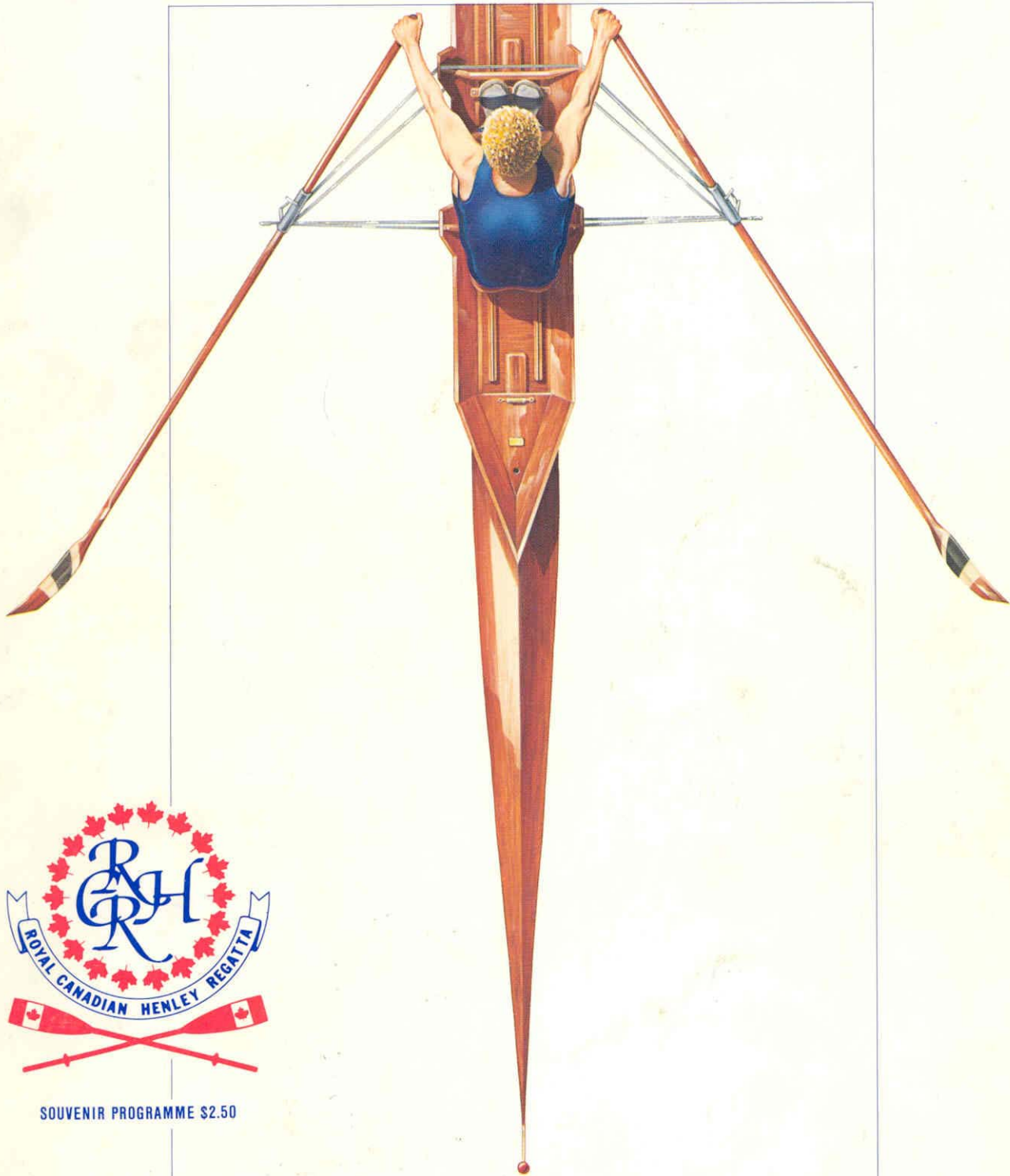


P E R R Y E L L I S F R A G R A N C E
p r e s e n t s



SOUVENIR PROGRAMME \$2.50

THE ROYAL CANADIAN HENLEY REGATTA
ST. CATHARINES, ONTARIO, CANADA. AUGUST 5-9, 1987

797.14
ONE
M

G'DAY*



* The traditional greeting of Australia (known variously as Aus, Oz, or The Wonder Down Under). A contraction of "Good Day"—usually one in which you can look forward to a tinnie (tube, can) of Foster's

BONZER An expression of approval, as in: "He's a bonzer bloke." In terms of magnitude, a superlative just above "beaut" and slightly below "ripper."

SHOUT The act of paying for a round in the local watering hole. Thus: "I'll get this Foster's, it's my shout." The getting of said shout is a demonstration of the bonzerishness of one's blokehood.

MATE A man's best friend (usually the one who got the last shout). Can be tagged on to any sentence to connote an easy familiarity with the listener: "How ya goin', mate?"

(NOTE: In speaking with the females of the species, mate should properly be substituted by "love," e.g. "Good on ya, love.") (Well done!)

DRIER THAN A DRAINPIPE IN A DROUGHT A description of the extreme thirst built up after having survived the yearly out-back drought or a day at work, whichever was rougher. Synonymous with the phrase "Struth, I could down a pint," usually followed by "sinking a cold one" with one's mates.

THE GOLDEN THROAT CHARMER An expression used to connote the drinkability of Foster's. Synonymous with such other terms of affection as the "liquid gold," "throat anointing fluid," and "ripper sipper." However, not to be used to describe the taste of Foster's, which is most accurately likened to that of an angel crying on one's tongue.

CHEERS! The last words to escape one's lips before the first Foster's hits them.

The Golden Throat Charmer

P E R R Y E L L I S F R A G R A N C E

P R E S E N T S

A unique partnership for the good of rowing in general and the Royal Canadian Henley Regatta in particular began with last year's Henley Perry Ellis Fragrances, a division of Parfums Stern (Canada) Incorporated, became an official sponsor of this annual five-day rowing event.



Canadian rowing is grateful for the generous support provided by the Perry Ellis organization in assisting the Canadian Henley Rowing Corporation and the Canadian Amateur Rowing Association with the staging of Henley, the largest and most prestigious of North America's rowing regattas.

105th ROYAL CANADIAN HENLEY REGATTA

AUGUST 5 - 9, 1987

SOUVENIR PROGRAM

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JOSEPH L. McCAFFERY
MAYOR



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The 1987 Royal Canadian Henley Regatta in St. Catharines is bigger and better than ever with an increasing number of heats culminating in 83 final races this year.

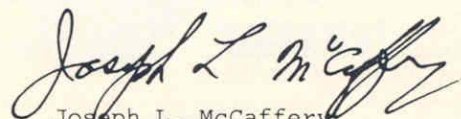
Therefore, it is with considerable pride and great pleasure that I welcome contestants who have travelled considerable distances from across Canada, Europe, Mexico, the United States of America and around the globe to compete with the best at St. Catharines' world class premier regatta. On behalf of the citizens of the City of St. Catharines, I wish all of you great success.

While it's a known fact that we all can't be winners, the mere fact that you are here today competing in this prestigious event, indicates that you possess some mighty formidable qualities. The talent, the energy, the spirit of competition, indeed the tremendous value of training, stamina and teamwork, both on and off the water, that you are demonstrating here today will help make you winners in many different walks of life. Of primary importance today though, is that you do your very best...and that you enjoy yourselves doing it.

My colleagues on Council and I are pleased indeed that the Henley has, in the past year, acquired a number of prominent sponsors, including our major corporate sponsor, Perry Ellis Fragrance, to enhance and to help coordinate the Royal Canadian Henley Regatta on a break even basis.

We welcome this opportunity to commend and congratulate not only the champions but, also, the sponsors and organizers for another highly successful regatta and, on behalf of the people of St. Catharines, to salute all those associated with the Canadian Henley Regatta Corporation, the Canadian Amateur Rowing Association, the coaches and support staff, the vast army of volunteers, fans and spectators. Your tremendous unified effort reflects the high standards and ideals that are intrinsic to Canada's finest and fairest regatta.

Thank you, one and all, and welcome to the 1987 Royal Canadian Henley Regatta.


Joseph L. McCaffery
Mayor

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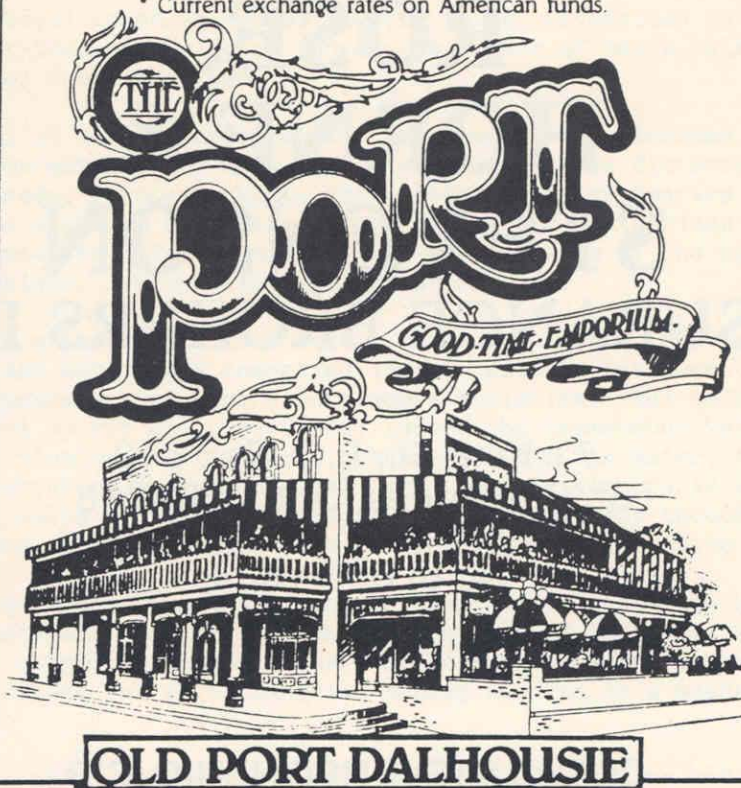
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R.G. (BOB) ELLARD



ROWING CANADA AVIRON

PRESIDENT'S MESSAGE - 1987

As President of Rowing Canada Aviron, it is with great pleasure that I welcome you to this our 105th Royal Canadian Henley Regatta. As witnessed by the number and quality of entries, this regatta is truly the finest club regatta in North America.

The Royal Canadian Henley Regatta would not be as significant without the tremendous support and co-operation of our hosts, the Canadian Henley Rowing Corporation (CHRC). Under President Craig Swayze and his predecessors, CHRC has demonstrated tremendous commitment to the development and expansion of this regatta as one of our premier events. We are pleased to work with CHRC in making each Canadian Henley just a bit better than the one previous.

One of the major steps taken to improve Henley was the acceptance of Perry Ellis Fragrances as our major corporate sponsor. RCA and CHRC are delighted with the continued support from Perry Ellis Fragrances under President Hugh Winter. We are confident that this level of corporate support will assist RCA and CHRC in making this regatta better while promoting the Perry Ellis Fragrances.

This year also marks the acceptance of three new trophies by Rowing Canada Aviron for the Canadian Henley.

The Charles M. Adams Memorial Trophy has been donated for the Senior Quad in memory of the late Charlie Adams, a former Winnipeg, Lachine and St. Catharines oarsman, coach and executive who served Canadian rowing for so many years. President of the old Canadian Association of Amateur Oarsmen in 1962-1963, he was one of our sport's finest ambassadors, having settled in St. Catharines following retirement. We thank Charlie's wife, Helen, for this fine trophy.

The Florence Saunders Trophy has been donated for the Intermediate 155 lb. Eight in memory of the late Flo Saunders. Flo Saunders was a fine lady who kept our regatta chairman, Claude, busy off the water for many happy years. We thank the Saunders family for this fine trophy.

The Rodger Sellars Trophy has been donated for the Sr. 155 lb. Four with Cox in honour of Rodger. Rodger contributed to our sport for 40 years as an athlete, a volunteer and a professional. His dedication to the development of our sport is beyond reproach. We thank Rodger's many friends who donated this fine trophy.

I hope you enjoy the regatta and will join me in thanking everyone who has helped to make it such a great event.

R.G. ELLARD
President - Rowing Canada Aviron

1987 Rowing Canada Aviron Executive Committee

Bob Ellard — President

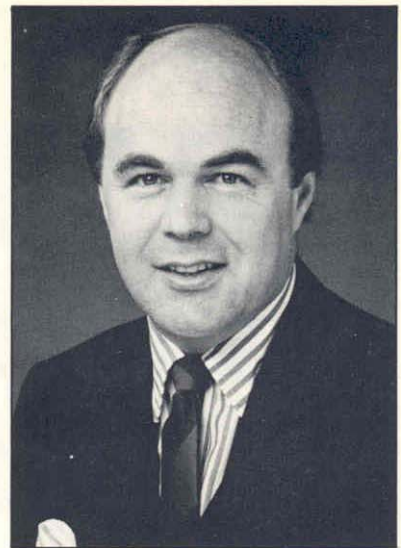
Pat Hughes	1st Vice President	Nat Findlay	Treasurer
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**Good Luck to All Participants
at this year's
Royal Canadian Henley Regatta.**

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HUGH WINTERS

July 13, 1987

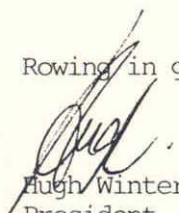
Dear Friends,

In 1986, Perry Ellis Fragrances became the official sponsor of the Royal Canadian Henley Regatta. In one year the scope of the event itself, the support of rowing in Canada and the promotional efforts of Perry Ellis Fragrance have increased dramatically.

Promotions have been held in all major department stores featuring a new and broader approach to rowing. Rowing Clubs from all over Canada have participated by selling the 1987 Royal Canadian Henley Regatta poster as a purchase with purchase with Perry Ellis Ladies and Men's fragrance products, to defray travel costs for the clubs to attend the Henley. Public and press interest has increased with all this activity.

Perry Ellis Fragrance for Men and Women wish all of the competitors a truly successful Royal Regatta for 1987.

Rowing is growing!



Hugh Winters
President

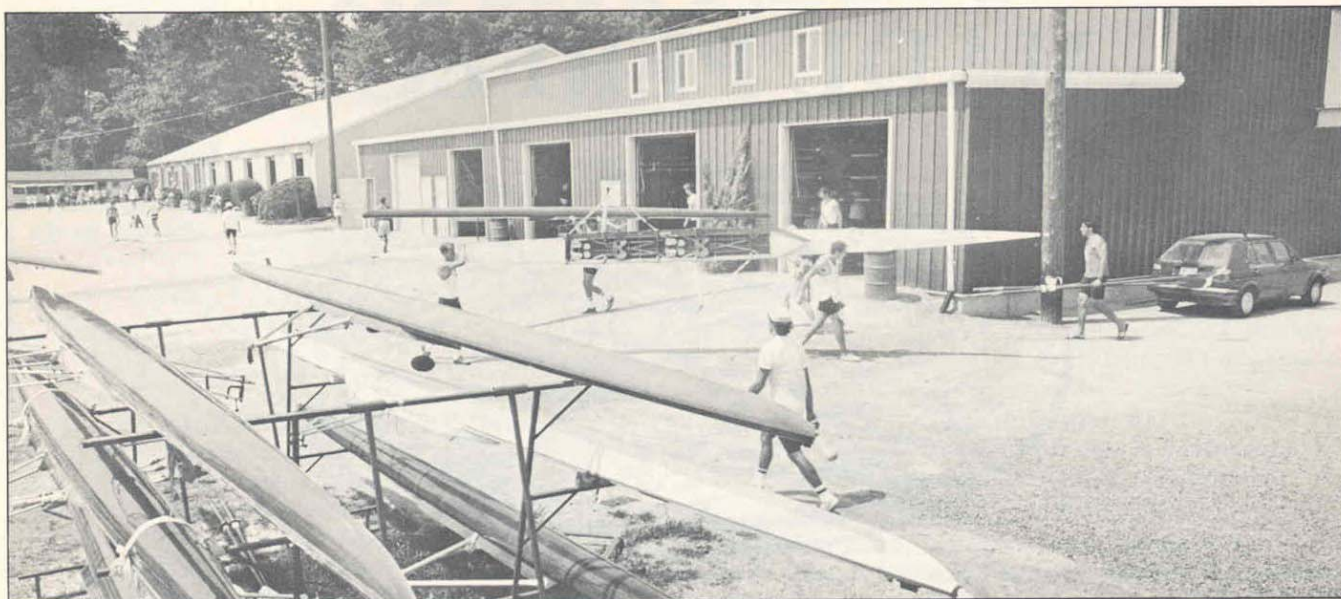
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The Henley Course and its adjacent shore facilities play a key role in the successful staging of every Royal Canadian Henley Regatta. But it all costs money; not the least of which was the \$291,915 recently spent in building this five-bay addition to the Henley Island shellhouse complex. In all, \$165,936 was raised publicly for this worthwhile project which will eventually accommodate second-story regatta offices, meeting rooms and training areas. CHRC continues in its efforts at raising funds to meet the balance owing and the anticipated cost of completing the upstairs of the new structure.

PRESIDENT'S MESSAGE

Canadian Henley Rowing Corporation, custodian of the Henley Course and its regatta facilities, is delighted to welcome the competitors, officials and rowing enthusiasts to this week's 105th Royal Canadian Henley Regatta.

May your stay in St. Catharines be a pleasant one and your racing this Henley prove successful.

In company with the Canadian Amateur Rowing Association, the governing body of rowing in Canada, the officers and members of CHRC and their various regatta sponsors have made Henley a year-round project. It is a co-operative effort designed to climax this week in what is regarded by many as the finest rowing competition of its kind.

The traditions of Henley go all the way back to Canada's beginnings as a rowing nation. These annual regattas have been the tie which has bound our sport to Canada's coming of age.

CHRC is pleased to play a key role in making Henley the success it has been since settling in St. Catharines 84 years ago. It is a community wide effort with many hundreds of area residents deeply involved in a variety of roles.

We are proud of Henley and what it means to North American rowing. We are happy you have seen fit to support this worthwhile endeavor and are part of the success which is Henley 105.

CRAIG SWAYZE
President

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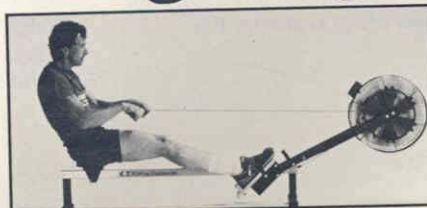


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Claude Saunders

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VICE-REGAL APPROVAL!

Lincoln Alexander, Ontario's Lieutenant-Governor, is obviously impressed with the Royal Canadian Henley Regatta's new flag, being shown to him by Jack Wallace, last year's president of the Canadian Henley Rowing Corporation. Lieut-Gov. Alexander was on hand to officially open the 104th Henley in ceremonies atop Henley Island.

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IN MEMORIUM

CHARLES M. ADAMS — FLORENCE A. SAUNDERS

With this 105th Royal Canadian Henley Regatta, the rowing community mourns two of its longtime supporters in the passing of Charles Macklaier Adams and Florence Adella Saunders.



CHARLES M. ADAMS

Familiar figures at rowing occasions and regattas over the years, both were staunch supporters and tireless workers on behalf of the sport. Their involvement in Henley was year-round in a variety of ways, not the least of which was playing key roles in the preparation and organization required for this regatta as well as the day-to-day work involved in the actual staging of the annual competition.

Charlie Adams rowed and coached with Winnipeg and Lachine. He served the Canadian Canadian Amateur Rowing Association as an executive officer and was President in 1962-63. He was an internationally recognized race official, refereeing at major regattas all over the world.



FLORENCE A. SAUNDERS

He managed Canada's rowing squad at the 1964 Tokyo Olympics and was in charge of regatta officials at the 1970 World Rowing Championships here. He retired to St. Catharines 16 years ago and continued to contribute greatly to the good of our sport in a variety of roles.

Flo Saunders was as much a part of the Hamilton Leander rowing scene as her husband, Henley Regatta Chairman Claude Saunders.

She was his secretary, regatta assistant and friend in all things rowing. And over the years, Flo played a key role in establishing Henley's excellent reputation as one of the world's finest regattas.

In their own particular way, each will be missed at this and subsequent Henleys. But not forgotten . . .

Henley trophies in memory of Charlie Adams and Flo Saunders will be presented this week as yet another tribute to these two dedicated rowing enthusiasts. They will live on in the reflection of these awards.

The Charles M. Adams Memorial Trophy is to stand for the Men's Senior Quadruple Sculls while the Florence A. Saunders Memorial Trophy will be awarded to the winner of the Men's Intermediate 155-Pound Eight.

BEST WISHES FOR A SUCCESSFUL 105th HENLEY

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ROYAL CANADIAN HENLEY CHAMPIONS - 1986

THURSDAY

Women's Int. Single	Baldensee RV (Gabby Mehl)	8:13.87
Int. 155-lb. Pair	Essen RV	7:14.32
Int. 155-lb. Single	Detroit BC (Tim O'Hara)	7:22.33
Women's Int. Pair	U. of Victoria	7:56.35
Women's Int. Light Single	Montreal RC (Johanne Mainville)	8:12.06
Int. Cox Four	Vancouver RC	6:35.41
Int. 145-lb. Single	Hanlan BC (David Graham)	7:31.82
Women's Int. Light Four	Vancouver RC	7:25.62
Int. Single	Detroit BC (Greg Walker)	7:13.59
Int. 145-lb. Four	St. Catharines RC	6:43.32
Women's Int. Light Pair	Minnesota BC	8:10.95
Int. 155-lb. Cox Four	Argonaut RC	6:54.57
Women's Int. Light Quad	Montreal RC	7:14.20

FRIDAY

Women's Int. Double	Riverside BC	7:05.13
Int. Pair	Vesper BC	6:15.02
Int. 155-lb. Double	St. Catharines RC	6:29.02
Women's Int. Cox Four	U. of Victoria	7:08.87
Women's Int. Light Double	Montreal RC	7:17.21
Int. 155-lb. Four	South Niagara RC	6:17.37
Women's Int. Light Cox Four	Vancouver RC	7:15.86
Int. 140-lb. Double	Laval RC	6:46.23
Int. Four	Argonaut RC	6:10.05
Int. 140-lb. Cox Four	London RC	6:50.59
Intermediate Double	Malta BC	6:29.81
Women's Int. Quad	Montreal RC	6:56.36
Women's Int. Light Eight	Riverside BC	6:33.83
Intermediate 155-lb. Quad	University Barge	6:15.11

SATURDAY

Int. 140-lb. Eight	St. Catharines RC	6:27.20
Sr. 155-lb. Quad	St. Catharines RC	6:28.61
Association Single	Detroit BC (Chris Richard)	7:21.25
Int. 155-lb. Eight	Vesper BC	6:11.67
Intermediate Eight	Argonaut RC	5:59.61
Women's Int. Eight	U. of Victoria	6:46.52
Intermediate Quad	Fredericton RC	6:11.52
Open Single Dash	King's Crown (Juan Felix)	1:34.11
Eights Dash	Edmonton RC	1:18.82
145-lb. Single Dash	New York AC (Todd Green)	1:39.16
Women's Eights Dash	Nordheim RV	1:29.64

SATURDAY (cont'd.)

Women's Single Dash	Baldensee RC (Gabby Mehl)	1:50.14
155-lb. Singles Dash	St. Catharines RC (John Murphy)	1:36.88
Open Cox Four SE	Penn AC	6:38.72
Open Pair SE	Penn AC	7:06.41
Open Double SE	New York AC	6:45.88
Open Eight SE	Penn AC	5:46.42
Women's Open Cox Four SE	London RC	7:59.06
Women's Open Light Eight SE	Argonaut RC	7:06.80
Women's Open Eight SE	Nordheim RV	6:43.00

SUNDAY

Women's Sr. Cox Four	Vancouver RC	7:07.80
Senior Four	Penn AC	6:13.43
Women's Sr. Light Four	St. Catharines RC	7:11.00
Senior 155-lb. Pair	Kennebecasis RC	6:46.53
Sr. 135-lb. Single	Harbor City RC (T.R. Hernacki)	7:29.05
Sr. 155-lb. Double	Detroit BC	6:36.32
Women's Sr. Light Single	Montreal RC (Johanne Mainville)	7:56.16
Senior 140-lb. Pair	Laval RC	7:06.89
Women's Senior Single	Laval RC (Simard Oeurek)	7:49.66
Women's Sr. Light Pair	Vancouver RC	8:06.48
Sr. 140-lb. Double	Durham BC	6:51.66
Senior Pair	Vesper BC	6:50.48
Sr. 155-lb. Four	Brockville RC	6:21.87
Women's Senior Pair	Vancouver RC	7:38.61
Sr. 140-lb. Four	St. Catharines RC	6:33.06
Senoir Double	Malta BC	6:34.25
Women's Sr. Light Eight	Riverside BC	6:40.92
Sr. 155-lb. Cox Four	Leander BC	6:34.88
Sr. 145-lb. Single	Montreal RC	7:24.74
Women's Sr. Light Double	Montreal RC	7:24.74
Senior Cox Four	Cincinnati RC	6:28.72
Sr. 140-lb. Cox Four	Brockville RC	7:05.88
Championship Single	Detroit BC (Chris Richard)	7:10.84
Sr. 155-lb. Single	Detroit BC (Brian Benz)	7:10.95
Women's Sr. Double	Riverside BC	7:26.88
Sr. 155-lb. Eight	St. Catharines RC	5:54.78
Women's Sr. Light Cox Four	St. Catharines RC	7:35.15
Sr. 140-lb. Eight	Wyandotte BC	6:15.21
Senior Quad	St. Catharines RC	6:07.77
Women's Senior Eight	Vancouver RC	6:34.02
Senior Eight	Argonaut RC	5:52.11

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Where Are They From?

It should be obvious that the Detroit Boat Club comes from Detroit and the St. Catharines Rowing Club is based right here in St. Catharines. But what about the Narragansett Boat Club or the Mendota Rowing Club?

Here are some of the Clubs competing in this week's Royal Canadian Henley Regatta complete with their home town and club color:

CLUB	LOCATION	COLORS			
Argonaut RC	Toronto	Double blue	Mic Mac RC	Dartmouth, N.S.	Red
Academia Cubana Remo	Miami		Mendota RC	Madison, Wis.	Maroon
Aqueduct RC	Rexford, N.Y.		Minneapolis RC	Minneapolis	Red
Antares RC	Mexico City	Blue and white	Minnesota BC	St. Paul	Red and white
Atlantarc	Atlanta	Blue & white	Montreal International	Montreal	Black and white
Bachelors Barge	Philadelphia	Red & blue	Minnesota, U. of	Minnesota	Maroon and gold
Blood Street Sculls	Old Lyme, Conn.	White and red	Malta BC	Philadelphia	Blue
Brock U.	St. Catharines	White, maroon and blue	Mission Bay RC	San Diego, Cal.	Gold
Brockville RC	Brockville	Bleu on White Trim	Monash U.	Melbourne, Australia	Turquoise
Big Five RC	Miami	Black and white	Melbourne YWCA	Melbourne, Australia	Dark blue
Belmont RC	Belmont, Mass.	Red and blue	Mercyhurst Crew	Erie, Pa.	Green
Brigantine RC	Brigantine, N.J.	White, Green and Black Band	Miami RC	Miami	
Burnaby Lake RA	Burnaby, B.C.	Navy blue	Milwaukee RC	Milwaukee	
Boucherville RC	Boucherville, Que.	Bleu and Gold Stripe	North Star RC	Dartmouth, N.S.	Red, white star
British Columbia, U. of	Vancouver	Blue and gold	Northeastern U.	Boston	Red and black
Boston RC	Boston		New York AC	New York	Red and white
Baltimore RC	Baltimore		Narragansett BC	Providence	
Crescent BC	Philadelphia		New Rochelle RC	New Rochelle	
Calgary	Calgary RC	White, Red Trim	New Haven RC	New Haven	Green and white
Cambridge BC	Cambridge, Mass.	Maroon and white	Notre Dame RC	Notre Dame, Ind.	Green and gold
Cascadilla BC	Ithaca, N.Y.	Blue and white	Nonesuch Ore	Scarborough, Maine	
Citadel Crew	Charleston, S.C.		Ottawa RC	Ottawa	Red and blue
Colgate RC	Hamilton, N.Y.		Ohio Valley RC	Parkersburg, W.V.	
College BC	Philadelphia	Blue and white	Old Dominion BC	Alexandria, Va.	
Chicago BC	Chicago	Blue and white	Oneida BC	Burlington N.J.	
Cornell U.	Ithaca, N.Y.	Red and white	Peterborough RC	Peterborough	Green
Columbia U.	New York	Double blue	Palm Beach RC	Manalapan, Fla.	
Dartmouth RC	Hanover, N.H.	Green and white	Penn AC	Philadelphia	Blue and white
Detroit BC	Detroit	Blue and white	Placentia RC	Placentia, Nfld.	
Dalhousie RC	Dartmouth, N.S.		Potomac BC	Washington	Red, White Trim
Don RC	Port Credit	Blue and white	Philadelphia Girls	Philadelphia	White, Navy Blue Trim
Duluth RC	Duluth, Minn.		Purdue Crew	Lafayette, Ind.	
Durham RC	Durham, N.H.	White, Red Band	Phillips Academy	Exeter, N.H.	
Drexel Crew	Philadelphia		Pennsylvania, U. of	Philadelphia	Blue and white
Edmonton RC	Edmonton	Gold & Green	Princeton U.	Princeton, N.J.	Orange & black
Ecorse BC	Edmonton	Ecorse BC	Pioneer Valley RA	Hartford	
Ecorse BC	Ecorse, Mich.	Yellow and blue	Regina RC	Regina	White and Trim
Espana RC	Mexico City	Blank and white	Ridley BC	St. Catharines	Orange and black
Fairmount RA	Philadelphia	White, Blue Trim	Remex RC	Jacksonville, Fla.	Black & white
Fredericton RC	Fredericton, NB	Red, black and white	Riverside BC	Cambridge, Mass.	Maroon
Florida AC	Winter Park	Paddy Green	Rochester RC	Rochester, N.J.	Gold and blue
Fordham RA	Bronx, N.Y.	Maroon	Rutgers U.	Piscataway, N.J.	
Green Lake Crew	Seattle	Green	St. Catharines RC	St. Catharines	Cerise and Blue Stripe
Golden Bear RC	Berkeley, Cal.		Saskatoon RC	Saskatoon	Green and white
Hanlan BC	Toronto	Blue and White	South Niagara RC	Welland	Gold and black
Holy Cross College	Providence	Purple and white	Syracuse Chargers	Liverpool, N.Y.	Orange
Hyde Park RA	Staatsburg, N.Y.		Thunder Bay RC	Thunder Bay	Blue, White Trim
Harvard U.	Cambridge	Maroon & white	Tampa RC	Tampa	Red, blue & gold
Independence RC	Nashua, N.H.		Trinity College	Hartford, Conn.	Blue & gold
Iona College	New Rochelle, N.Y.		Tillsnburg RC	Tillsnburg	
Ithaca College	Ithaca, N.Y.	Blue & white	Triton BC	Belleville, N.J.	
Irvine (U. of California)	Irvine	Blue & gold	Undine Barge	Philadelphia	White, blue & gold
Kingston RC	Kingston, Ont.	Double blue	U.S. Naval Academy	Annapolis	Blue and gold
Kennebecasis RC	Rothexay, N.B.	Black and pink	Union BC	Boston	Maroon & white
Kansas State Crew	Manhattan, Kansas		U.S. Coast Guard Academy	New London, Conn.	Red & blue
Knoxville RC	Knoxville, Tenn.		University Barge	Philadelphia	Blue & white
Kent School	Kent, Conn.		Vesper BC	Philadelphia	Maroon and white
Long Beach RA	Long Beach, Cal.	Gold	Viking RC	Ventnor, N.J.	
Lake Washington TC	Seattle	Blue and white	Victoria City RC	Victoria	Kelly green, white vere
Lake Merritt RC	Oakland, Cal.	Red and white	Victoria, U. of	Victoria, B.C.	Blue and gold
Lincoln Park BC	Chicago		Vancouver RC	Vancouver	Red and white
Lowell U.	Lowell, Mass.		Western, U. of	London	White and purple
Leander BC	Hamilton	Red and white	Windsor Crew	Windsor	Red and white
Laval RC	Laval, Que.	Red, white and blue	Winnipeg RC	Winnipeg	White, blue and red
London RC	London	Orange and blue	West Side RC	Buffalo	White, Maroon Trim
Lakeside RC	Mexico City	Red, white and blue	Woodstock RC	Woodstock	Blue and green
Los Gatos RC	Los Gatos, Cal.		Wichita RA	Wichita	
			Wyandotte BC	Wyandotte	White, Blue Band
			Worcester PI	Worcester	Maroon and white
			Yale Crew	New Haven	

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Host Clubs — 1987 Henley

Five St. Catharines rowing organizations combine this week to play host to the 1987 Royal Canadian Henley Regatta, the 105th of these national rowing championships and the 85th time the famed Henley Course has been the site of what many consider to be North America's premier rowing event.

Each of the five St. Catharines rowing organizations, along with the 14 secondary schools in the St. Catharines RC's comprehensive scholastic rowing program, the St. Catharines Parks and Recreations Summer Rowing School, the St. Catharines Rowing Alumni and the Henley Island Helpers have helped earn the Garden City its title of the Rowing Capital of Canada.



St. Catharines Rowing Club

Founded 1903

President, Susan Erskine



Ridley Boat Club

Founded 1971

President, Jack Berkhout



Brock University Crew

Founded 1964

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Ridley College Crew

Founded 1967

Headmaster, Jeremy Packard



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GERMAN GIRLS WIN TWICE AT HENLEY 1986

This happy crew of budding West German oarswomen had every reason to smile last Henley. They took home gold medals from the Women's Open Eight and the Women's Eights Dash. Rowing in the colours of the Nordheim Ruderverein, they were at Henley as part of an annual exchange between German and Canadian rowing clubs. They are Susanne Brune, Elke Markwort, Rebecca Sgaefer, Ingeburg Althoff, Martina Kubicki, Ines Greunwald, Katrin Petersmann, Cersti Petersmann and Simone Drenkelfort.

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HENLEY COURSE AN HISTORIC SITE - 1967

Would you believe that it was 20 years ago this week that the Henley Course was officially designated by the Province of Ontario as an Historic Site? The occasion was the 1967 North American Rowing Championships when Premier John Robarts unveiled the provincial plaque which can be seen at the entrance to the Henley Grandstand. With him, from the left, are R.M. Johnston, MPP for St. Catharines and partially hidden behind him, F.F. (Ted) Nelson, course chairman for the championships; Thomas Keller, president of the International Rowing Federation (FISA); Bob Welch, MPP for Lincoln; Ted Norris, general chairman of the championships and Russ Wood, president of the Canadian Association of Amateur Oarsmen.



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CLUB COACHES — 1986

Intermediate 140 lb. ... John Cain, Brian Moukperian
 Intermediate 155 lb. ... Jamie Wilson, Paul Edmondstone
 Intermediate Heavy ... Dennis Hampson, Sam Loucks
 Int. Lt. Women ... Vic Dumbleton, Scott Bachelor, Mike Vanghentevoort
 Int. Women ... Fred Mueller, Gail Jaques
 Senior 140 lb. ... Steve Burrows
 Senior Women ... Kathy Boyes
 Senior Lt. Women ... Ken Wakulich, Lisa Roy
 Senior Lt. Men ... Frank Dwyer
 Senior Men ... Dennis Hampson Jr.
 Sculling ... Greg Murphy Sr., Don McSween, Lisa Roy

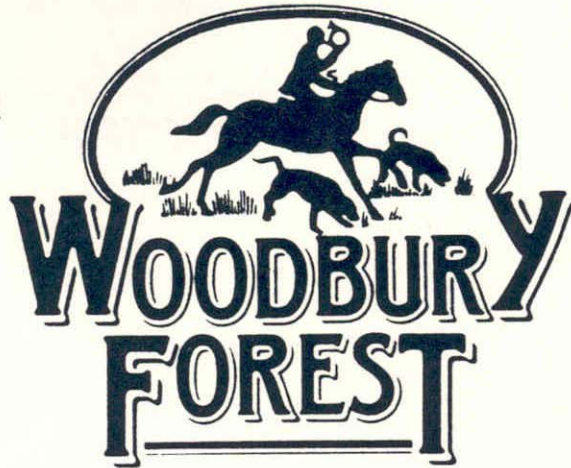
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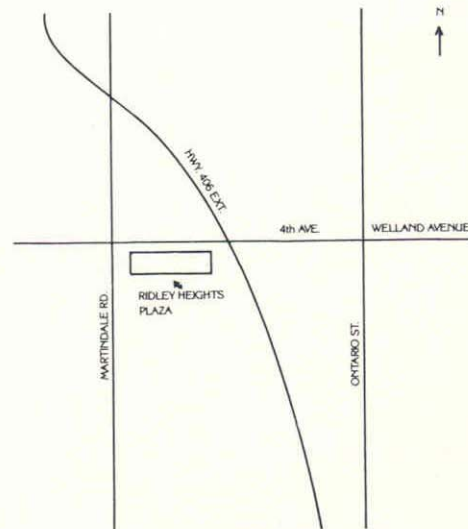
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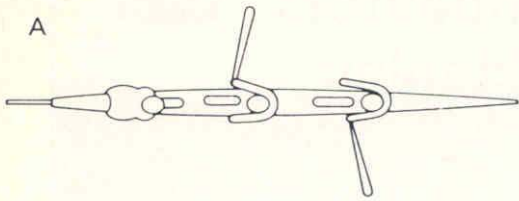
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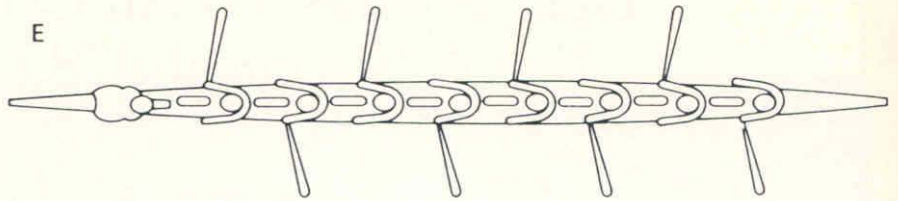
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TYPES OF ROWING SHELLS



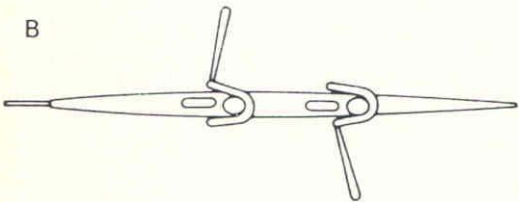
COX PAIR

A shell rowed by two oarsmen, each using a single sweep oar. The coxwain steers the craft and calls the stroke. The cox may either be sitting in the stern or lying down on his back in the bow.



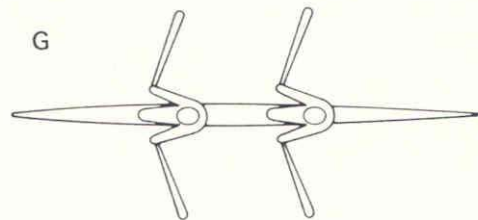
EIGHT

The largest of all rowing shells. It is manned by eight athletes, each using one sweep oar. A coxwain steers the boat.



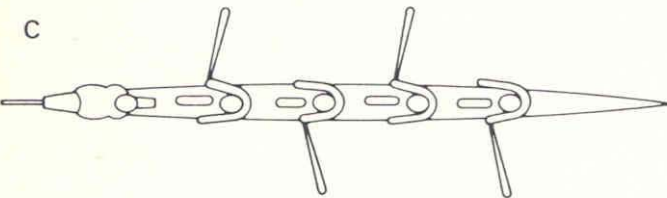
PAIR

A shell rowed by two athletes, each using a single sweep oar.



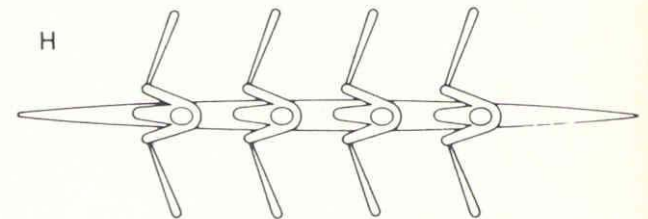
DOUBLE

A shell in which two scullers row, each using a pair of sculls.



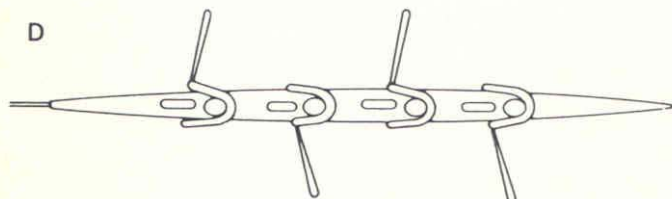
COX FOUR

A shell in which four athletes row, each rowing a single sweep oar. A coxwain steers the boat and calls the stroke.



QUAD

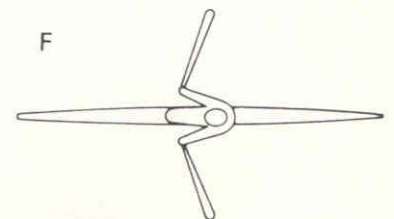
A shell in which four sculler row, each using a pair of oars or sculls.



FOUR

A shell in which four athletes row, each using a single sweep oar. The man in the bow of the boat steers with a rudder by use of a tiller wire attached to the toe of one shoe.

The smallest of boats used in the sport, the single shell is used by one sculler with a sculling blade (oar) in each hand.



F

What To Look For In Rowing

Appraising a crew is perhaps the most difficult role that the expert has to play in sports. However, according to the rowing experts, four major factors determine the **run** of a shell. These are: **timing, form, power and conditioning.**

Naturally, an excellent run, the distance a shell is propelled by one stroke cycle, is the effect sought by all crew coaches. So the first thing to perceive is whether a crew makes its shell move, that is, whether it has a good or a poor run.

Coaches will say that there are a lot of good crews, but many of them row differently, that is, their form varies. However, they all agree that the good crews have excellent timing. If the crew's timing is off, the boat won't run.

Look and see if all eight hit the **catch** together? That is, do their blades all enter the water together? Also, watch the bodies of the crew

— see if they all move in unison, or if there is a break. The former naturally, spells results, while a lack of uniformity means an additional **check**, therefore retarding the run.

All good crews have **power** and drive, for it takes a certain amount of horsepower to move a given weight thru water, and of course, the athletes must be in top physical condition in order to keep their timing and form and power for the entire race.

Crew coaches look for tall athletes, for they can apply additional leverage, get a longer reach. However, size is not everything, especially if the individual doesn't have other prerequisites - timing, form, power and condition.

The following is a list of rowing terms and an explanation of some of the finer points of the sport.

GLOSSARY OF ROWING TERMS

ABEAM - directly off side of shell.

ALIGNER - Official who occupies small cabin exactly on the starting line so he can adjust the bows of each shell so they are exactly even. Like the Starter, he has the power to signal a false start.

ARE YOU READY? - Coxswain's or bowman's command preparing crew for executive order which will follow.

ASTERN - directly to rear of shell.

BLADE - flat surface of oar usually varying in width from 1½ inch to 7¼ inch, and in length from 24 inch to 30 inch, depending on rigging of crew and size and strength of oarsmen. Blades are painted in national colours.

BLADE WORK - action of blade during stroke, encompassing such techniques as "catch" "feathering", etc., used to describe manner in which oarsman handles his oar.

BODY ANGLE - amount, at catch, of forward lean of oarsman's body from hips; most types of strokes have 60° body angle at catch.

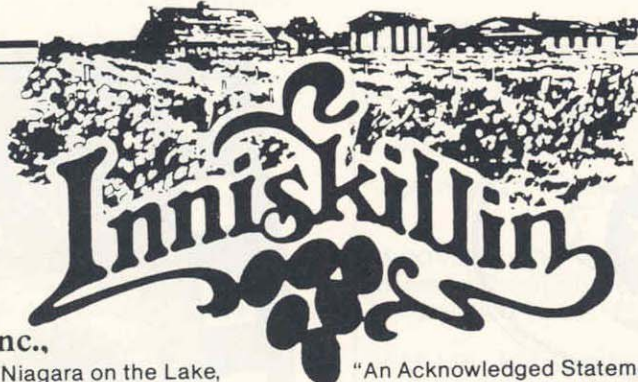
BOW - forward section of shell.

BREAKAGE - damage to boat or equipment; breakage during first 100 metres of a race is grounds for referee recalling all shells and restarting race.

CARA - Canadian Amateur Rowing Association, the governing body of amateur rowing in Canada.

CANVAS - British term for deck.

(continued over)



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GLOSSARY (continued)

CATCH - that point in a stroke cycle at which the blade enters water.

CHECK - amount of interruption of forward progress of shell which commonly occurs at the catch and sometimes at the release. It is also a split in the thin wooden skin of a shell.

COURSE - A recognized waterway upon which rowing races are held. A crew is also said to have rowed a "course" when it rows against a stop watch over a prescribed distance, usually the distance which it will row in the race for which it is training.

COX FOUR - A shell in which four row, each rowing a single sweep oar. A coxswain steers the boat and calls the stroke just as in an eight.

COX PAIR - A shell rowed by two, each using a single sweep oar. The coxswain steers the craft and calls the stroke. The cox may either be sitting in the stern or lying down on his back in the bow.

COXSWAIN - Member of crew who sits on stationary seat at stern, facing forward or lies in the bow. He is primarily charged with steering often calls beat and aids in carrying out strategy of race by gauging positions of competing crews; usually selected for their small size and savvy. Men must weigh 110 pounds or more and women 99 pounds.

CRAB - Upsetting action caused by turning of oar blade in water so that release is either forced or impossible to make. Some crabs result in an oarsman being thrown out of a shell.

DASH - A 500-metre race, usually for an eight-oared crews or singles.

DECK - Sections of shell at bow and stern covered usually by varnished silk or nylon; **Bow Deck** extends about 12 feet back from prow to washbow; **Stern Deck** extends from back of coxswain's seat to tiller post.

DONARATICO - An Italian-built rowing shell by Cantiere Navale Donaratico of Livorno, Italy.

DOUBLE - A shell in which two sculler row, each using a pair of oars or sculls.

EASY ALL! - The coxswain or bowman's command to his oarsmen to stop rowing.

EIGHTS - Colloquial term used to indicate eight-oared shells, as differentiated from "fours" or doubles", etc.

EMPACHER - A shell manufactured by Empacher, a West German boat-building firm.

ETES-VOUS PRET? - The French-language preparatory (Are you ready?) used by starters in international rowing.

FACING - Turning of oar blade perpendicular to surface of water in preparation for catch and; also, during drive.

FEATHERING - Action of turning oar blade parallel to surface of water during recovery; used to cut down wind resistance of blade and aid in releasing.


FINISH - As part of stroke cycle, the last part of the drive before release; also, when prow of shell reaches end of course, also, manner in which crew rows final portion of race, i.e. "strong" or "weak" finish.

FISA - Federation Internationale des Societes d'Aviron or the International Rowing Federation, the governing body of world amateur rowing. Thomas Keller of Zurich, Switzerland, is the FISA president.

FOOTSTOP - The shoe assembly or rack into which each crew member laces his feet in a racing shell.


FOUR - A shell in which four oarsmen row, each using a single sweep oar. The man in the bow steers by rudder by use of a tiller wire attached to the toe of one shoe.

(continued over)




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GLOSSARY (continued)

GERMAN BLADE - A colloquial term used for the shovel-shaped or tulip style oar blades used by many crews. They originated in Germany and were first used with great success by Ratzeburg world championship crews.

GERMAN RIG - Used to describe the placing of rigger on an eight. The bow and stroke man are on the same side of the boat as are the No.4 and No.5 man.

GUNWALE - Top strip along sides of shell to which outriggers are secured.

HEAVYWEIGHT - An oarsman or sculler or crew which is too heavy to qualify as a lightweight entry. Usually an individual weighing over 150 and 155 lbs., depending on regatta classifications.

HENLEY DISTANCE - 1-5/16 miles, taken from famous Henley-on-Thames course; competitive distance rowed by crews at England's Henley Royal Regatta.

INBOARD WORK - Terms applied to all phases of stroke cycle, which take place inside the shell, such as "slide control", body swing", etc.

INTERMEDIATE - An oarsman or sculler who has not won at a qualifying regatta.

INTERNATIONAL DISTANCE - 2,000 metres (approx. 1¼ miles).

ITALIAN RIG - A four which has the No.2 and No.3 oarsmen rowing on the same side of the boat.

JUGE-ARBITRE - A judge-referee holding his FISA or International Federation licence.

JUNIOR - An oarsman or a sculler who has not reached his 18th birthday.

KASCHPER - A shell produced by Kaschper Racing Shells Ltd. of Lucan, Ontario.

KEEL - Centre line of shell, running from bow to stern along the bottom; in construction, strengthening member to which ribs are attached.

KNIFING IN - Under-facing blade on catch so that oar goes too deep when power is applied.

LAYBACK - Amount of backward lean of an oarsman's body at finish of drive; most types of strokes used today have virtually no layback, the drive being completed with the oarsman sitting upright.

LEG DRIVE - Power applied to stroke by force of legs against stretcher pushing sliding seat toward box.

LENGTH IN WATER - Term describing arc in water through which blades move on drive - actually, amount of forward motion of shell while blades are anchored in water.

LET HER RUN! - The command to stop rowing.

LIGHTWEIGHT - An oarsman, sculler or crew which weighs 155 lbs. or under. Canadian rowing allows 155 pounders in lightweight classification, breaking down into 145 and 135 pound events. International lightweight classification calls for the average weight of the crew to equal 150 pounds or 67.5 kilos. Women's lightweight crews weigh in at 125 pounds.

LOOM - Shaft of oar, between blade and handle.

MISSING WATER - Faulty catch in which oar blade is not anchored properly, resulting in missing part of initial drive.

MOLDED BOAT - Type of shell construction using plastic or plywood rather than single layer skin.

ORALOCK - U-shaped swivel holding oar on outrigger, fulcrum of lever created by oar; it is mounted on "sill" and rotates on upright "pin", with "gate" at top secure oar.

OCTET - A shell made up of eight scullers.

OLD BOY - A former oarsman or sculler still active in the sport, either as a coach, an executive or just a fan.

ORTHODOX RIG - the stroke oar protrudes from the port side of the shell and each oar alternates up the boat to bow.

OUTBOARD WORK - Term applied to all phases of stroke which takes place outside the shell, combining timing and blade work.

OUTRIGGER - Metal frame extending oarlock out from side of boat to maintain constant distance (usually 31½ in. to 33 in.) of oarlock from centre line of shell.

OARSMAN OR OARSWOMAN - The correct term for on who rows in a pair, a four or an eight.

PAIR - A shell rowed by two athletes, each using a single sweep oar.

PARTEZ - The French "Go" used by starters in international rowing.

POCOCK - A racing shell built by George Pocock & Son of Seattle, Washington.

PORT - Left side of shell, facing forward (from stern forward, stroke, 6, 4, 2).

"POWER 10 (or 20)" - Maximum effort by oarsmen for designated number of strokes.

PUDDLES - Whirlpools left in water by action of oar (see "Spacing").

QUAD - A shell with four sculler, each using a pair of oars or sculls.

QUARTERING - Direction 45° off bow or stern, eight side (i.e. quartering winds or waves are those which hit shell at oblique angle, somewhere around 45°).

RACING START - First strokes of race, usually shorter and quicker than those used through body of race.

RATE OR RATING - Number of strokes per minute being rowed by crew. This usually varies in a race from 42 to 50 on the start, 34 to 40 in the body and 40 to 48 at the finish.

"READY ALL?" - Preparatory command to get crew ready to row.

RECOVERY - Part of stroke cycle in which oar is returned to position for the drive (i.e. duration of cycle from release to catch) during which oarsman's seat is returned to stern end of slide.

RELEASE - Part of stroke cycle in which blade is removed from water at end of drive.

REPECHAGE - The second chance race given those crews which fail to qualify from their opening heat in international rowing. All the losers are drawn again and the repechage winners usually move on into the over-all entry and the duration of the regatta.

RIGGER - The steel outrigger into which the oar is locked.

RIGGING - Adjusting and altering accessories in shell such as outriggers, boot stretchers, tracks, sliding seats, etc. sometimes the accessories themselves.

RUDDER - Steering device at stern of shell, most rudders are usually 8" deep and 14" wide and made of mahogany. They fit into the stern by means of a removable pin. They can be removed.

RUDDER ROPES - Lines connecting wings on top of ruder with coxswain by which he steers shell. In straight fours, bow steers shell by right footstep or shoe which swivels.

RUN - Distance a shell is propelled by one-stroke cycle.

(continued over)

GLOSSARY (continued)

SCULL - Smaller counter part of sweep; used in singles, doubles and quads.

SCULLERS - One who sculls a single or in a double or quad. A sculler uses two oars.

SENIOR - An oarsman or a sculler who has won a race at a qualifying regatta.

SHELL - (eight-oared shell) - A boat built for racing; usually 61 feet long 24 to 26 inches wide at widest point (approximately at No. 4 seat) and tapering to either end; weighs fully rigged, 250 - 260 pounds; skin is of cedar, single or ply, approximately 3/16 of an inch thick.

SKYING - Faulty recovery in which blade is too high above water, caused by oarsman carrying hands too low.

SLIDE - Track, usually 27" long, on which sliding seat rolls.

SLIDE CONTROL - Oarsman's command of speed at which he moves his seat along slide during stroke cycle. **Rushing the Slide** - is moving seat too rapidly during recovery. **Shooting the Slide** - is failing to keep seat directly under oarsman during drive, thus increasing body angle.

SPACING - Distance between successive sets of puddles; varies at different beats.

STAMPFLI - A rowing shell manufactured by Stampfli of Zurich, Switzerland.

STARBOARD - Right side of shell, facing forward. Oars on the starboard side of a standard-rigged boat are Bow, 3, 5, 7.

STARTER - The official who starts each race.

STARTING GATE - A large steel structure at the starting line from which crews begin their race. Boat boys lie on their stomachs at the end of Boards protruding from the gates proper and grasp the sterns of the shell to assure an even start.

STERN - Rear of shell.

STRETCHER - Cross bracing in the shell to which the shoes or boots are fastened. They are adjustable to suit leg length. Also used to describe the canvas and wooden horse upon which shells are placed when not on the storage racks.

STROKES - Oarsman in No.8 seat, farthest astern facing coxswain, who sets beat for rest of crew to follow; also style of rowing, also see "Beat".

SWEEP - Oar, usually 12 ft long, used single, normally made of spruce, with laminated blade and hollow shaft, averages about 8½ lbs. in weight. Three main parts are "blade", "loom" and "handle".

TEAM - A banned word NEVER used in describing a crew or boat.

WASHING OUT - When oar blade comes out of water during drive - creating surface wash, losing power and unsteady shell.

WEIGHTS - The bag of sand or steel weights required to be carried by those coxswains which weigh under the minimum 105 pounds.

WORKBOAT - A clinker-built boat used for training oarsmen. In some regattas, half mile events for novice or schoolboy oarsmen are rowed in these kind of boats.

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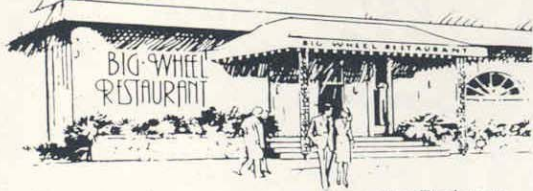
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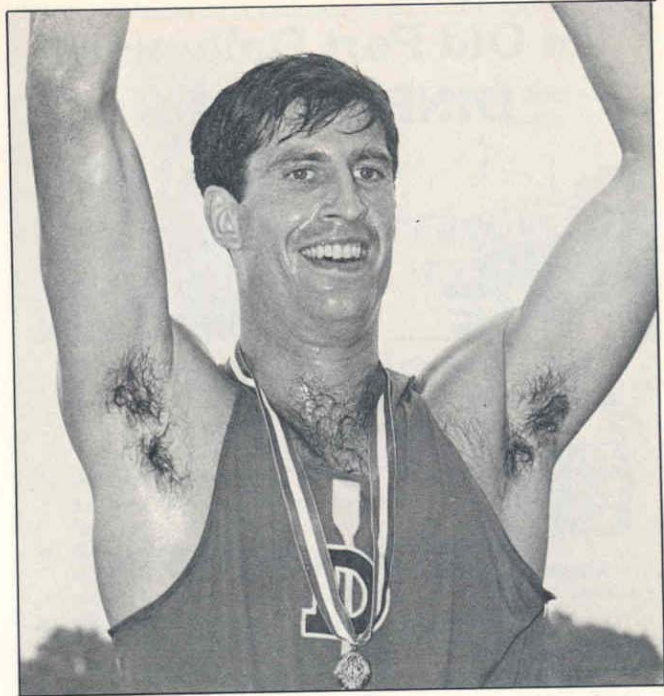
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CHAMPIONSHIP SCULLER

Chris Richard of the Detroit Boat Club enjoyed a banner Henley last year, winning both the Association Single and Championship single. Here, he holds high the George Frederick Galt Trophy after beating clubmate Greg Walker and Brian Thorne of St. Catharines in the Championship Single. His time was 7:10.84 in a light drizzle.

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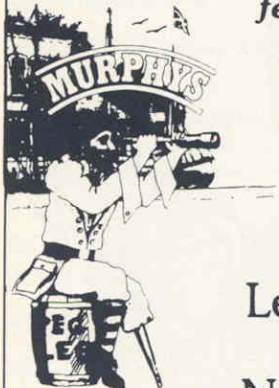
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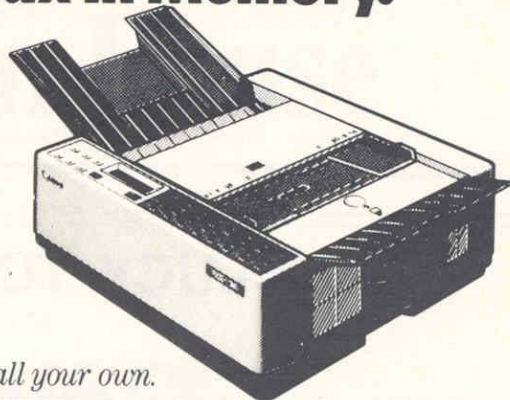
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William Hamilton Merritt (really Actor David MacKenzie dressed as the father of the Welland Canals system) was suitably impressed with John Pescator and David Anderson of Philadelphia Vespers when they won the William Hamilton Merritt Trophy by defeating four other entries in the Senior Pair at Henley 1986. Earlier in the regatta, they had won the Intermediate Pair to gain their berth in the Senior event.



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WEDNESDAY, AUGUST 5

Elimination heats required for Thursday's events

THURSDAY, AUGUST 6

HEATS FOR FRIDAY'S EVENTS

1	4:20 p.m.	Intermediate Women Single	
2	4:30 p.m.	Intermediate 155 lb. Pair	
3	4:40 p.m.	Intermediate 155 lb. Single	
4	4:50 p.m.	Intermediate Women Pair	
5	5:00 p.m.	Intermediate Lwt. Women Single	
6	5:10 p.m.	Intermediate Four Cox	<i>Al Ward Memorial Trophy</i>
7	5:20 p.m.	Intermediate 145 lb. Single	
8	5:30 p.m.	Intermediate Lwt. Women Four	
9	5:40 p.m.	Intermediate Single	<i>A.G. Muir Challenge Cup</i>
10	5:50 p.m.	Intermediate 140 lb. Four	<i>Charles Hooper Memorial Trophy</i>
11	6:00 p.m.	Intermediate Lwt. Women Pair	
12	6:10 p.m.	Intermediate 155 lb. Four Cox	<i>Cookson Trophy</i>
13	6:20 p.m.	Intermediate Lwt. Women Quad.	

FRIDAY, AUGUST 7

HEATS FOR SATURDAY'S EVENTS

14	4:30 p.m.	Intermediate Women Double	
15	4:40 p.m.	Intermediate Pair	
16	4:50 p.m.	Intermediate 155 lb. Double	<i>Thomas Croston Trophy</i>
17	5:00 p.m.	Intermediate Women Four Cox	
18	5:10 p.m.	Intermediate Lwt. Women Double	
19	5:20 p.m.	Intermediate 155 lb. Four	<i>Paddy Cline Trophy</i>
20	5:30 p.m.	Intermediate Lwt. Women Four Cox	
21	5:40 p.m.	Intermediate 140 lb. Double	
22	5:50 p.m.	Intermediate Four	<i>Nelles Stacey Memorial Trophy</i>
23	6:00 p.m.	Intermediate 140 lb. Four Cox	<i>Cornelius Memorial Trophy</i>
24	6:10 p.m.	Intermediate Double	<i>Fry and Thoburn Trophy</i>
25	6:20 p.m.	Intermediate Women Quad.	
26	6:30 p.m.	Intermediate Lwt. Women Eight	
27	6:40 p.m.	Intermediate 155 lb. Quad.	

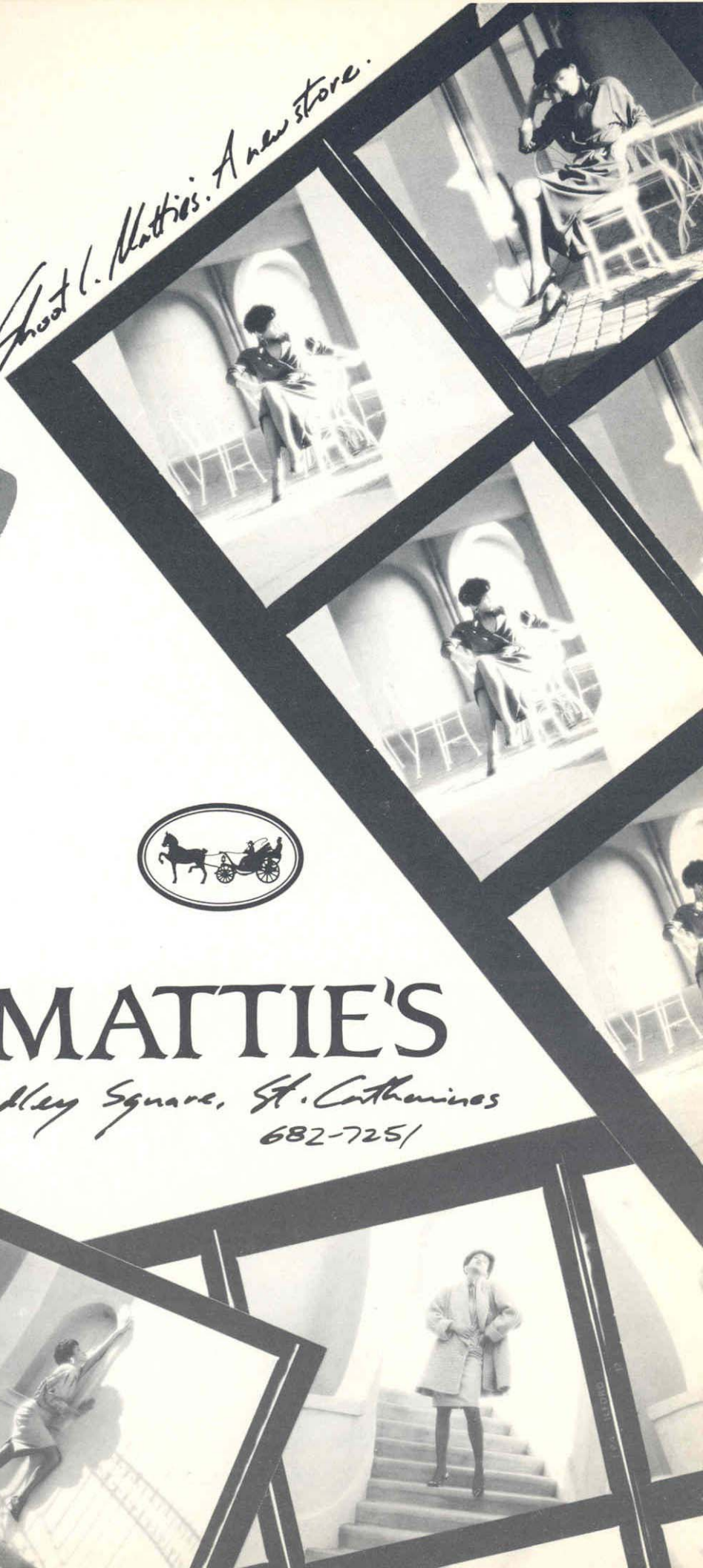
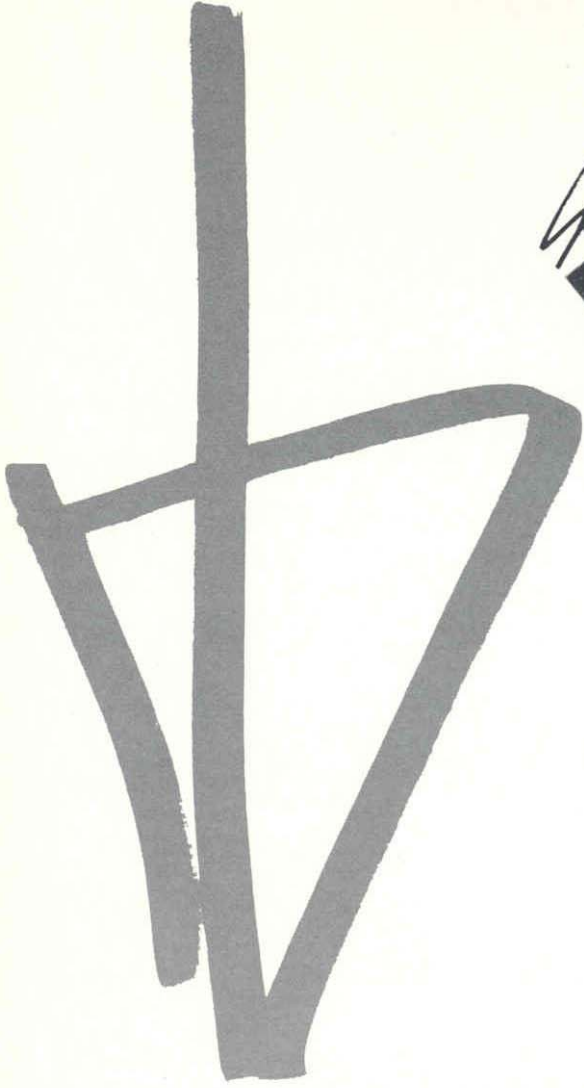
SATURDAY, AUGUST 8

HEATS FOR SUNDAY'S EVENTS

28SE	2:00 p.m.	Open Four Cox	
29	2:10 p.m.	Intermediate 140 lb. Eight	<i>T. Edison Lane Memorial Trophy</i>
30	2:20 p.m.	Senior 155 lb. Quad.	
31	2:30 p.m.	Association Single	<i>Jack Guest Memorial Trophy</i>
32	2:40 p.m.	Intermediate 155 lb. Eight	
33	2:50 p.m.	Intermediate Eight	<i>Wyandotte Trophy</i>
34	3:00 p.m.	Senior Women Quad.	<i>Margaret Gare Trophy</i>
35	3:10 p.m.	Intermediate Women Eight	
36	3:20 p.m.	Intermediate Quad.	
37	3:30 p.m.	500 Metre Dash Single Open	<i>Murphy Bros. Trophy</i>
38	3:35 p.m.	500 Metre Dash Eight	<i>Don Thom Trophy</i>
39	3:40 p.m.	500 Metre Dash 145 lb. Single	
40	3:45 p.m.	500 Metre Dash Women Eight	
41	3:50 p.m.	500 Metre Dash Women Single	
42	3:55 p.m.	500 Metre Dash 155 lb. Single	
43SE	4:05 p.m.	Open Pair	
44SE	4:15 p.m.	Open Double	
45SE	4:25 p.m.	Open Eight	
46SE	4:35 p.m.	Open Women Four Cox	
47SE	4:45 p.m.	Open Lightweight Women Eight	
48SE	4:50 p.m.	Open Women Eight	

(5 p.m. Recreational Single Exhibition)

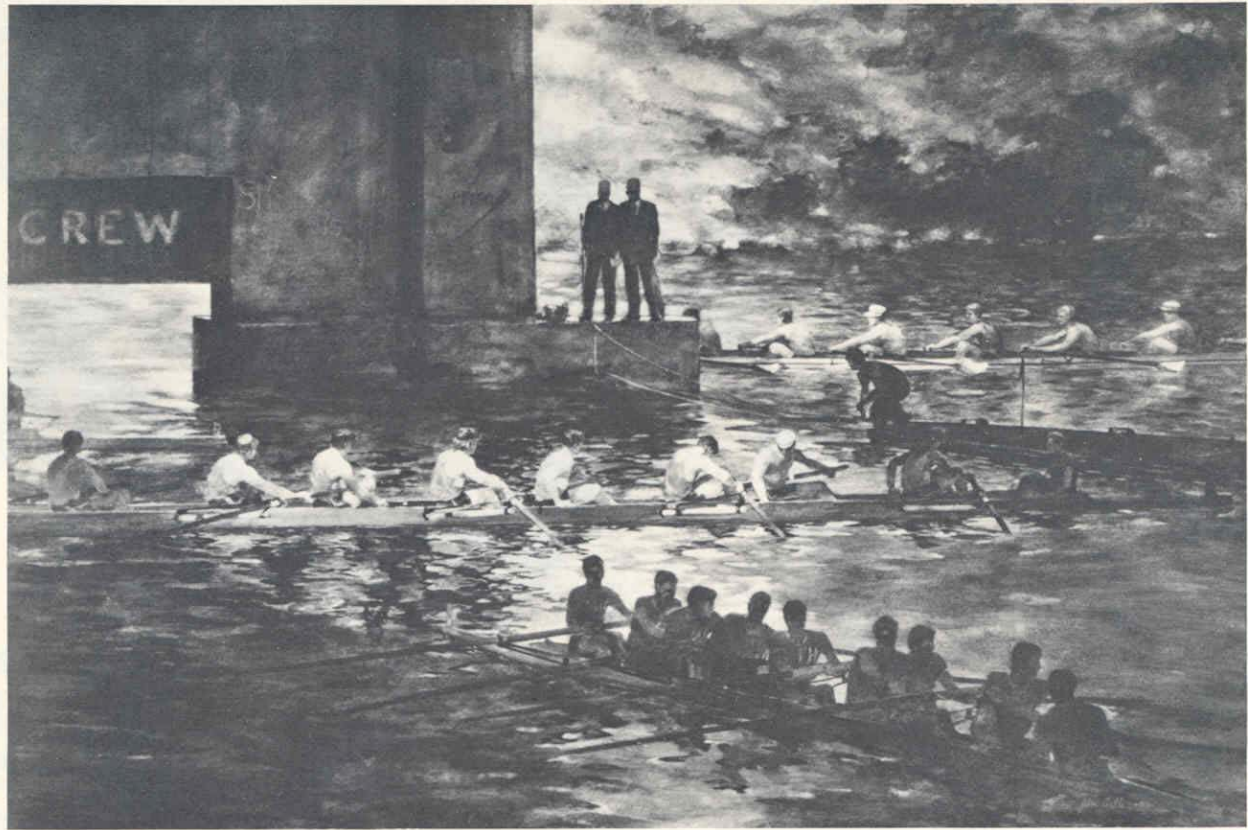
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ANOTHER HENLEY RECORD

Larry Klecatsky, the 46-year-old New Rochelle physician, set yet another Canadian Henley record when he won the Senior 145-Pound Single at last year's regatta. It was the 10th time the New York AC sculler had won this event and the gold medal earned was his 62nd at Henley, setting an all-time record for the 105-year-old Henley.

COMMONWEALTH ROWING ON THE HENLEY?

Yet another international regatta could soon be rowed on the Henley Course, site of this week's 105th Royal Canadian Henley Regatta. It's the 1994 Commonwealth Games.

Hamilton is one of five Canadian cities hoping to play host to the XV Commonwealth Games seven years hence. And if the Steel City is selected, the Games Rowing and Paddling is scheduled for the Henley Course here.

Robert Prowse and Dan Pugliese of the Hamilton Organizing Bid Committee have already met with Canadian Henley Rowing Corporation representatives on site here. Plans for the staging of the Games rowing and paddling have been agreed upon and improvements involving the expenditure of some \$850,000 are proposed.

Spectator seating would be increased to 10,000 while the existing wharf at Henley Island would be replaced and the 1966 shellhouse refurbished. Permanent photo-finish camera facilities would be added in the finish area and an electronic result board linked with the Games Results Centre in Hamilton.

An allowance has also been made for hydraulic dredging of the Henley Course prior to the Games.

With the prospect of Commonwealth Games rowing and canoeing being held here in 1994 and the chance that Toronto may still settle on the Henley Course in its bid for the 1996 Olympics, many additional improvements are already under way here. It says much for rowing, the course and the community.



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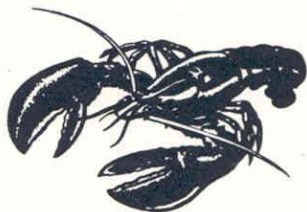
Clubhouse Activities of Henley Week

Monday, August 3	9 a.m. - 5 p.m.	C.A.R.A. Henley Draw
Tuesday, August 4	9 p.m. - 1 a.m.	Opening Ceremonies Dance to Follow
Wednesday, August 5	4 p.m. - 12 a.m.	Clubhouse Open
Thursday, August 6	4 p.m. - 12 a.m.	Clubhouse Open
Friday, August 7	12 p.m. - 12 a.m. Music 8 p.m. - 12 a.m.	Clubhouse Open Food Available
Saturday, August 8	12 p.m. - 12 a.m. Music 8 p.m. - 12 a.m.	Clubhouse Open Food Available
* "Evening is restricted to: only accredited athletes, and officials"		
Sunday, August 9	1 p.m. - 7 p.m.	Clubhouse Open Food Available

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ARGOS CELEBRATE THEIR HANLAN TRIUMPH

Toronto Argonauts scored a come-from-behind victory in the Championship Eight at the 1986 Henley, ending a 57-year famine in the chase for the Ned Hanlan Memorial Trophy. The last time Argos won the regatta's feature race was Henley 1929. The happy Double Blue oarsmen who entered Henley 1986 as intermediates and gained a berth in the Hanlan by winning the Intermediate Eight, were coached by Brian Holland and boated as Jeff Grange, Colin Duffield, David Marcovits, Dave Coates, Doug Christie, David Hoyle, John Younger, stroke Andy Walker and cox Paul Watson.



RIVERSIDE'S LIGHTWEIGHT GIRLS SHINE

Riverside Boat Club of Cambridge boated well for last Henley's lightweight races for women. And the Massachusetts club wound up sweeping the women's lightweight eight-oared events, winning gold medals in both the Intermediate and Senior finals. Left to right, the twin champions are cox Gelvardi McCann, stroke Anita Verlford, Sandy Wanstall, Penny Brecht, Kim Jameson, Izzy Brown, Skica Custer, Amelea Friday and Kathy Stoll.

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Senior Women's Eight Henley Island Helpers President's Trophy

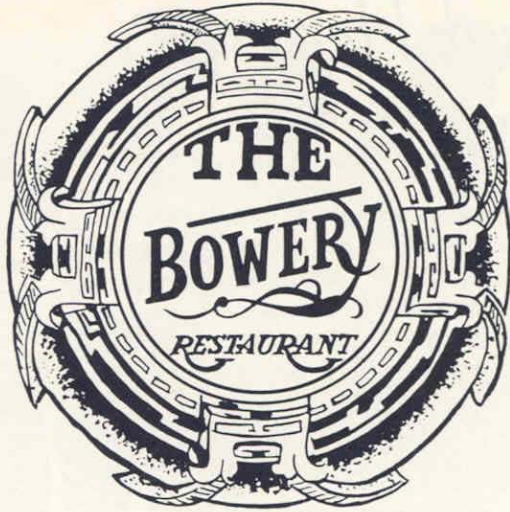
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VANCOUVER'S WINNING WOMEN'S SENIOR EIGHT

Lian Varnum holds the President's Cup aloft as this Vancouver Rowing Club eight accepts the Henley Grandstand crowd's cheers after winning the Women's Senior Eight final at Henley 1986. From the left: cox Jill Nasmith, stroke Marianne Morgan, Trish Eccles, Sofia Aichanowsky, Lian Varnum, Lisa Johnson, Pat Good, Lea Kelyk and Tory Young. The Vancouver girls knocked off Calgary, University of Victoria, St. Catharines, Winnipeg and Princeton University in winning their gold medals. In all, Vancouver RC's girls won seven finals at Henley 1986.



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Hamilton Leanders took home a set of gold medals from the Senior 155-Pound Cox Four final at the 1986 Henley, defeating Pioneer Valley, Dartmouth RC, Toronto Argonauts and Kingston RC in their hard-fought final. The champions are cox Kathy Tucker, Don Wood, Sandy Smith, Ron Watson and Tom Lazich.



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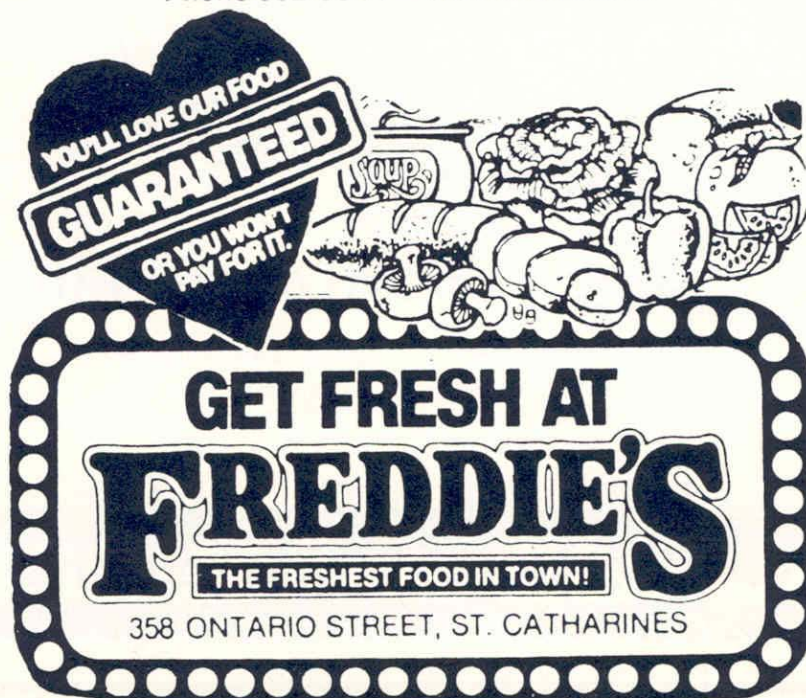
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IT WAS ANOTHER LIGHTWEIGHT SWEEP

Once again, St. Catharines RC ruled the 140-Pound scene at Henley 1986. This happy boatload of lightweights not only won the Intermediate 140-Pound Eight, but went on to take the Senior 140-Pound Eight final as well. From the left: Paul Tkach, Cam Stone, Drew Tierney, Rob Shepherd, Brian Wedderspoon, Steve Jenkins, Joe Cosby, stroke John Kasper and cox John O'Connor.

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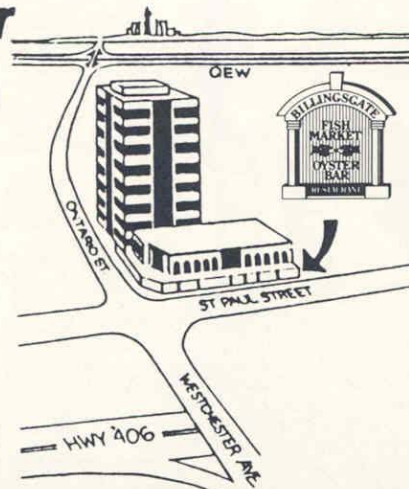
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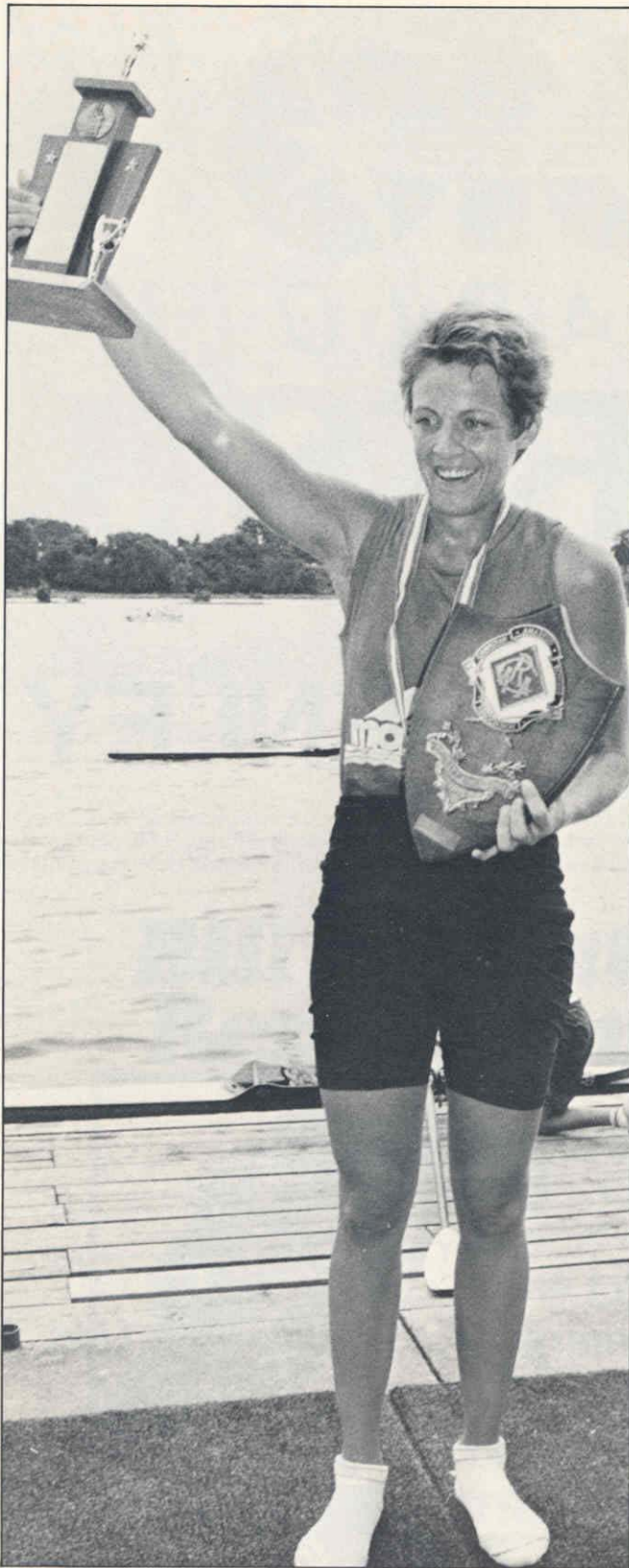
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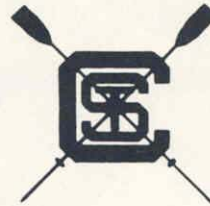
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FIVE HENLEY GOLDS

Johanne Mainville, a 28-year-old x-ray technician, took home five gold medals from Henley 1986. Sculling for the Montreal Rowing Club, she won the Women's Intermediate and Senior Lightweight Singles and Doubles and was part of Montreal's winning Women's Intermediate Lightweight Quad. Her showing set a Henley record for women competitors.

Thanks!



The St. Catharines Rowing Club wishes to express appreciation to its Booster Members and Crew Sponsors for their generous support this 1987 rowing season.

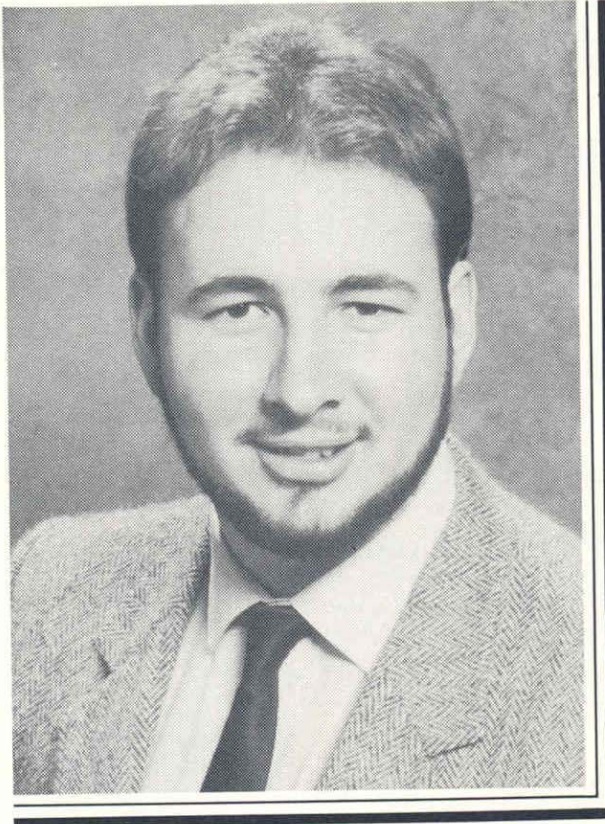
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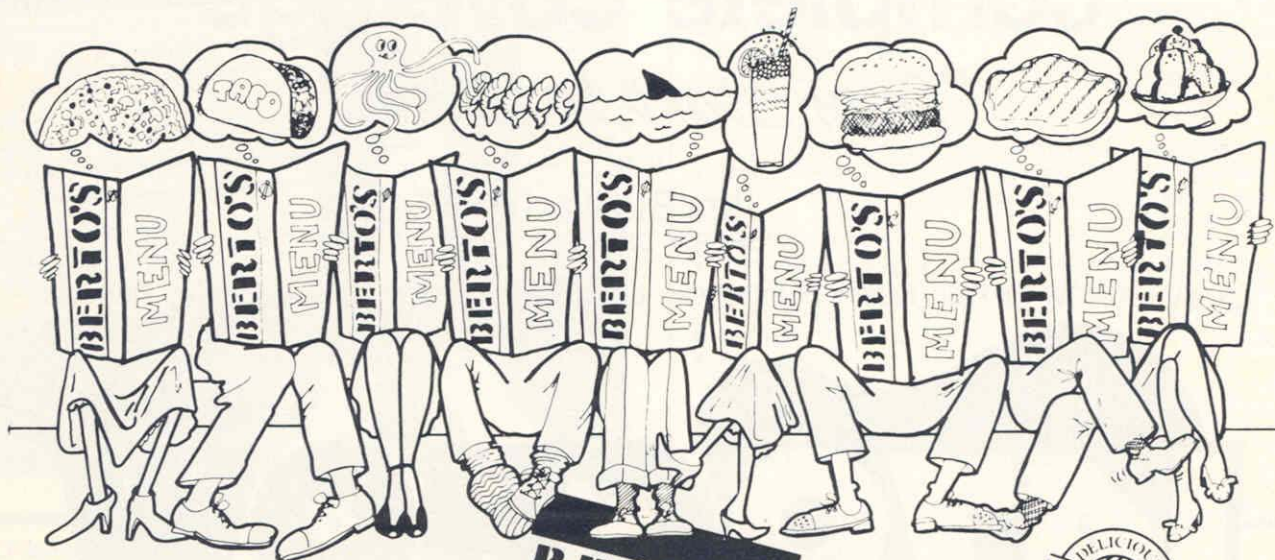
1470 CHOW



EDMONTON BREAKS THE ICE AT HENLEY

Edmonton Rowing Club was quick of the mark in last Henley's eight-oared dash. It brought gold medals to this happy group of Alberta oarsmen, the Green and Gold pounding home in front against five tough rivals. The Edmonton dash winners boated as Bob Vandebroek, Brian Harper, James Evans, Art Sombrowski, Gord Lohstraeder, Trevor Swan, Mick Somerwil, stroke Charles Renalles and cox Peggy Milne.

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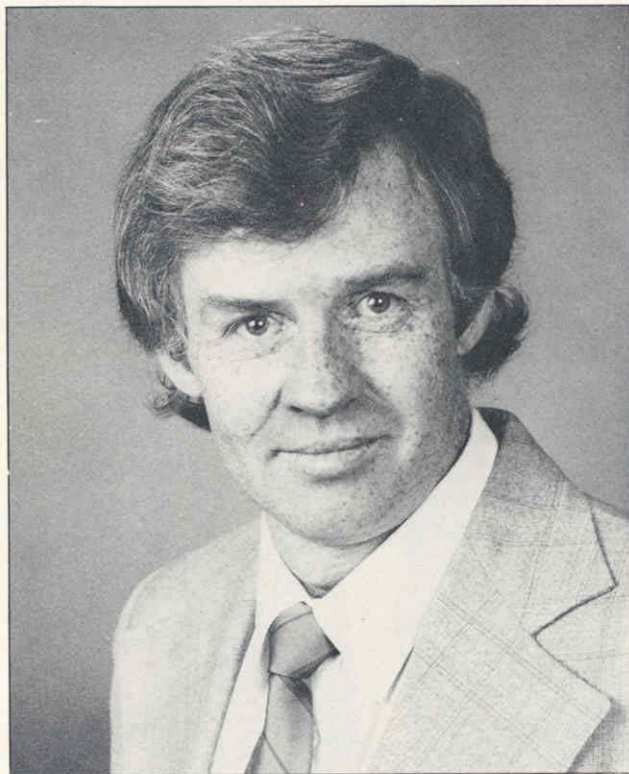




SOUTH NIAGARA'S JINX ENDED

Up until Henley 1986, South Niagara Rowing Club of Welland had been unable to boat a championship crew at the annual Canadian rowing classic. Then these happy lightweights pulled it off by winning the Intermediate 155-Pound Four. They are Phil Power, Kevin Ort, Pat Power and Todd Hinks.

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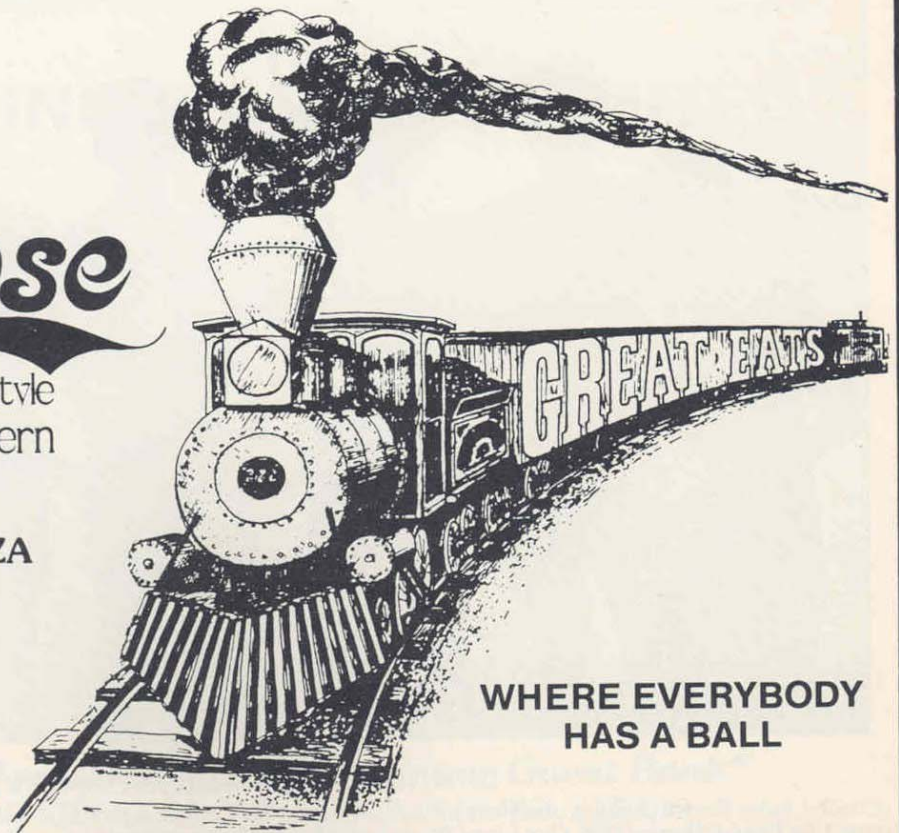
For the fourth Henley in a row, St. Catharines RC won the Senior Quad. But they did it with four lightweights: Frank Murphy, Dave Wright, Stu Burns and John Murphy. Burns and Wright also combined to win the Intermediate 155-Pound Double while Frank Murphy took the 155-Pound Singles Dash.

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LONDON LIGHTWEIGHTS SCORE

Coach Lawlor Brown (right) is obviously pleased at the way his London lightweights performed in winning the Intermediate 140-Pound Cox Four at Henley 1986. Cox Laura Waite is at left with the others boated as stroke Paul Pender, Mike Lizee, Joe Bilyea and Matt Bowman.



FIVE STRAIGHT FOR ST. CATHARINES RC

For the fifth Henley in succession, the Senior 155-Pound Eight went to the St. Catharines Rowing Club. But it took a tough row from this boatload of lightweights to defeat Hamilton Leanders, Philadelphia Vespers and Toronto Argonauts. The champions are, left to right: cox Tracey Riches, stroke Greg Smith, Peter Somerwil, Rob Mather, Iain McMillan, Greg Jones, Chris McLernon, Jay Sheere and Mark Thomas.



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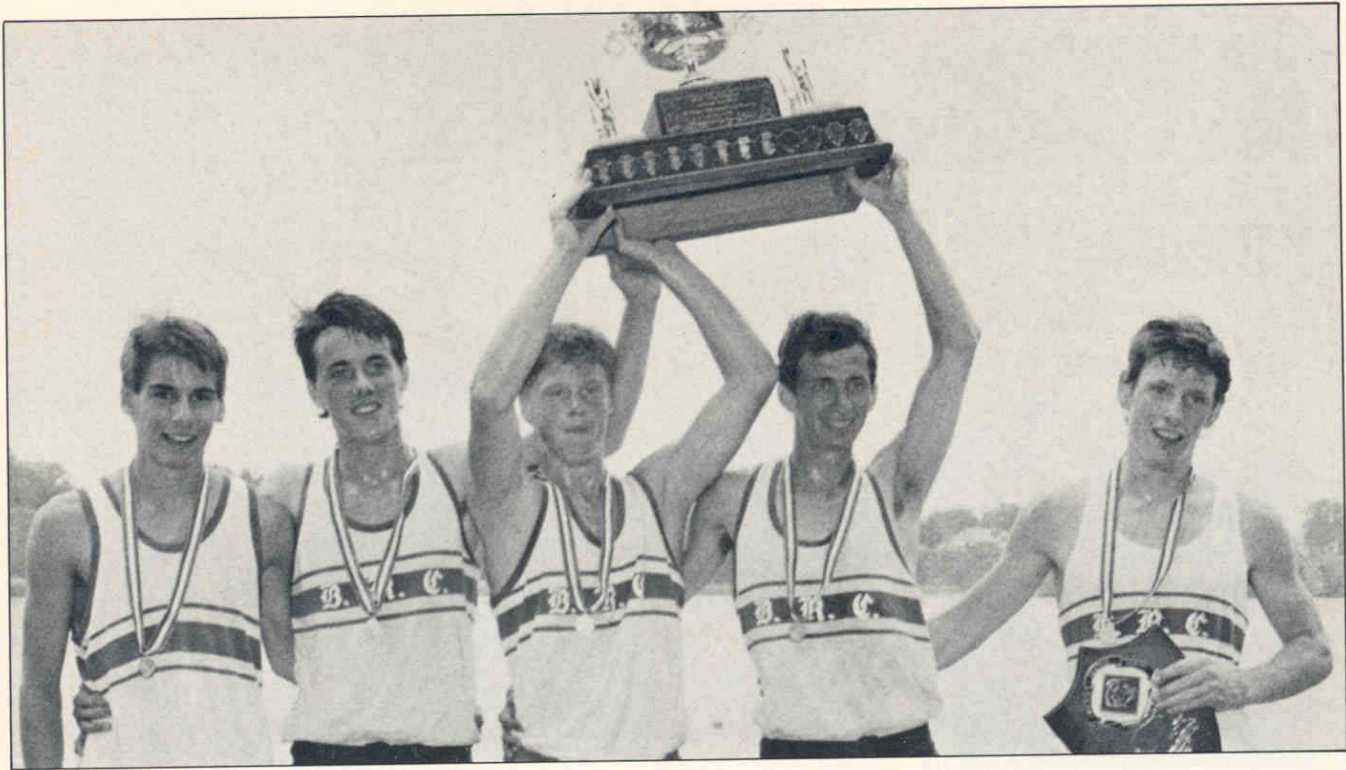
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BROCKVILLE'S LIGHTWEIGHTS SCORE

Brockville has always been a hotbed of lightweight rowing and Henley 1986 proved that point once again when this crew won the Senior 140-Pound Cox Four final. That's Brent Jodoin and Maurice Dewolf (who doubled as the crew's coach as well as rowing No.2 seat) holding the F.F. (Ted) Nelson Trophy while the other gold medalists are Curt Wheeler, Craig Miller and cox Rob Vanderwoude.



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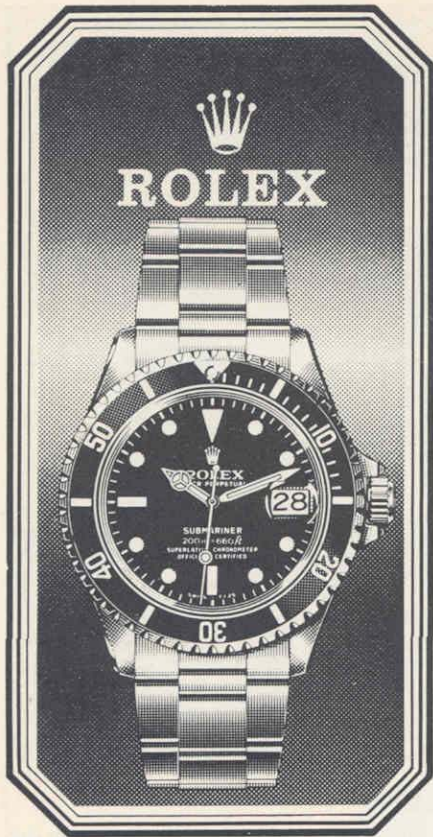
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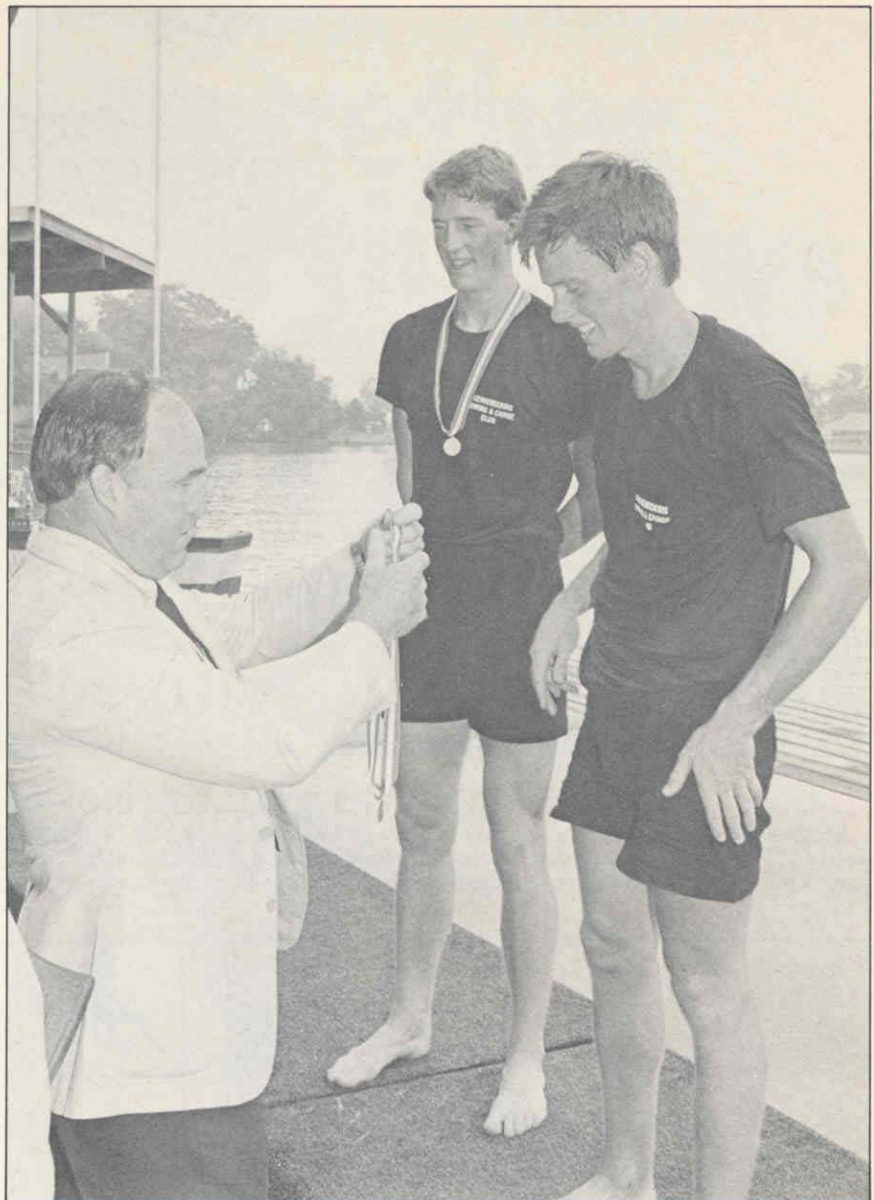


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MARITIME PAIR-OARED SWEEP

Tim Rigby, second vice-president of the Canadian Amateur Rowing Association, present Wayne McFarlane and Chris Flood of the Kennebecasis Rowing Club of Renforth, N.B., with their medals following the Henley 1986 Senior 155-Pound pair final. The two Maritimers had earlier won the Intermediate 155-Pound Pair.

We Bid You a Warm Welcome and Wish Good Luck to All!

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THE FINISH LINE — HENLEY 1953

This is how the finish judges prepared to signal the end of a race at Henley 35 years ago. That's bill Ross of Toronto with the shotgun and to his right (in the cap), Joe Wright Jr. of Toronto, then president of the Canadian Association of Amateur Oarsmen. Looking on, from the left, are George Flannery of Hamilton, Charles Adams of Lachine and (late of St. Catharines), CAAO secretary John Murray of Kingston and Fred Carter of Toronto, the CAAO treasurer.

THANK YOU!

A sincere vote of thanks to all those individuals, associations, government agencies and companies who have given so generously of their resources — both human and financial — to help make 105th Henley a memorable occasion.

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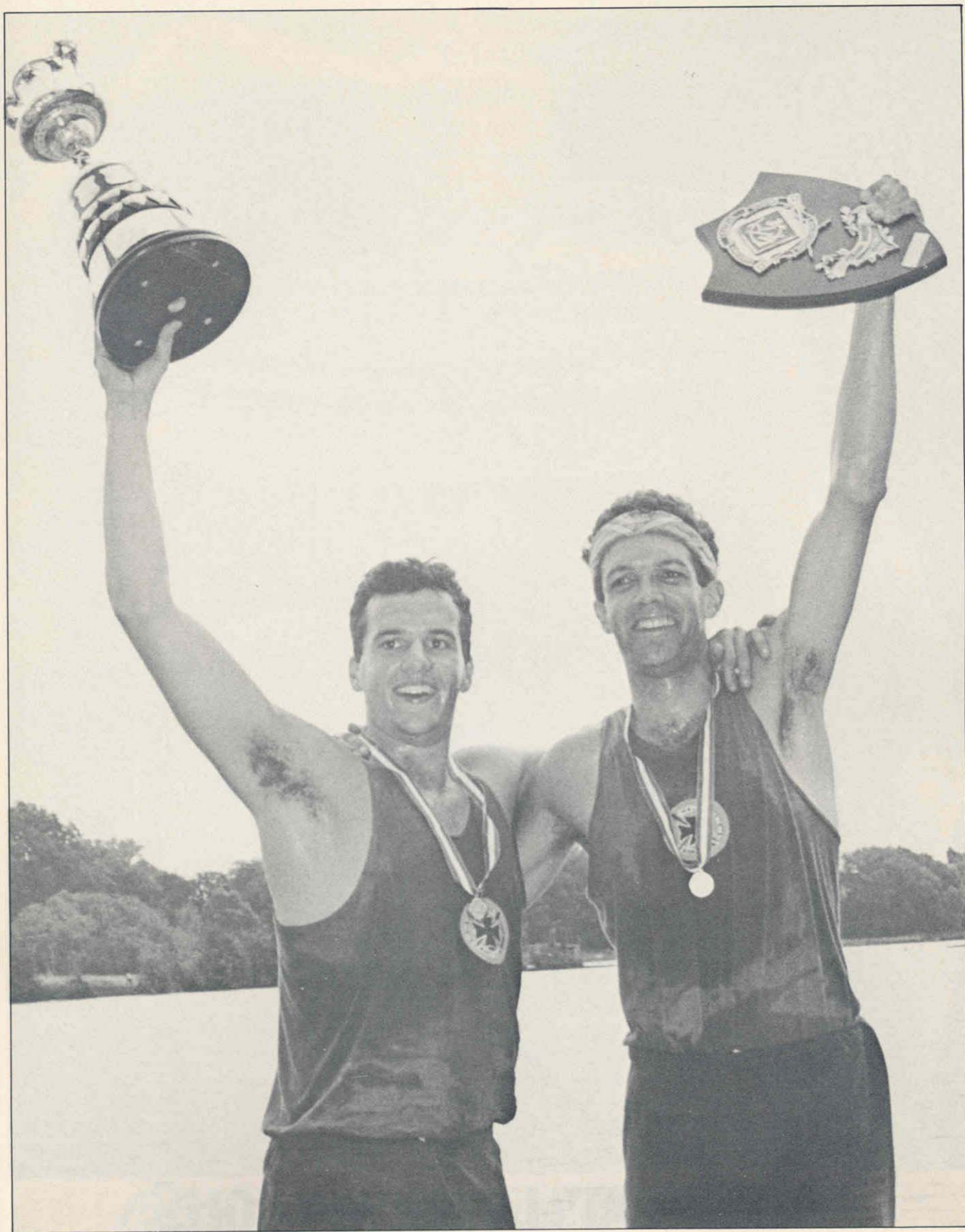
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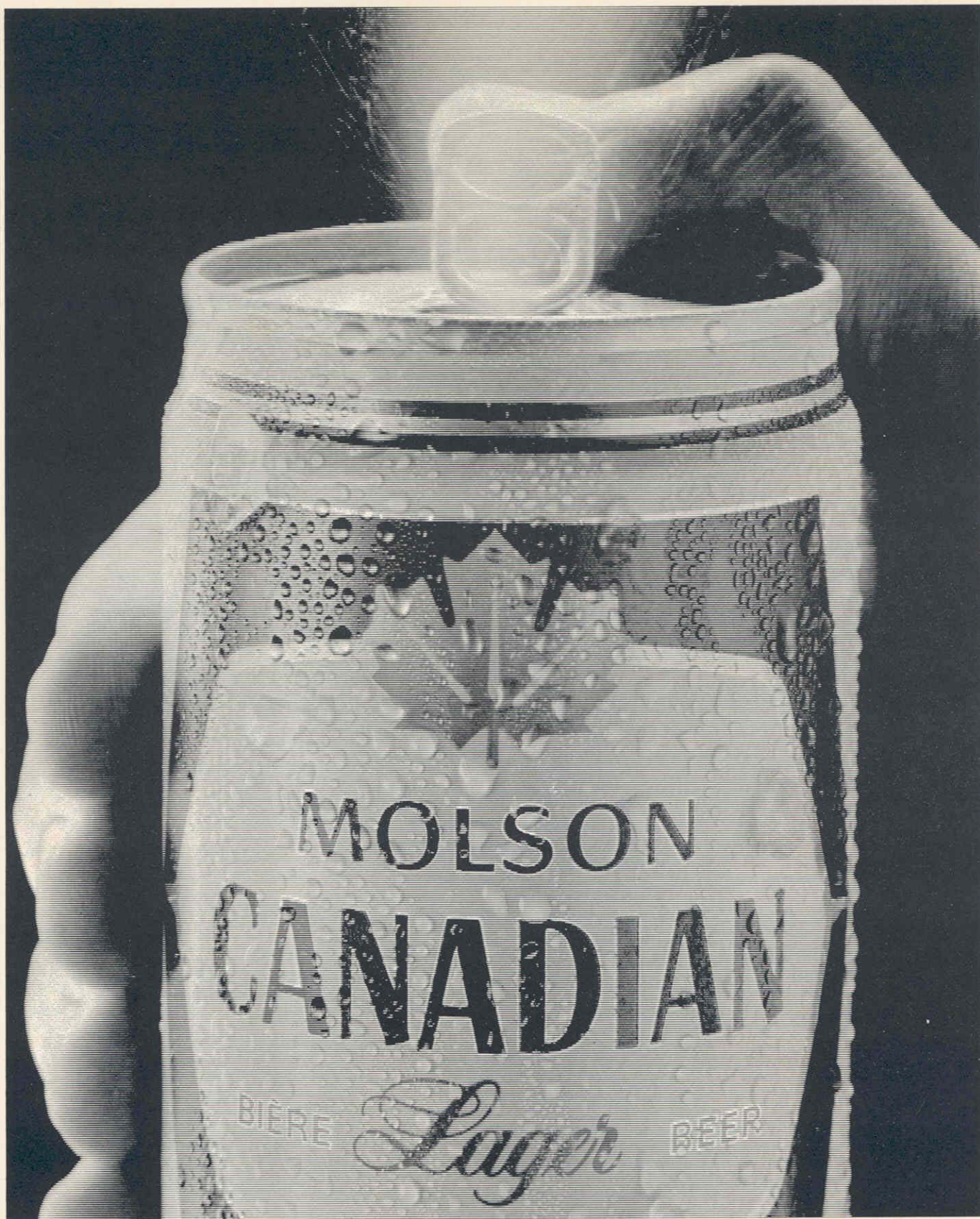
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MALTA'S DOUBLES SWEEP

Mathew Horvat and David Gleason scored a sweep for the Malta Boat Club of Philadelphia at last year's Henley. They won both the Intermediate and Senior Doubles finals. They clocked 6:34.25 in winning the Senior Double over five rivals.



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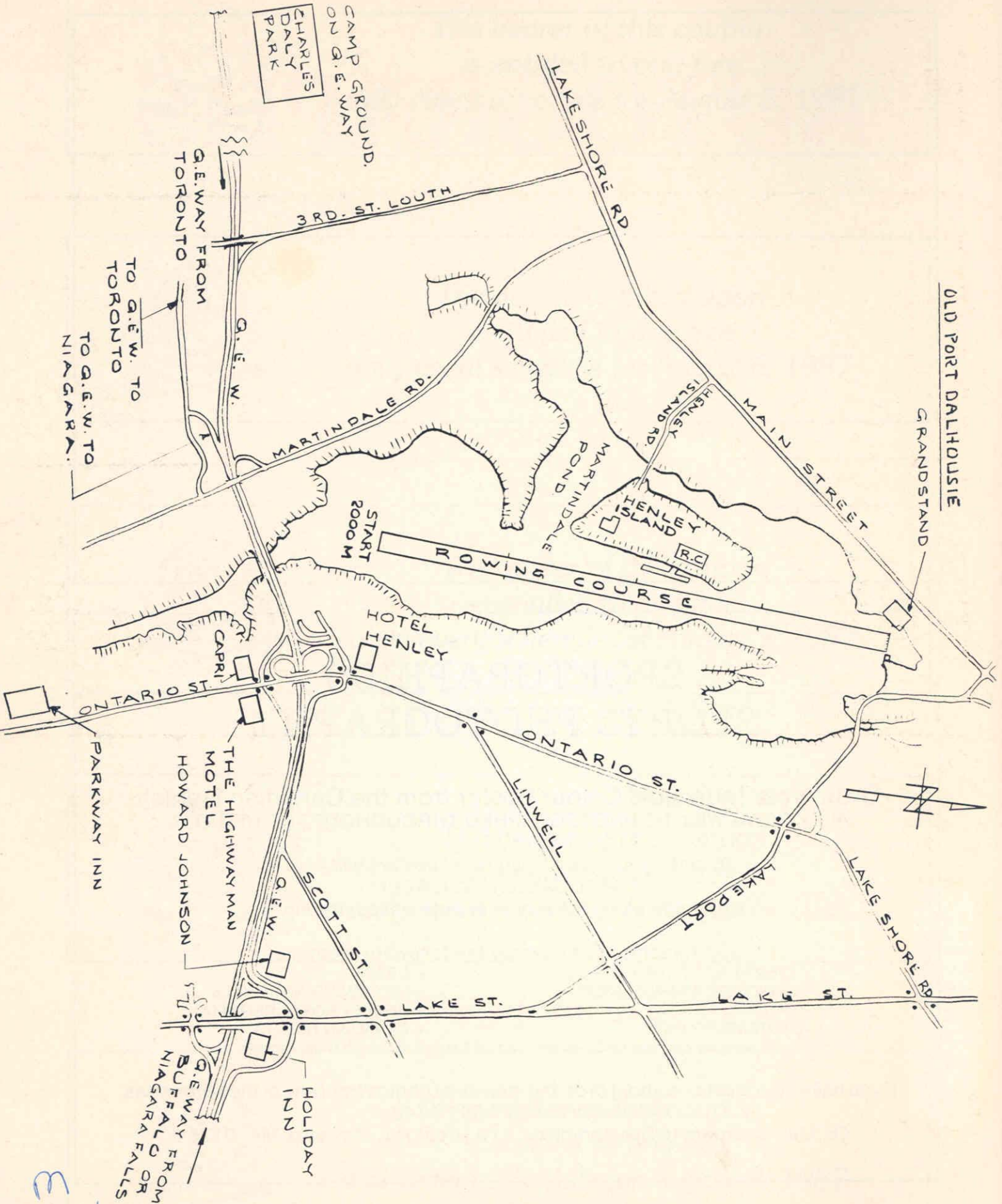
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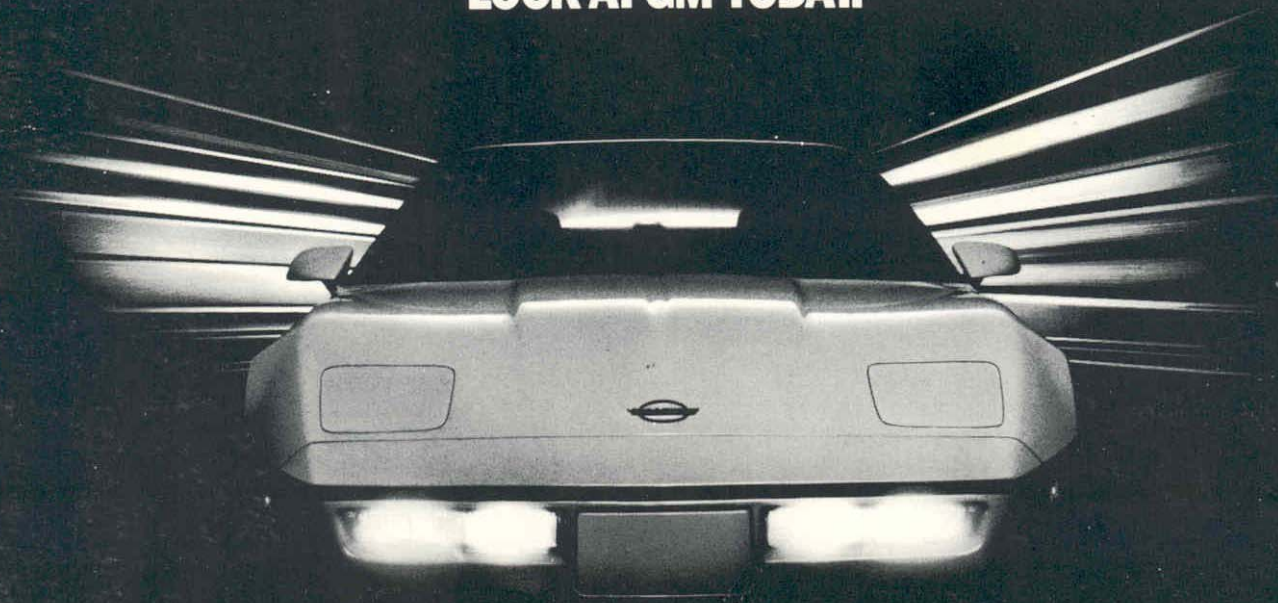
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