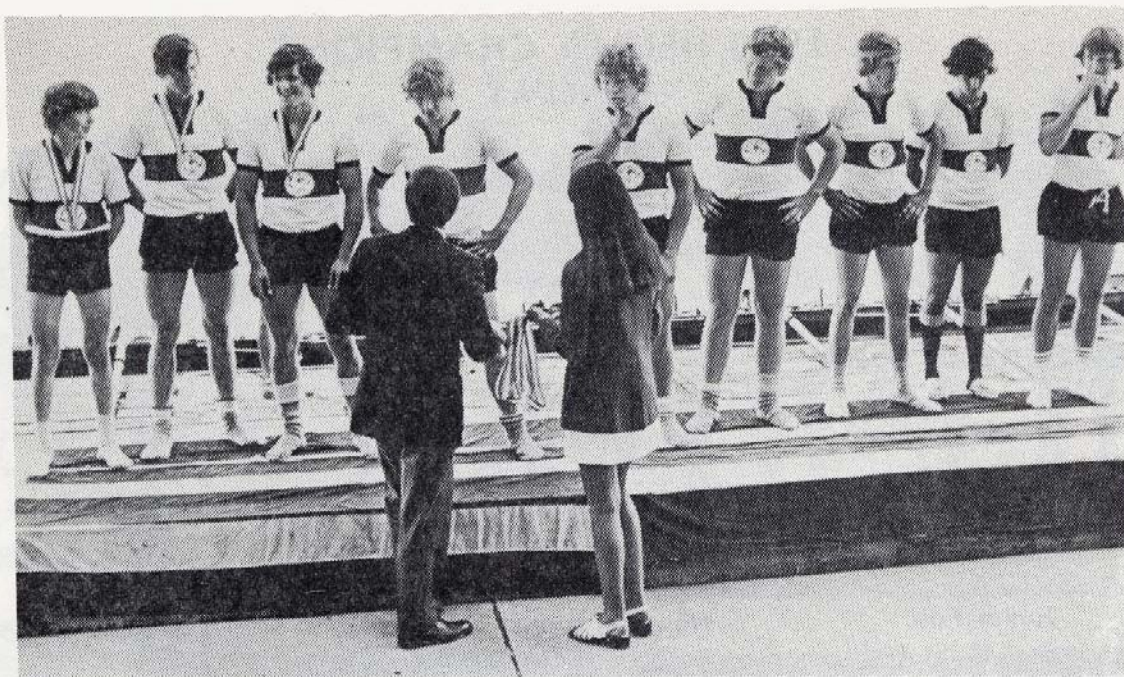
Junior Single	Chris Alsopp, Oyster Bay RA	7:00.2
Jr. 145-lb. Double	Malta BC	6:37
Jr. 145-lb. Four	Mic-Mac RA	6:19.5
Jr. 155-lb. Eight	Minneapolis RC	5:55.3
Junior Four	Vancouver RC	6:14.6
Jr. 135-lb. Eight	St. Catharines RC	5:59.7
High School Eight	Ridley College	4:07.3

SATURDAY

Junior Pair	Newport Beach RC	7:26.5
Jr. 145-lb. Eight	St. Catharines RC	6:39.4
Jr. 145-lb. Single	George Wilson, Ecorse BC	8:03
Jr. 155-lb. Four	Ottawa RC	7:09.9
Women's Single	Gail Pearson, Cambridge BC	4:42.6
Jr. 145-lb. Cox Four	Detroit BC	7:17.1
Association Single	Federico Scheffler, Mexico	7:44.4
Women's Cox Four	U. of Victoria	No time
Junior Eight	St. Catharines RC	6:28.6
Women's Eight	Radcliffe College	3:29.8
Senior Four	Ridley GBC	6:48.8
Open Single Dash	Jim Dietz, NYAC	1:41
Eights Dash	Ridley GHC	1:06.4
145-lb. Singles Dash	Bob Kunitz, Wyandotte BC	1:34.4
Jr. 135-lb. Four	U. of Western Ontario	6:58.2
Junior Double	Quebec RF	6:54

SUNDAY

Sr. 145-lb. Double	New York AC	7:11.8
Sr. 145-lb. Cox Four	St. Catharines RC	7:09.4
Sr. 135-lb. Four	U. of Western Ontario	7:12.3
Senior Cox Four	St. Catharines RC	6:46.7
Sr. 135-lb. Eight	St. Catharines RC	6:36.2
Senior Cox Pair	Florida RA	7:40
Sr. 145-lb. Single	Larry Klecatsky, NYAC	7:42.2
Sr. 155-lb. Eight	Cambridge BC	6:17.8
Sr. 145-lb. Four	Mexico	7:06
Championship Single	Jim Dietz, New York AC	7:38.8
Senior Pair	Vancouver RC	7:23.8
Sr. 155-lb. Single	Larry Klecatsky, NYAC	7:38.5
Sr. 155-lb. Four	St. Catharines RC	6:31.2
Sr. 145-lb. Eight	St. Catharines RC	6:11.5
Sr. 135-lb. Single	Mike Miller, Wyandotte BC	7:35
Championship Eight	Ridley GBC	5:48.5



Claude Saunders Jr., president of the Canadian Secondary Schools Rowing Association, presents gold medals to the Brentwood College crew after its win in the Championship Eight at this year's Canadian Scholastic Rowing Championships here. The British Columbians staged a late surge to beat out six rivals in the big race. From the left, they are: cox Geoff Briggs, stroke Mike Wiggins, Brodie Cupples, Darrell Thierman, David Holme, Murray Reynolds, Bill Newell, Graham Foreman and Cam Kring.

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St. Catharines can proudly boast of having North America's first FISA-recognized Class A international rowing course. However, the Henley Course — site of this week's 92nd Royal Canadian Henley Regatta — is no longer alone.

The year after the revamped Henley Course was unveiled for the North American Rowing Championships in 1967, Mexico completed its famed Xochimilco Course for the 1968 Olympics. Then came the new Cooper River layout at Camden, N.J., and the Aldridge Smith Course nearing completion at Princeton.

And just in case you've forgotten, Jack Sulger's fine layout at Pelham Manor on the outskirts of New York City is only a tide level away from FISA recognition. If they could find some way to control the tidal rise and fall to allow competition without having to rely on tide tables, the New York Athletic Club would have itself a rowing course second to none.

But now Canada has a second FISA-standards rowing layout which rivals anything anywhere in the world.

It is the new Burnaby Lake Course where some \$350,000 was expended to create a competition site for the 1973 Canada Games and give the west coast a sheltered 2000-metre rowing and paddling centre which ranks alongside the best there are.

Oarsmen and officials involved with the Canada Games competitions last summer had nothing but good things to say about the British Columbia course. And this spring, after the Western Sprints for university crews were staged there, the American crews went home raving about the facilities and that traditional Western Canadian hospitality.

"The finest racing course in the western hemisphere," was the way University of Washington coach Dick Erickson put it. "It's equalled only by Munich and Lucerne."

Here's what Dan Levin, writing in *Sports Illustrated*, had to say about the new Burnaby layout upon his return from the Western Sprints:

"Lily pads still fringe Burnaby's edges, and the lake resembles nothing more than a dark-water bass pond, a very small one. At its deepest it is only 14 feet; it is not even two miles long, and the open water portion cannot be more than 500 yards wide. But all these are good things. Burnaby is so narrow that last weekend when gusts of wind hit the trees on one side they blew to the other before hitting the water, and the pads smothered any chop that threatened to form.

"At each end of the 2,000-metre course six sets of pilings had been driven 90 feet into the muddy bottom, with cables running the length of the course connecting them underwater. All the buoys marking the lanes are on vertical lines attached to the cables. In this setup there are no horizontal lines at the surface for oars or boats to tangle with.

"On the starting line at Burnaby Lake six aluminum structures rise three feet above the water, each supporting what looks like a diving board. A small boy lies on each board and holds onto the stern of the shell. Above him in an official's tower someone asks through loud-speakers, "Etes vous pret? Partez!" in the international racing language.

"The boys' hands loosen, the starter's flag comes down and the shells are away. They move westward, toward the mountains of the Coastal Range, 10 thousand feet high, snow-capped, even in May. The mountains are 30 miles distant, but they all but hover over the lake's far shore.

"It is an incongruous juxtaposition, the shells against the mountains. Ivy-covered bricks would seem more fitting. At the lake's far end, waiting, 1,500 people are on their feet in a grandstand built just for spectators at crew races. They stare down the lake at the boats, which at that angle seem hardly to be moving. The oars lift ever so slowly. The shells look like great torpid water bugs now. But as they move up the lake, they seem to pick up speed. Clack, clack, go the coxswains' blocks against the gunwales. And the crowd begins to cheer.

This idyllic setting was chosen by the Canadian Association of Amateur Oarsmen for its Youth Trials two weeks ago. And early next month, they'll be rowing other trials there to determine Canada's entries at the IV World Rowing Championships in Lucerne.

It's a fabulous setup, indicative of the growth in Canadian rowing in recent years. The country can now boast of two FISA-standards rowing course with a third just around the corner.

The contract for the excavation of the 1976 Olympic course on Isle Notre Dame at Montreal has been let. And with the FISA Youth Championships scheduled there next year, a definite deadline is set.

By next year at this time, Canada will be able to boast of three qualified international rowing layouts.



Look for a lot from this big redhead in the years to come. He's 17-year-old Dave Knecht of Haddonfield, N.Y., grinning proudly after having won the Championship Single at the Canadian Scholastic Rowing Championships here this spring. With him are his coach, Ana Tamas, and his father, former Olympic gold medalist Bill Knecht. A former Romanian sculler, Miss Tamas has 16 FISA medals to her credit while Bill Knecht, former president of the NAAO and a member of the FISA board of management, was in the U.S. gold medal eight at the Tokyo Olympics.

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Year	City	Cox 4	Pair	Single	Cox Pair	Four	Double	Eight
1900	Paris	Germany	Belgium	France (Barralet)	Holland	France	---	---
1904	St. Louis	---	USA	USA (Greer)	---	USA	USA	USA
1908	London	---	Britain	Britain (Blackstaffe)	---	Britain	---	Britain
1912	Stockholm	Germany	---	Britain (Kinnean)	---	---	---	Britain
1920	Antwerp	Switzerland	Italy	USA (Kelly)	---	---	USA	USA
1924	Paris	Switzerland	Holland	Britain (Beresford)	Switzerland	Britain	USA	USA
1928	Amsterdam	Italy	Germany	Australia (Pearce)	Switzerland	Britain	USA	USA
1932	Los Angeles	Germany	Britain	Australia (Pearce)	USA	Britain	USA	USA
1936	Berlin	Germany	Germany	Germany (Schaefer)	Germany	Germany	Britain	Italy
1948	London	USA	Britain	Australia (Wood)	Denmark	Italy	Britain	USA
1952	Helsinki	Czech.	USA	USSR (Tjokalov)	France	Yugoslavia	Argentina	USA
1956	Melbourne	Italy	USA	USSR (Ivanov)	USA	Canada	USSR	USA
1960	Rome	Germany	Finland	USSR (Ivanov)	Germany	USA	Czech.	Germany
1964	Tokyo	Germany	Canada	USSR (Ivanov)	USA	Denmark	USSR	USA
1968	Mexico City	New Zealand	German DR	Holland (Wienese)	Italy	German DR	USSR	German FR
1972	Munich	German FR	German DR	USSR (Malishev)	German DR	German DR	USSR	New Zealand

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GERRY LIENERT — continued from page 13

Lienert, a marine engineer, was coach of the St. Catharines, Rowing Club — one of Canada's best and most prestigious rowing clubs — for 11 years.

He was also the assistant coach of the Canadian rowing team which competed in the 1964 Olympic Games in Tokyo and head coach of the Canadian rowing contingent in the 1966 world championships in Yugoslavia and the 1968 Olympics in Mexico.

"Canada is very prominent in international rowing," Gerry says.

But one reason why rowing isn't a major sport in the Maritimes — except for the Halifax area — is because rowing has been primarily a regionalized sport in Canada. St. Catharines and Vancouver have been the traditional hotbeds of the sport in Canada.

Lienert was reared in Port Dalhousie, now a part of St. Catharines. It's in St. Catharines that the Royal Canadian Henley Regatta is held every year and exposure to this annual event attracts a great deal of local attention in St. Catharines to rowing.

"Every kid in the area tries rowing," Lienert says. "They naturally fall into it."

Lienert himself is an 11-year veteran of rowing competitions.

Not only does St. Catharines have the St. Catharines Rowing Club going for it, it also has Ridley Graduate Boat Club and Ridley College is gaining prominence as one of the nation's major clubs.

While St. Catharines has tradition going for it, Vancouver has favorable weather conditions and natural facilities for water sports as its main advantages.

However, Lienert says that the federal government's Sport Canada organization, through the Canadian Association of Amateur Oarsmen, is attempting to decentralize the sport from the Vancouver and St. Catharines areas.

"There's financial assistance available to compete at the national level," he says. But, he cautions, "we shouldn't apply for it until we're ready."

For competitors to reach this level of competition requires a great deal of stamina and discipline. Like any sport, the individual must be prepared to practise, compete, practise and compete.

To produce national contenders and Olympic prospects, Lienert says, he needs two things: a volume of personnel and personnel of the right size.

Rowing is primarily a big man's sport and the main prerequisite is strength. "I'm talking about guys six-foot-four, six-foot-five, 200 pounds and up," Lienart says.

continued on page 28

MAPLE LEAF POINT SYSTEM

A new scoring system for the Maple Leaf Trophy was introduced at the 1971 Royal Canadian Henley Regatta. Designed by T. E. Norris of Toronto, a past-president and past-treasurer of the Canadian Association of Amateur Oarsmen, the system is graduated on the basis of boat categories, doing away with extra points for premier events and eliminating percentage awards from heats.

CATEGORY	1st	2nd	3rd	4th	5th	6th	HEAT WINNERS
Singles	10	5	4	3	2	1	1
Doubles	15	8	5	4	3	2	2
Pairs	15	8	5	4	3	2	2
Fours	20	10	8	6	5	4	4
Eights	25	12	10	8	6	5	5

GERRY LIENERT — continued from page 27

He says there are lots of rowing prospects in the area. "I see many strong young fellows walking around the city who meet the basic requirements. To develop from there is a matter of practise and conditioning."

The Kennebecasis Rowing Club is the only one of its kind in the province, Lienert says, and it's hard to motivate individuals to take an avid interest in the sport.

continued on page 31

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Lucerne, one of Switzerland's most beautiful resort cities, snuggles up against the snow-capped Alps, awaiting the arrival of crews to signal this year's IV World Rowing Championships. This will be the second time Lucerne has played host to the Worlds on the Rotsee, that slender finger of a lake in the foreground. The first championship was held there in 1962, then went to Bled, Yugoslavia in 1966 and was held here in St. Catharines four years ago. The women's section will be rowed August 29-September 1 at Lucerne with the men's championship to follow September 4-8.

WORLD ROWING CHAMPIONSHIPS

EVENT	LUCERNE 1962	BLD 1966	ST. CATHARINES 1970
Cox Four	Germany - 6:29.12	German DR - 6:29.54	German FR - 6:28.55
Pair	Germany - 6:54.62	German DR - 6:59.96	German DR - 6:57.81
Single	USSR (Ivanov) - 7:07.09	USA (Spero) - 7:05.92	Argentina (Dimiddi) - 7:16.54
Cox Pair	Germany - 7:19.10	Holland - 7:12.83	Romania - 7:25.30
Four	Germany - 6:19.24	German DR - 6:18.41	German DR - 6:23.15
Double	France - 6:33.90	Switzerland - 6:34.89	Denmark - 6:28.68
Eight	Germany - 5:50.83	German FR - 5:56.28	German DR - 6:36.10



This statue of William Hamilton Merritt was erected by the citizens of St. Catharines in tribute to the significant contribution he made toward Canada's development, not the least of which was the construction of the First Welland Canal, a portion of which is now the Henley Course upon which this week's 92nd Royal Canadian Henley Regatta is taking place. Without him, the Henley might have only been a dream. This year marks the 150th anniversary of the start on that first canal and St. Catharines' most famous son is being recognized in a variety of ways, not the least of which is a special postage stamp in his honor. And at this Henley, the Dominion Marine Association is putting into competition the William Hamilton Merritt Trophy for Senior Pairs to tie the famous canal builder and rowing — which owes so much to him — together in some tangible way. The Dominion Marine Association, with a membership of 19 shipping lines and 143 ships, was founded in 1903, the same year the first Henley was rowed here on what was then still the Old Welland Canal.

GERRY LIENERT — continued from page 28

The club, although still in its infancy, is in good shape financially. It's financed primarily through private donations at present. "It's remarkable how much backing the club gets from voluntary donations," Lienert remarks. "We also hold the odd raffle and dance."

Lienert credits much of the club's success in this respect to the labors of Dr. C.H. Bonnycastle, the club's regatta committee chairman. Each year the regatta has grown.

However, the main difficulty for the Kennebecasis Rowing Club is to motivate individuals. It's difficult to get people to train properly for the sport, Lienert says.

The actual rowing season is just part of the training schedule, Gerry notes. To become a good oarsman, an individual must be willing to undergo a program of weight training, running and swimming during the winter to keep the muscles in flux.

Lienert says he isn't interested in developing a social club, only a competitive rowing club.

"There's money available in Sport Canada to develop and push the right rowers right to the top. For those who take an interest, the individual will go as far as he can."

Lienert says he has a "pipeline" to the St. Catharines clubs, as a result of his long association there. If he corrals a hot prospect here, he could arrange for him to go to St. Catharines for training. There an oarsman would be exposed to interclub, local, provincial and national rowing competitions.

Boats and ships have played a big part in the life of the ruggedly-built 46-year-old Lienert. Besides being involved in rowing regattas, he has also travelled a good portion of the world thanks to his profession of marine engineering.

He worked in Indonesia and in Europe before arriving in Saint John where he is now employed with the Saint John Shipbuilding and Dry Dock Company Limited.

What drives him to continue devoting his time to rowing?

Replies Gerry: "There's something about watching a racing shell that's poetry in motion. I'm like any athlete. If he likes a sport, he's got to come back to it."

"However, from a mental standpoint, I find coaching much harder than being in a boat."

He said he finds Saint John a frustrating city as far as sports is concerned. "In sport, there's a tremendous inferiority complex here — the whole mentality is parochial.

"It aggravates me to see the potential manpower here, but you can't get them involved in sport. I see good talent sitting in a pub, getting fat and killing themselves on booze."

OLYMPIC GAMES ROWING RECORDS

EVENT	COUNTRY	TIME	OLYMPICS
Cox Four	German FR	6:31.85	Munich 1972
Pair	German DR	6:53.16	Munich 1972
Single	Yori Malishev, USSR	7:10.12	Munich 1972
Cox Pair	German DR	7:17.25	Munich 1972
Four	German DR	6:24.27	Munich 1972
Double	Charles McIlvaine Paul Costello, USA	6:41.40	Amst. 1928
Eight	USA	5:56.70	London 1948

When it's Rowing — it's THE HENLEY
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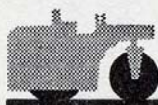
Together, these two New York Athletic Club scullers took home seven gold medals from the 1973 Royal Canadian Henley Regatta. Jimmy Dietz (left) won the Championship Single and the open dash, then combined with Larry Kletcatsky (right) for the open double. Kletcatsky, in turn, won the senior 145 and 155-pound singles and joined Don Rose for the senior 145-pound double. It marked the first time since 1944 that any Kenley competitor has won four gold medals on a single afternoon as Kletcatsky, a 31-year-old physician, did last year.

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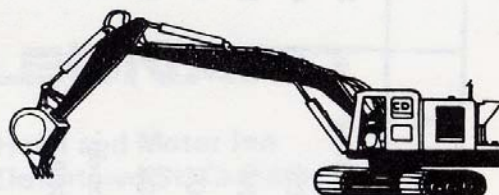
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Paul Grisanti, Joel Winnikoff and Alec Webster are something special when it comes to rowing. They rowed for the St. Catharines Rowing Club last season, but came all the way from California to do it. From the University of California at Santa Barbara (where they also row), the trio drove to St. Catharines in the hope of making crew here. They did . . . so well in fact that they took home Henley gold medals and are back this season for another go. When not rowing, the Californians can be found in familiar surroundings . . . working in Niagara's vineyards.

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Happiness is a Henley win . . . especially if you came all the way from Mexico to pull it off. And that's exactly what this senior 145-pound four from Mexico City did in the 1973 Royal Canadian Henley Regatta. Here, the happy quartet pulls into the Henley Grandstand to pick up gold medals. From the left: stroke Federico Lozano, Jose Luis Rion, Gustavo Scheffler and Juan Lopez.

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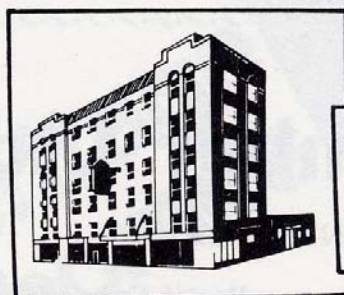
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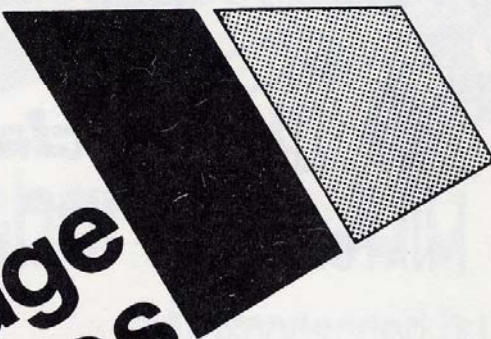
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The St. Catharines Rowing Club got some great mileage out of this cox four last year. And for that matter, they still are. Coached by Stan Murdza (with cap), the crew won at the Independence Day Regatta in Philadelphia, then captured the senior cox four at the Royal Canadian Henley Regatta here. Qualifying to represent Canada at the European Rowing Championships in Moscow, the St. Catharines boat ran into some injuries and failed to place. But all are back for another crack at it this year and are favored to earn a berth on the Canadian team going to the IV World Rowing Championships in Lucerne later this summer. From the left, they are: Brian Dick, Ron Burak, Bill VanRuyven, stroke Andy VanRuyven and cox Peter Murdza.



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Denis Morris High School of St. Catharines has a United States title to boast about these days, a DM crew having picked up the junior cox four at the U.S. Scholastic Rowing Championships this spring. From the left, the champs are: Hubert Van Ooster, cox Peter Cookson, Mike Graffi, Joe VanRuyven, coach John Goodwin and Hugh Mahoney.



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We're No. 1! And these happy West Park Secondary School oarsmen aren't far wrong either. They copped two titles at the United States Scholastic Rowing Championships this spring, then turned around the following weekend to take four finals at the Canadian Scholastic Rowing Championships here and successfully defend the Cosgrave Trophy, emblematic of the regatta points crown. Coached by Rudy Wieler (at left), the St. Catharines high school began rowing just five years ago.

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You work them hard
Like the sport demands.
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They hate your guts,
When they're in the shell.

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You load their oars,
You plan their race,
Behind closed doors.
You psych them up,
You set their rate,
You send them off,
To the starting gate.

The race is won,
The boys came through,
They did exactly,
What you told them to.

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The best you can,
With the bodies and talent
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the now very popular Niagara Grape & Wine Festival
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