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HENLEY REGATTA



2000

THE 118th ROYAL CANADIAN

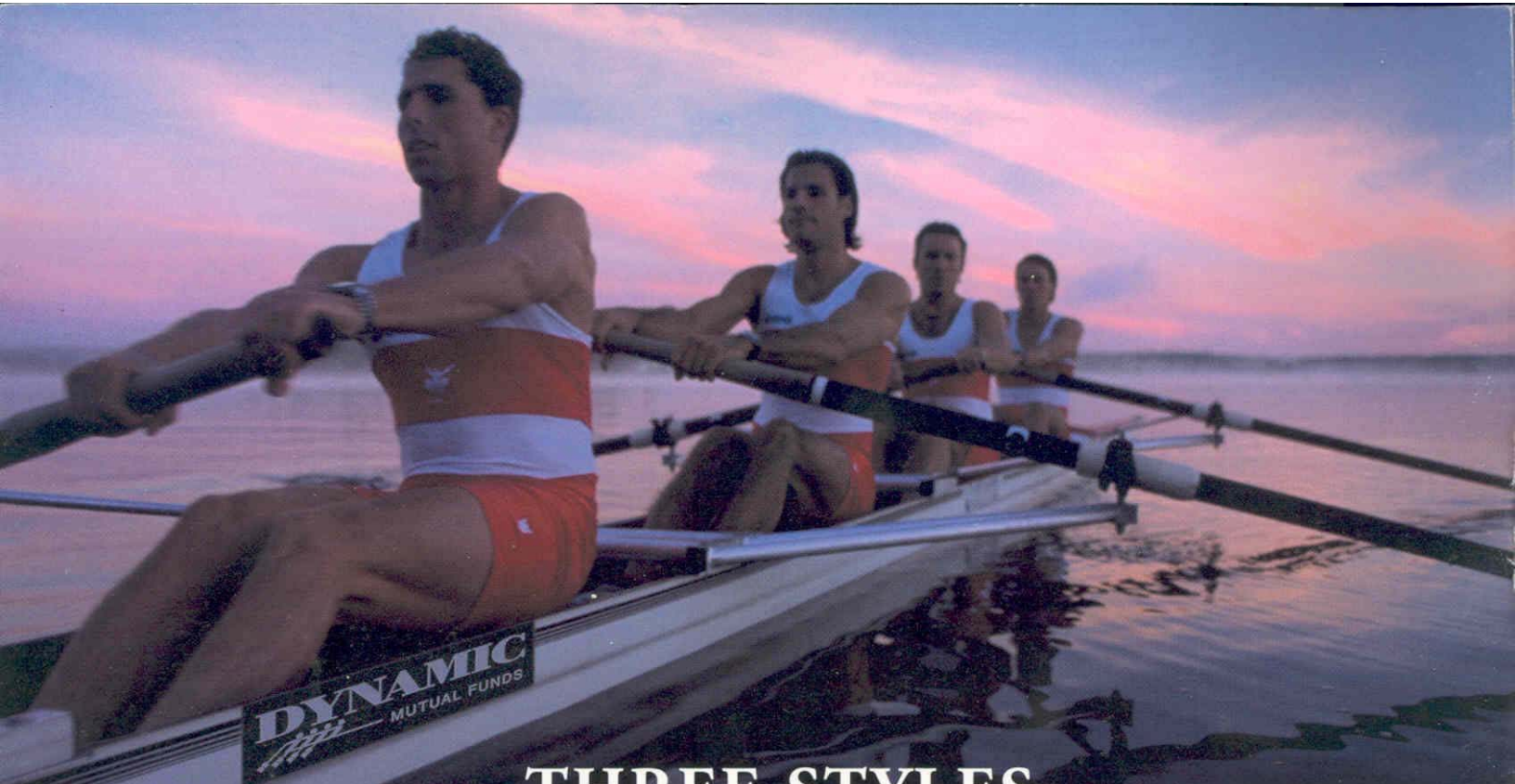


REGATTA MEMORIES IN PORT DALHOUSIE

Anne Giffard

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SOUVENIR PROGRAM

118th ROYAL CANADIAN HENLEY REGATTA
AUGUST 9 ~ AUGUST 13, 2000

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In a unique partnership for the good of rowing in general and the Royal Canadian Henley Regatta in particular, sanction for this week's competition comes from the Rowing Canada Aviron which stages the event in co-operation with the Canadian Henley Rowing Corporation, a St. Catharines organization which controls and maintains the Henley Course and Henley Island year-round with the assistance and support of the City of St. Catharines and the Regional Municipality of Niagara.

PublisherCanadian Henley Regatta Commission Advertising Manager Events Extraordinaire
 EditorJohn Lehnen PhotographsStan Lapinski
 Assistant EditorMary-Lynn Martin

"Regatta Memories in Port Dalhousie" is by St. Catharines artist Anne Giffard. Ms. Giffard studied art in Paris, France and presently teaches at Niagara College, Rodman Hall and the French Community Centre. Special thanks to Anne Giffard, for her permission to print this artwork on this year's program. **POSTERS WILL BE FOR SALE AT ALL HENLEY SITES.**

2000 HENLEY ADMISSION PRICES				
(Main Grandstand)				
	Thursday	Friday	Saturday	Sunday
Adults	\$4.00	\$4.00	\$6.00	\$6.00
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Dear Rowing Enthusiast:

Dynamic Mutual Funds warmly welcomes you, along with the competitors, officials and volunteers, to the 118th Royal Canadian Henley Regatta.

We are proud to once again be the official sponsor of an event that brings together athletes from communities around the world. Although the athletes, coaches and officials are an integral part of this exciting event, we recognize the role of the scores of outstanding volunteers whose contributions are critical to it's success. We are also thankful for the support of the thousands of rowing enthusiasts who come year after year to cheer their favourite team.

Dynamic Mutual Funds is pleased to support the Canadian rowing endeavours especially through our involvement with Rowing Canada Aviron and our sponsorship of the Canadian National Rowing Team. The discipline, dedication and commitment to achieving superior performance, which embody success in this sport, are the same criteria that drive the investment team at Dynamic Mutual Funds.

Thank you for contributing to another successful regatta. We hope you have a wonderful time and we look forward to a week of spectacular racing.

Sincerely,

A handwritten signature in black ink, appearing to read "Jonathan Goodman".

Jonathan Goodman
President & CEO
Dynamic Mutual Funds

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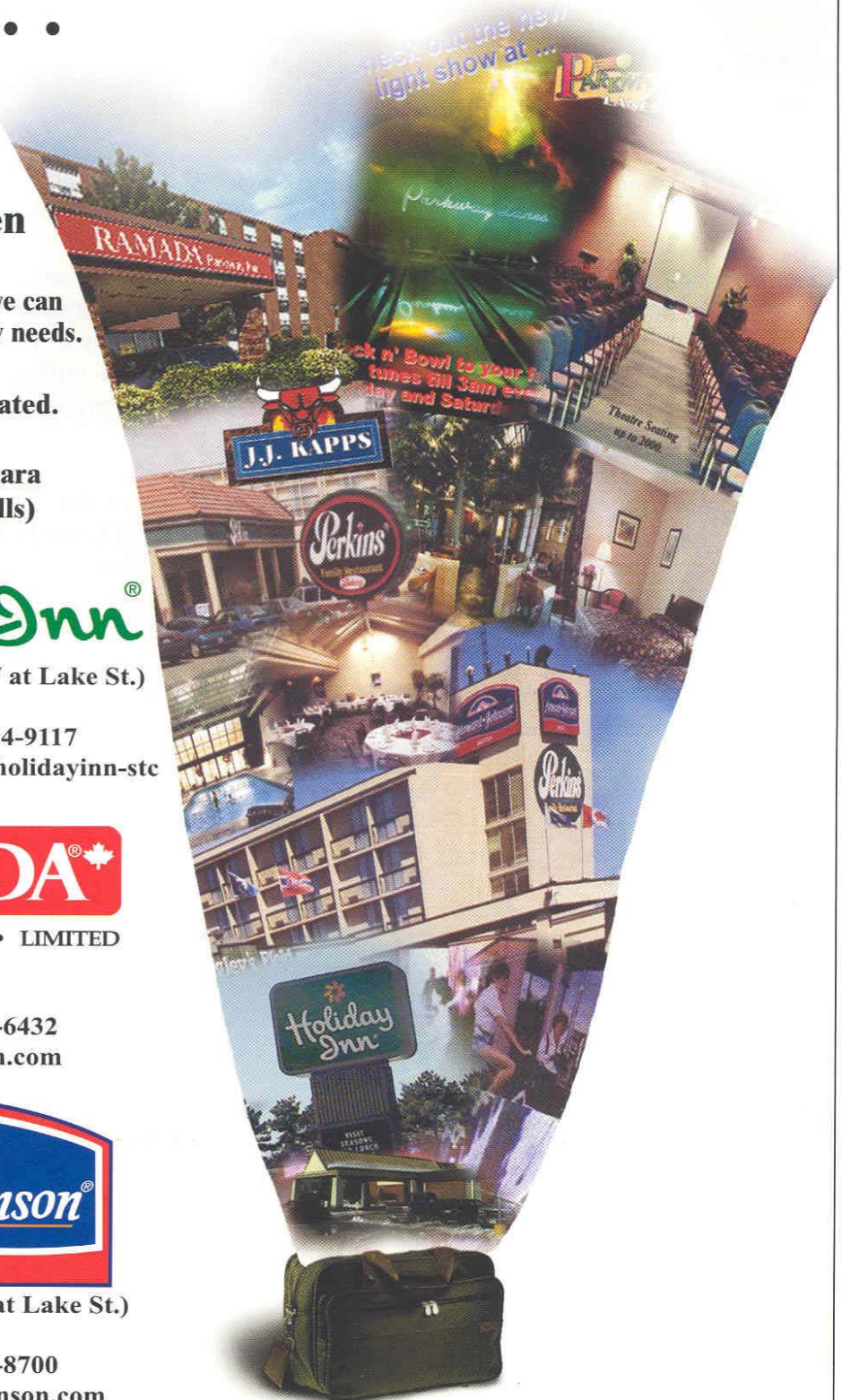
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Rowing Canada Aviron

Welcome to the NEW
Royal Canadian Henley Regatta

On behalf of Rowing Canada Aviron I welcome all - rowers, coaches, officials, supporters and spectators - to the 118th Royal Canadian Henley.

Last year saw significant improvements to the course and facilities in preparation for the 1999 FISA World Rowing Championships. This year sees equally significant changes to the rowing programme, intended to make the racing fairer and safer with an equal number of events for men and women. We are indebted to a dedicated group who analyzed the Henley programme and made courageous recommendations for change. We hope that you like the new look and would appreciate hearing your reactions. Improvement is a continuous exercise!

The success of this regatta is the product of the hard work of many individuals and groups over the years, to all of whom we are greatly indebted. Tall among these was Craig Swayze, who died earlier this year. An influential figure in the rowing community of St. Catharines, Craig played a huge role not only in this regatta but in the development of rowing across Canada. A tribute to Craig appears elsewhere in this programme. He will be missed.

I wish great racing to all the rowers. Give it your all; be proud that you rowed your best and be modest in victory.

Bienvenue à la NOUVELLE
régate Royal Canadian Henley

De la part de Rowing Canada Aviron, je souhaite la bienvenue à tous - les rameurs, entraîneurs, officiels, supporters et spectateurs - à la 118^{ième} édition du Royal Canadian Henley.

L'année dernière ont eu lieu de plusieurs améliorations considérables en ce qui a trait au parcours et aux installations en vue du Championnat du monde FISA 1999. Cette année sera témoin de changements de la même envergure au niveau du programme d'aviron. Ceci est effectué avec l'intention de rendre la compétition plus équitable ainsi que sécuritaire avec un nombre égal d'épreuves pour les hommes et les femmes. Nous sommes redevables à un groupe d'individus dévoués qui se sont fait un devoir d'analyser le programme du Henley et ont soumis des recommandations pour des modifications à effectuer. Nous espérons que vous apprécierez cette nouvelle image et aimerions recevoir vos commentaires. L'amélioration est un processus continu!

Le succès de cette régata est le produit du travail acharné, au fil des années, de nombreux individus et de groupes à qui nous devons beaucoup. Parmi ces derniers, une figure importante fut Craig Swayze qui est décédé ultérieurement cette année. Étant une figure influente au sein de la communauté d'aviron de St. Catharines, Craig a joué un rôle primordial non seulement au sein de cette régata, mais dans le développement de l'aviron à travers tout le Canada. Un hommage se rendu à Craig au cours de ce programme. Il manquera à tous.

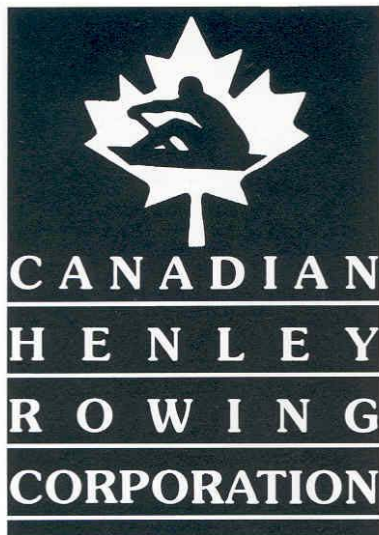
Je souhaite une excellente compétition à tous les rameurs. Mettez-y tous ce que vous avez; soyez fier d'avoir fait de votre mieux et sachez être modeste dans la victoire.

Justin Fryer, President
Rowing Canada Aviron



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WEATHER, TRAFFIC,
SPORTS AND
HENLEY REGATTA
REPORTS.**



On behalf of the Board of the Canadian Henley Rowing Corporation, I am pleased to welcome the competitors, coaches, officials and rowing enthusiasts to the 118th Royal Henley Regatta.

The Regatta has been held on Martindale Pond since 1903 and has experienced a tremendous growth. My thanks to the many, many volunteers, clubs, coaches and participants who contribute so greatly to it's success. Special thanks to Harry Edmondstone, past Commissioner and Charlie Ryan, past Regatta Chairman for their tremendous assistance. Replacing them is Bill Schenck, Commissioner and Ken Campbell, Regatta Chairman. I have every confidence in their ability to continue successfully in the best interest of the participants.

We are very saddened by the passing of Craig Swayze, whose contribution to this sport spanned 62 years and tremendously influenced rowing's growth and success. We are renaming the grandstand "The Craig Swayze Memorial Grandstand" in honour and appreciation.

Good luck, successful racing and all the best in the new millenium.

Yours in rowing
Susan Erskine
President C.H.R.C.

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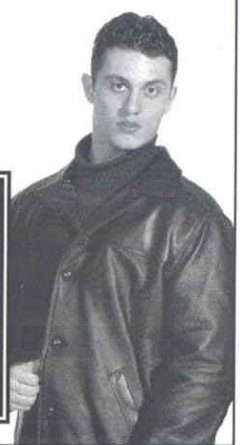


The crew from Ontario's Western Rowing Club beat out teams from as far away as New Zealand to win the 1999 Sr. Women's Eight. Proudly holding the Henley Island Helpers President's Cup are: Cheryl Bealieu, Amanda Schweinbenz, Rachel Dunnet, Katu Dunet, Niki Vankirk, Deb Kramer, Jodi Hall, Marilyn Taylor and Derek Navaro (cox). The winning time was 6:53.5.

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TIMOTHY H. RIGBY
MAYOR

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Welcome to the 2000 Royal Canadian Henley Regatta

On behalf of Council and the City of St. Catharines it is my pleasure to welcome you to the first Royal Canadian Henley Regatta of the new Millennium. "The Henley" is a Mecca for rowers from around the world, who return to St. Catharines each year to draw from its unique spirit. Port Dalhousie provides the magnificent backdrop for the excitement of this competition between the best athletes from across our country.

For close to a century, St. Catharines has hosted the Royal Canadian Henley Regatta with pride. This year, in the wake of the 1999 FISA World Rowing Championships, we offer world-class rowing amenities from which to showcase "The Henley." The enhanced ecosystem and superior facilities are World Rowing's legacy; however it is the enthusiasm and commitment of our citizens that truly define St. Catharines to visitors. As our most acclaimed rowing event, "The Henley" truly captures the heart of our city - its beauty, energy and love of sport.

I would like to commend the rowers, sponsors and organizers who have dedicated themselves to making the Henley a continuing success, and also the citizens of St. Catharines for their unfailing support of the athletes and their organizations. The talent, strength and commitment that it takes to be an elite rower is inspiring - it is also excellent summer recreation. I urge the citizens of St. Catharines, to take advantage of the "The Henley" and enjoy what others must travel to experience. And, of course, best of luck to all the rowers!

A handwritten signature in black ink, appearing to read "Timothy H. Rigby".

Timothy H. Rigby,
Mayor

St. Catharines Rowing Alumni Association



FRONT ROW: (left to right) Bob Schenck, Mike Wilson, Nancy Cookson, Tim Dowd, Lawrence Thomson
 BACK ROW: (left to right) Dan Little, Bob Lovemen, Scotty Campbell, Al Philbrick, Tom Lockhart, Don Duggan
 ABSENT: Wayne Dick and John Fraser

CLUBHOUSE ACTIVITIES OF HENLEY WEEK

Tuesday, August 8th	6 p.m. - 1 a.m.	Opening Ceremonies
Wednesday, August 9th	4 p.m. - 12 a.m.	Clubhouse Open
Thursday, August 10th	4 p.m. - 12 a.m.	Clubhouse Open
Friday, August 11th	12 noon - 12 a.m.	Clubhouse Open

SATURDAY, August 12 – Back by popular demand *MUCH MUSIC VIDEO ROAD SHOW*
 8 p.m. - 1 a.m. Admission \$6.00

Sunday, August 13th 12 noon - 12 a.m. Clubhouse Open

7:00 a.m. Complimentary Athletes Breakfast at the Alumni Clubhouse

sponsored by *The St. Catharines Rowing Association, The Henley Island Helpers, Brick Brewing, Avondale Stores Ltd., Commisso's, Burtnik Printing, Tenderfruit Marketing Board, Stonechurch Winery and Latcham Foods.* A special thanks to Eric Peacock from Wellington Court Café.

The public is cordially invited to visit The Alumni Club, sit at the picnic tables or our air conditioned lounge for a snack or a refreshment.

"STOP BY AT THE OFFICIAL SOUVENIRS BOOTH AT THE ISLAND AND GRANDSTAND"

ROYAL CANADIAN HENLEY REGATTA 2000

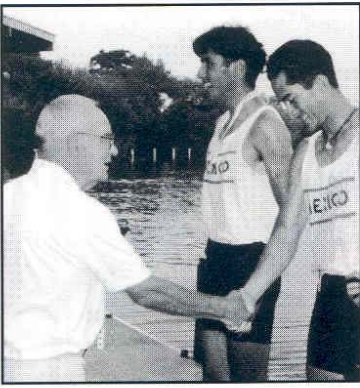
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FOR THE
 BETTERMENT
 OF ROWING

CRAIG SWAYZE

1927 - 2000



Many of the new facilities, which helped bring the 1967 North American Rowing Championships and the 1970 and 1999 World Rowing Championship to St. Catharines, were the products of Craig Swayze's mind who was pulling on an oar in his native city long before he realized the Niagara District existed.

Craig's uncle, Bert Craig, a longtime active oarsman and official in Brockville, was, in turn, the man who introduced the 10 year old to the sport which has become a backbone of the Summer Olympic Games.

But it was a pretty Canadian face and a wonderful personality which convinced Craig to make this city his permanent home.

"By 1947, I had advanced from being a coxswain for the various Brockville junior and senior fours and had my own seat in the boat which qualified me for the straight junior lightweight four at the Canadian Henley," Swayze recalled during some rare between-race downtime at the World's here last summer.

"I still remember the excitement. We loaded the shell into the hold of the SS Kingston at the Brockville Dock, transferred it to the Dalhousie City (a cross-lake Toronto-to-Dalhousie combined passenger ship and freighter) and sailed the balance of the 25 miles to St. Catharines."

Swayze was a self-effacing young man - a trait which stayed with him his 73 years - but allowed that, yes, they had returned to Brockville Sunday with gold medals clutched in their hands.

And it was in St. Catharines, that in 1952, he met local rowing enthusiast Lois Preston through mutual friends. Two years later, they were married. But as those connected with rowing know full well, that amateur sport doesn't attract million dollar salaries and must be treated as a hobby.

Craig was also establishing a newspaper career - first at his hometown Brockville Recorder and Times, then Canadian Press in Toronto where he was the regular rowing correspondent, and finally, almost 40 years here at the Standard, when an opening came up in the sports department. He eventually became the assistant managing editor.

It was during his 15 years in sports that we became fast friends. There were only two of us on staff and we often joked about the calamity if we both thought we had the same day off. Fortunately, this never happened - at least we never let it be known.

The Swayzes weren't a one-interest family. In his youth, Craig had played every sport from football to junior hockey to basketball, and the young couple continued in that excitement during the thrilling local junior A hockey Memorial Cup days of the Teepees and Black Hawks. While some people became ardent local rowing enthusiasts, no couple I knew ever devoted as much time, 12 months a year, as the Swayzes.

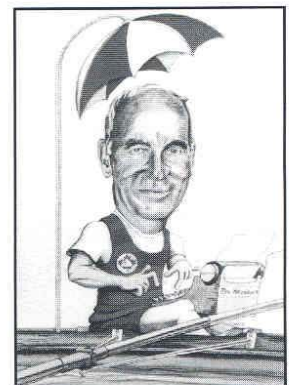
Even last summer when Craig was ailing, Lois drove him to the 3,500-seat grandstand on daily basis, where, with Bill Stevenson, they supervised that part of the huge undertaking.

Craig covered rowing championships all over the world, sat in on policy-making by FISA (International Rowing Federation) delegates; was chairman of the North American Rowing Championships; was on virtually every committee of both local World Rowing Championships; was in the forefront in upgrading the course to international standards; and battled with others to successfully retain the Canadian Henley and Canadian Schoolboy at their present location.

R. Craig Swayze died here last February after a lingering illness.

He leaves his wife Lois; daughter Dr. Kathy Swayze-Wismer, who was chief of the World Rowing medical staff here less than a year ago; a son, Kevin; son-in-law Rick Wismer; grandchildren Craig, Kenneth and Christopher.

The deepest sympathy is extended from local people in all walks of life - especially those whose way of life has been changed by rowing and other sports.



By Jack Gatecliff

Thank You!

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Dental: Dr. David Mossop
Physio: Judith Cline
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Membership: Brian Thorne
Boatmen: George Manoogian, Ross Beattie, Dan Creamer
First Aid: St. John Ambulance

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THE CLUB WISHES TO THANK ALL TAGDAY, BOOSTER AND CORPORATE SUPPORTERS AND SPECIAL THANKS TO THE ALUMNI, H.I.H., AND THE ROWING LEAGUE.

2000 Henley Regatta Trophies

Senior Women 115 lb. Four Cox
Rhonda Henning Memorial Trophy

Senior 'B' Women Single
Jim McMullen Trophy

Senior 'B' Lwt. Men Single
Theo Dubois Trophy
Donated by Winnipeg R.C.
Dubois was a champion sculler

Junior Men Four Cox
Al Ward Memorial Trophy

Senior Men 140 lbs. Single
R.G. "Bob" Dibble Memorial Trophy
Donated by Don Rowing Club
Famous world sculler in the twenties

Championship Women Single
A.G. Muir Challenge Cup
Donated by Leander Boat Club
Muir reorganized the L.B.C. in 1927
was also a member of C.O.A and C.A.A.O.
President

Junior Women Quad
Thomas G. Gannon Memorial Trophy
Coach of Detroit Boat Club

Senior Lwt. Women Pair
Cookson Trophy
Donated by St. Catharines Rowing Club
Cookson was a hard worker for rowing

Senior 'B' Men Pair
Bennett-Hogan Trophy
Donated by the West Side Rowing Club
In memory of John Bennett and Jim Hogan
both were famous oarsmen and coaches

Senior 'B' Lwt. Men Double
Thomas Croston Trophy
A tireless worker for rowing
President of C.A.A.O.

Senior 'B' Lwt. Men Four Coxless
Paddy Cline Trophy
Donated by the Leander Boat Club
In memory of Paddy who was a coach of many
international crews starting in 1932

Senior Men 140 lbs. Four Cox
F.F. "Ted" Nelson Trophy
Donated by St. Catharines Rowing Club
Ted was a champion oarsmen, past president
of St. Catharines and C.A.A.O. and one of the
people responsible for the purchase of "Henley Island"

Senior 'B' Women Four Coxless
Nelles Stacey Memorial Trophy

Senior 'B' Men Double
Fry and Thoburn Trophy
Donated by the Leander Boat Club
Fry was a member of the eight. He won a Bronze
Medal in the 1932 Olympics (Los Angeles). Also
president of the L.B.C. Coached High School Crews.

Senior 'B' Lwt. Women Eight
Arthur Sims Memorial Trophy
Donated by the Ecorse R.C.

Senior 'B' Lwt. Men Quad
Ken Stewart Trophy
Donated by the Leander Boat Club
Ken was a sculler, who won many races in his
thirty year rowing career.

Junior Women Single
Alex Wilson Trophy
Donated by his family
He was a successful competitor and coach, including an
Olympic crew.

Junior Women Eight
Potomac Boat Club Trophy
Donated in the honour of their crew which won
the Henley's first junior eight event

Senior Men 140 lbs. Eight
Michael J. Broderick Memorial Trophy
Donated by the West Side Rowing Club
Michael was a famous politician and tireless worker for
rowing.

Junior 'B' Women Single
Harvey Hutchenson Trophy
In honour of Harvey Hutchenson, who was a member
of the St. Catharines Rowing Club and it's first member
to win the Championship Single race. He went on to
win numerous Henley medals.

Welcoming Clubs - 2000 Henley

Five St. Catharines Rowing organizations combine this week in welcoming visitors to the 1998 Royal Canadian Henley Regatta, the 118th of these rowing championships and the 96th time the famed Henley Course has been the site of what many consider to be North America's premier rowing event.

Each of the five St. Catharines rowing organizations, along with the 15 secondary schools in the St. Catharines RC's comprehensive scholastic rowing program, the St. Catharines Rowing Alumni, the St. Catharines Rowing League and the Henley Island Helpers have helped earn the Garden City its title of the Rowing Capital of Canada and Host City for the 2000 World Rowing Championships.



St. Catharines Rowing Club

Founded 1903

Jim Marino, President



Ridley Boat Club

Founded 1971

Ed Berkhout, President



Brock University Crew

Founded 1964

Joe Dowd, Director



Ridley College Crew

Founded 1967

Rupert Lane, Headmaster



Canadian Henley Rowing Corp.

Founded 1971

Susan Erskine, President



The victorious Senior Women's Quad team consisting of Jessica Archdsaid, Lara Rubin, Sandra Sirota and Rachael O'Meara, hail from the New York A.C. Their winning time was 6:36.9. They are seen here with the Margaret Gare Trophy.



The Don R.C. defeated the 1998 Sr. Lwt. Women Cox Four champions to obtain Henley Gold in a time of 7:57.2. Shown here is the winning team of Denise Steadman, Lenore Foster, Jacqui Macauley, Rayne Murray and Amy Ellington with the Ted Johnson Trophy.

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Where Are They From?

It should be obvious that the Detroit Boat Club comes from Detroit and the St. Catharines Rowing Club is based right here in St. Catharines. But what about the Narragansett Boat Club or the Mendota Rowing Club?

Here are some of the Clubs competing in this week's Royal Canadian Henley Regatta complete with their home towns.

CLUB	LOCATION	CLUB	LOCATION	CLUB	LOCATION
Argonaut RC	Toronto, Ontario	Holy Cross College	Providence	Purdue Crew	Lafayette, Ind.
Academia Cubana Remo	Miami, Florida	Hunyani Crew	Zimbabwe	Phillips Academy	Exeter, N.H.
Alexandria RC	Alexandria, Va.	Hyde Park College	Statsburg, N.Y.		
Aqueduct RC	Rexford, N.Y.	Harvard U.	Cambridge		
Antares RC	Mexico City	Hanover RC	Hanover, N.H.	Pennsylvania, U. of	Philadelphia, Ill.
Assumption RC	Worcester, Ma.	Hartford Barge	East Hampton, Conn.	Princeton U.	Princeton, N.J.
Atlanta RC	Atlanta, GA.	Hollywood RC	Los Angeles	Pioneer Valley RA	Hartford, Conn.
Augusta Scullers	Augusta, GA.	Hampton Roads RC	Norfolk, Va.	Power Ten RC	New York City
Aurora RC	Aurora, ILL.	Harbor Sculling RC	Cambridge, Mass.	Prince William CA	Williamsburg
Austin RC	Austin, Texas	Harbart College	Geneva, N.Y.		
Alta Achter BC	Cambridge, Mass.			Queen's U.	Kingston, Ont.
Amoskeag RC	Manchester, N.H.	Independence RC	Nashua, N.H.	Quinte RC	Belleville, Ontario
Adelaide BC	Australia	Iona College	New Rochelle, N.Y.	Quinsigamond RA	Shrewsbury, Mass.
Aliroro RC	Guatemala	Ithaca College	Ithaca, N.Y.		
Arlington RC	Arlington, Va.	Indianapolis RC	Indianapolis	Regina RC	Regina, Sask.
Abbott RS	Boston, Mass.	taewon RC	Cambridge, Mass.	Ridley Grad BC	St. Catharines, Ont.
				Remex RC	Jacksonville, Fla.
Backsplash RC	Miami, Florida	Jacksonville RC	Jacksonville, Fla.	Riverside BC	Cambridge, Mass.
Bachelors Barge	Philadelphia	Jedi Knights RC	Palo Alto, Cal.	Rochester RC	Rochester, N.Y.
Blood Street Skulls	Old Lyme, Conn.			Rutgers U.	Piscataway, N.J.
Brock U.	St. Catharines, Ont.	Kingston RC	Kingston, Ont.	Raritan Valley RA	Piscataway, N.J.
Brockville RC	Brockville, Ontario	Kenebecasis RC	Rothsay, N.B.	Rivanna RC	Charlottesville, W.V.
Big Five RC	Miami, Florida	Kansas State Crew	Manhattan, Kansas	River City RC	Sacramento, Cal.
Belmont RC	Arlington, Mass.	Knoxville RC	Knoxville, Tenn.	Rockey Mountain RC	Denver
Briantine RC	Absecon, N.J.	Kent School	Kent, Conn.	Rude and Smooth BC	Neshanic, N.J.
Burnaby Lake AC	Burnaby, B.C.	Kelowna RC	Kelowna, B.C.	Royal Hong Kong YC	Hong Kong
Burnt Hills RA	New York	King's Crown RA	New York City		
Boucherville RC	Boucherville, Que.	Kitchener-Waterloo RC	Kitchener, Ont.	Saratoga Springs RC	Saratoga Springs, N.Y.
British Columbia, U. of	Vancouver, B.C.	Kettle Cove BC	Woodstock, Ver.	San Diego RC	San Diego
Boston RC	Boston, Mass.			St. Catharines RC	St. Catharines, Ont.
Baltimore RC	Baltimore, MD.	Loyola Academy	Willmette, Ill.	Saskatoon RC	Saskatoon, Sask.
Barnstable RC	Osterville, Mass.	Long Beach RC	Long Beach, Cal.	South Niagara RC	Welland, Ontario
Beaumont HS	Boston, Mass.	Lake Washington TC	Seattle, Wash.	Syracuse Chargers	Liverpool, N.Y.
Better Motion RC	South Hadley, Mass.	Lake Merritt RC	Oakland, Cal.	Schuyllkill Navy	Philadelphia
Bay City RC	Bay City, Mich.	Lincoln Park BC	Chicago, Ill.	Slo Oar RC	San Luis Obispo, Cal.
Berkeley Crew	Berkeley, Cal.	Lowell RC	Lowell, Mass.	Stranford Crew	Stanford, Cal.
Barrie RC	Barrie, Ont.	Leander BC	Hamilton, Ontario	St. John's RC	St. John's, Nfld.
		Laval RC	Laval, Que.	St. Mary's College	Oakland, Cal.
California Yacht Club	Los Angeles, Cal.	London RC	London, Ontario	St. Mary's RC	Orchard Lake, Mich.
Cambridge RC	Cambridge, Ont.	Lakeside RC	Mexico City	Seattle RC	Seattle, Wash.
Crescent BC	Philadelphia, Ill.	Los Gatos RC	Los Gatos, Cal.	St. Louis RC	St. Louis, Mo.
Calgary RC	Calgary, Alta.	Lehigh Valley RA	Easton, Penn.	Santa Barbara RC	Solvang, Cal.
Cambridge BC	Cambridge, Mass.	Lower Merion RA	Ardmore, Penn.	Seneca RC	Ithaca, N.Y.
Cascadilla BC	Ithaca, N.Y.	Lookout RC	Chattanooga, Tenn.	Sagamore RA	Saratoga, N.Y.
Citadel Crew	Charleston, S.C.	Los Angeles RA	Santa Monica, Cal.	Sound Shore RC	Long Island, N.Y.
Colgate RC	Hamilton, N.Y.	Lawrence U.	Madison, Wisc.	Sudbury RC	Sudbury, Ont.
College BC	Philadelphia, Ill.	Lansing Oar	Lansing, Mich.	St. Ignatius Crew	Sebastopol, Cal.
Chicago BC	Chicago, Ill.	Liverpool Students	England	Salvadoreno AC	Elsalvador
Cornell U.	Ithaca, N.Y.			Santa Clara RC	Los Gatos, Cal.
Columbia U.	New York	Motley RC	Long Beach, Cal.	Saugatuck Scullers	Westport, Conn.
Capital RC	Washington, D.C.	Milwaukee RC	Milwaukee, Wisc.	Seeclub	Switzerland
Chicago River AC	Chicago, Ill.	Misery Bay RC	North East, Penn.	Smith RC	Geneva, R.C.
Cincinnati RC	Cincinnati, Ohio	Mic Mac RC	Dartmouth, N.S.	Stick Boy RC	Pittsburgh
Community Rowing Inc.	Cambridge, Mass.	Mendota RC	Madison, Wisc.		
Craftsbury SC	Chicago, Ill.	Minneapolis RC	Minneapolis, Minn.	Thompson's BC	Washington DC
Cuyahoga RA	Cleveland, Ohio	Minnesota BC	St. Paul, Minn.	Three Rivers RA	Pittsburgh
Compote RA	Philadelphia, Ill.	Montreal RC	Montreal, Que.	Thunder Bay RC	Thunder Bay, Ont.
Columbia RC	Indianapolis, Ill.	Minnesota, U. of	St. Paul, Minn.	Tampa RC	Tampa, Florida
California, U. of	Irvine, Cal.	Malta BC	Philadelphia	Trinity College	Hartford, Conn.
Chelsea RC	Morwich, Conn.	Mission Bay RC	San Diego, Cal.	Tillsburg RC	Tillsburg, Ont.
Carnegie Lake RC	Carnegie, N.J.	Monash U.	Melbourne, Australia	Tideway Scullers	London, Eng.
Corio Bay RC	Corio, Australia	Melbourne YWCA	Melbourne, Australia	Triton BC	Montville, N.J.
Capitol RC	Arlington, Va.	Mercyhurst Crew	Erie, Pa.	Thames River Sculls	New London, Conn.
Crabs RC		Miami RC	Miami, Florida	Topeka RA	Topeka, Kansas
		Milwaukee RC	Milwaukee, Wisc.	Toledo RC	Toledo, Ohio
Dartmouth RC	Hanover, N.H.	Middlesex Western RC	London, Ontario	Tulsa RC	Tulsa, Okla.
Detroit BC	Detroit, Mich.	Merrimac River RA	Lowell, Mass.	Temple Univ.	Philadelphia, Ill.
Dalhousie RC	Dartmouth, N.S.	MIT Crew	Cambridge, Mass.		
Don RC	Mississauga	Monongahela RA	Morgan Town, W.V.	Undine Barge	Philadelphia, Ill.
Duluth RC	Duluth, Minn.	Michigan State U.	East Lansing, Mich.	U.S. Navel Academy	Annapolis, Md.
Durham BC	Durham, N.H.	Mt. Clemens RA	Macomb, Mich.	Union BC	Boston, Ma.
Durham BC	Durham, Ontario	Mf BC	Boston, Mass.	U.S. Coast Guard Academy	New London, Conn.
Drexel Crew	Philadelphia, Ill.			University Barge	Philadelphia, Ill.
Drake U. Crew	Des Moines, Iowa	North Star RC	Dartmouth, N.S.	U. of Mexico	Mexico City
Des Moines RC	Des Moines, Iowa	Northeastern U.	Boston, Mass.	Upper Merion BC	King of Prussia, Penn.
Dirty Dozen RC	Oakland, Cal.	New York AC	New York	U. of London	England
De Strokes	Arlington, Va.	Narragansett BC	Providence, R.I.	U. of Pittsburgh	Pittsburgh
Delta Sculls	Ottawa, Ont.	New Rochelle RC	New Rochelle, N.Y.	U. of Victoria	Victoria
Donahue RC	Shrewsbury, Mass.	New Haven RC	New Haven, Conn.	U. of Wisconsin	Madison
		Notre Dame RC	South Bend, Ind.	U. of Dayton	Dayton, Ohio
		Nonesuch Crew	Scarborough, Maine		
Edmonton RC	Edmonton, Alberta	Navesink River RA	Red Bank, N.J.	Vesper BC	Philadelphia, Ill.
Ecorse BC	Ecorse, Mich.	Norwalk River RC	Norwalk, Conn.	Viking RC	Ventnor City, N.J.
Espana RC	Mexico City	New Hills RC	Allison Park, Penn.	Victoria City RC	Victoria, B.C.
Empire State RA	New Rochelle, N.Y.	New Orleans RC	New Orleans	Victoria, U. of	Victoria, B.C.
Exeter BC	Exeter, N.H.	Niskayama HS	Alpaus, N.Y.	Vancouver RC	Vancouver, B.C.
Erie Canal RC	Schneckady			Villanova U.	Ambler, Penn.
Everett RA	Everett, Wash.	Orlando RC	Winter Park, Florida	Virginia RC	Hampton, Va.
Eagle BC	Victoria, B.C.	Oneida RC	Burlington, N.J.	Vassar RC	Hyde Park, N.Y.
		Ottawa RC	Ottawa, Ontario		
Fairmount RA	Philadelphia, Ill.	Ohio Valley RC	Ohio Valley, W.V.	Western Ontario, U. of	London, Ontario
Frederick RC	Fredericton, NB	Old Dominion BC	Alexandria, Va.	Windsor Crew	Windsor, Ontario
Florida AC	Winter Park, Florida	Oakland Stokes	Lafayette, Cal.	Winnipeg RC	Winnipeg, Man.
Fordham RA	Bronx, N.Y.	Occoquan BC	Springfield, W.V.	West Side RC	Buffalo, N.Y.
Flats RC	Cleveland, Ohio	Osprey RC	Columbus, Ohio	Woodstock RC	Woodstock, Ontario
Flint RC	Flint, Mich.	Ottawa Valley RC	Providence, Ri.	Wichita RA	Wichita, Kansas
Fremont RC	Fremont, Cal.		Renfrew, Ont.	Wyandotte BC	Wyandotte, Mich.
				Worcester RC	Worcester, Mass.
Green Lake Crew	Seattle, Wash.	Portland RC	Portland, Ore.	Wilmington RC	Hockessin, Del.
Golden Bear RC	Berkeley, Cal.	Peterborough RC	Peterborough, Ont.	Woodlands RC	Woodlands, Texas
Grand Valley Crew	Allendale, Mich.	Palm Beach RA	West Palm Beach, Fla.	Wide Load BC	Falmouth, Maine
Greater Columbus RC	Columbus, Ohio	Penn AC	Philadelphia	Western Reserve U.	Cleveland, Ohio
Georgian Bay RC	Midland, Ont.	Pinawa RC	Pinawa, Man.	Weslyan Univ.	New Haven, Conn.
Genesee RC	Rochester, N.Y.	Placentia RC	Placentia, Nfld.		
Grand Rapids RC	Grand Rapids, Mich.	Potomac BC	Washington, D.C.	Yankee RC	Amherst, Mass.
		Philadelphia Girls RC	Philadelphia, Ill.	Yale Crew	New Haven, Conn.
Harvard BC	Cambridge, Mass.			Zlac RC	San Diego, Cal.
Harlan BC	Toronto, Ontario				

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Beating out six other contenders is the Inter. Men's Eight team of Ed Golding, Matt Noordsig-Jones, Miles Clark, Colin Dicke, Alan Gewele, Brian Baver, Ken Price, Ira Simpson and Zach Gutt from Wisconsin Development who won in a time of 5:42.2.

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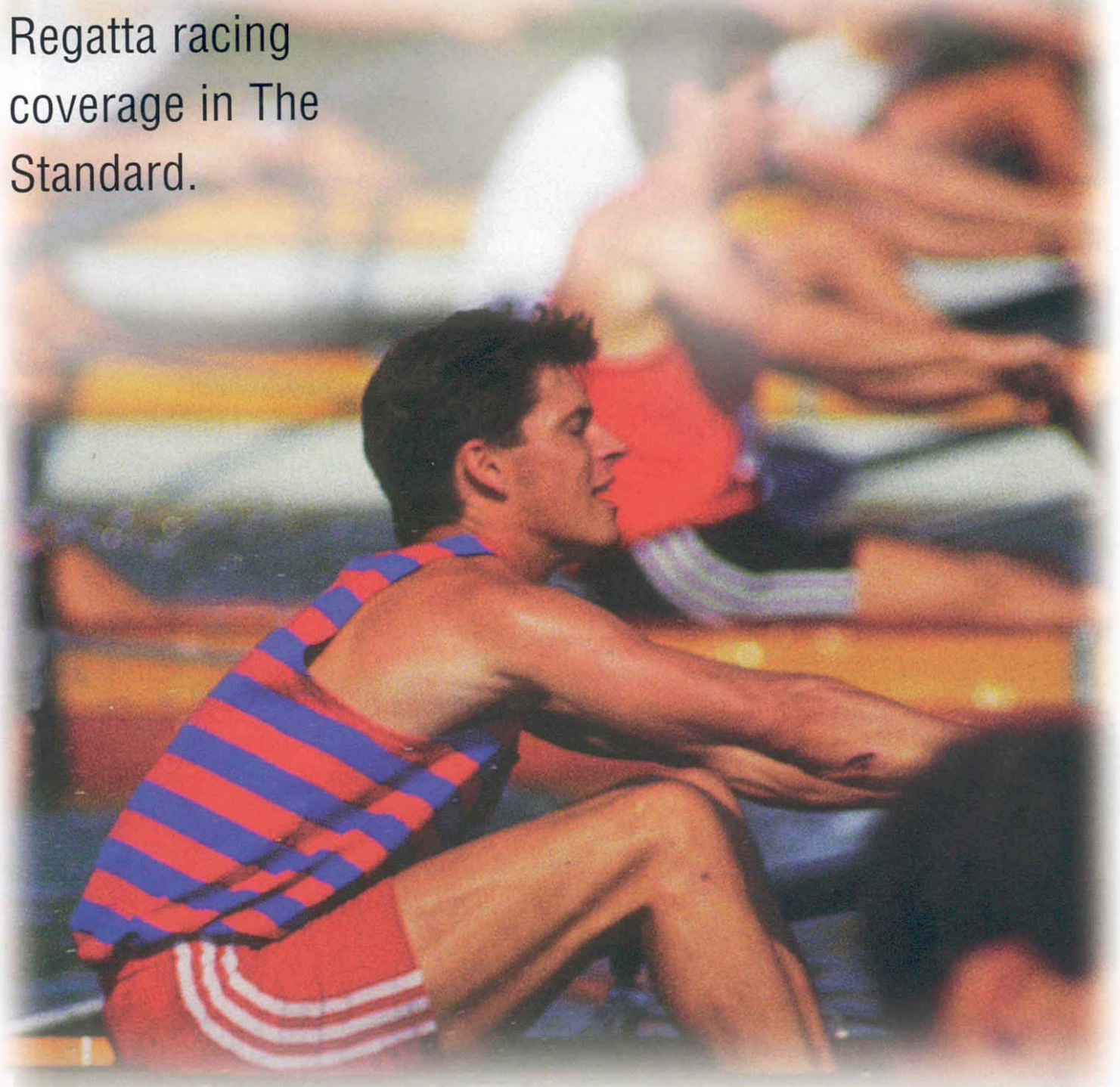
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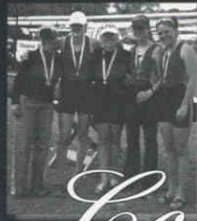
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Brentwood - Gold, Silver

Brockville - Gold, Gold, Gold, Silver

Nicholson - Gold, Silver

Parkland - Silver, Silver

Ridley - Bronze

Shawnigan Lake - Silver

St. Mary's - Bronze



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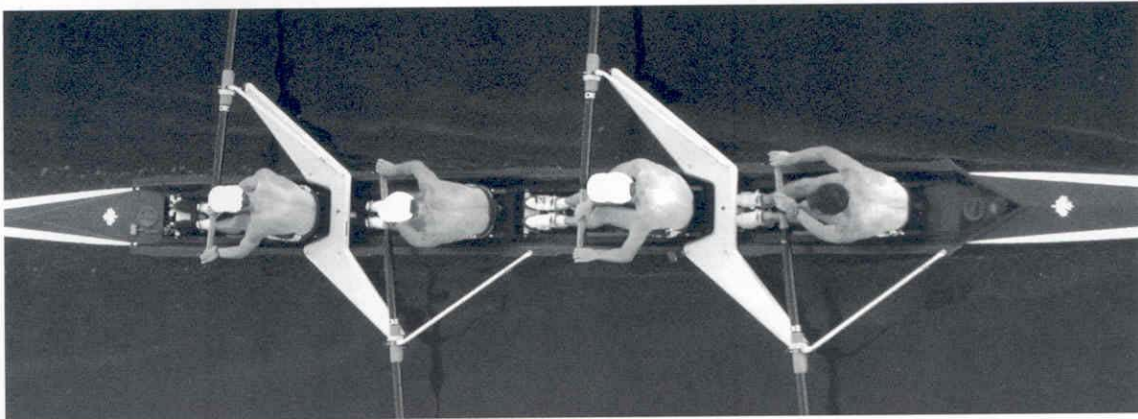
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Lightweight Men's Four, European Tour 2000. Photo courtesy Dr. Volker Nolte.

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Keira Shumuck, Sarah Goring, Joanna MacArthur, Karen Clark, Alia Zawacki, Aly Leith, Pam Elliott, Rachelle DeJong and Carolyn Rudden of the University of Victoria hold the Brock University Trophy for their 1st place win in the Inter. Women Eight.

2000 Henley Regatta Trophies

Senior Lwt. Men Four Coxless

Fred Carter Memorial Trophy

Donated by friends in appreciation of his long service to the C.A.A.O. as treasurer.

Senior Women Pair

Henley Island Helpers Prestige Trophy

Donated by by the 'Henley Island Helpers'

Senior Men Double

Hop Bitters Trophy

Donated by a patent medicine company.

Senior Lwt. Women Eight

People of Port Dalhousie Trophy

Donated by friends of rowing from Port Dalhousie.

Senior 'B' Women Eight

Geoffrey Taylor Trophy

Junior Men Quad

W. Burgoyne Memorial Trophy

Donated by the family to honour his devotion and commitment to rowing.

Champion Men Single

George Frederick Galt Trophy

Senior Lwt. Men Single

Claude (Sandy) Saunders Trophy

Donated by Winnipeg R.C.

Junior "B" Men Four Cox

The Herb Gray Trophy

Donated by the St. Catharines World Rowing Commission in recognition of the Honourable Deputy Prime Minister, Herb Gray, for his help in the refurbishing of the Henley course. The trophy was designed and built by Perry Walkulich.



The 1999 winners in the Inter. Women Cox Four came to Henley from the Dresden R.C. They are Heather Wakely, Francesca Beaudoin, Kristine Bartgis, Vanessa Tavelero and Laura Simon.

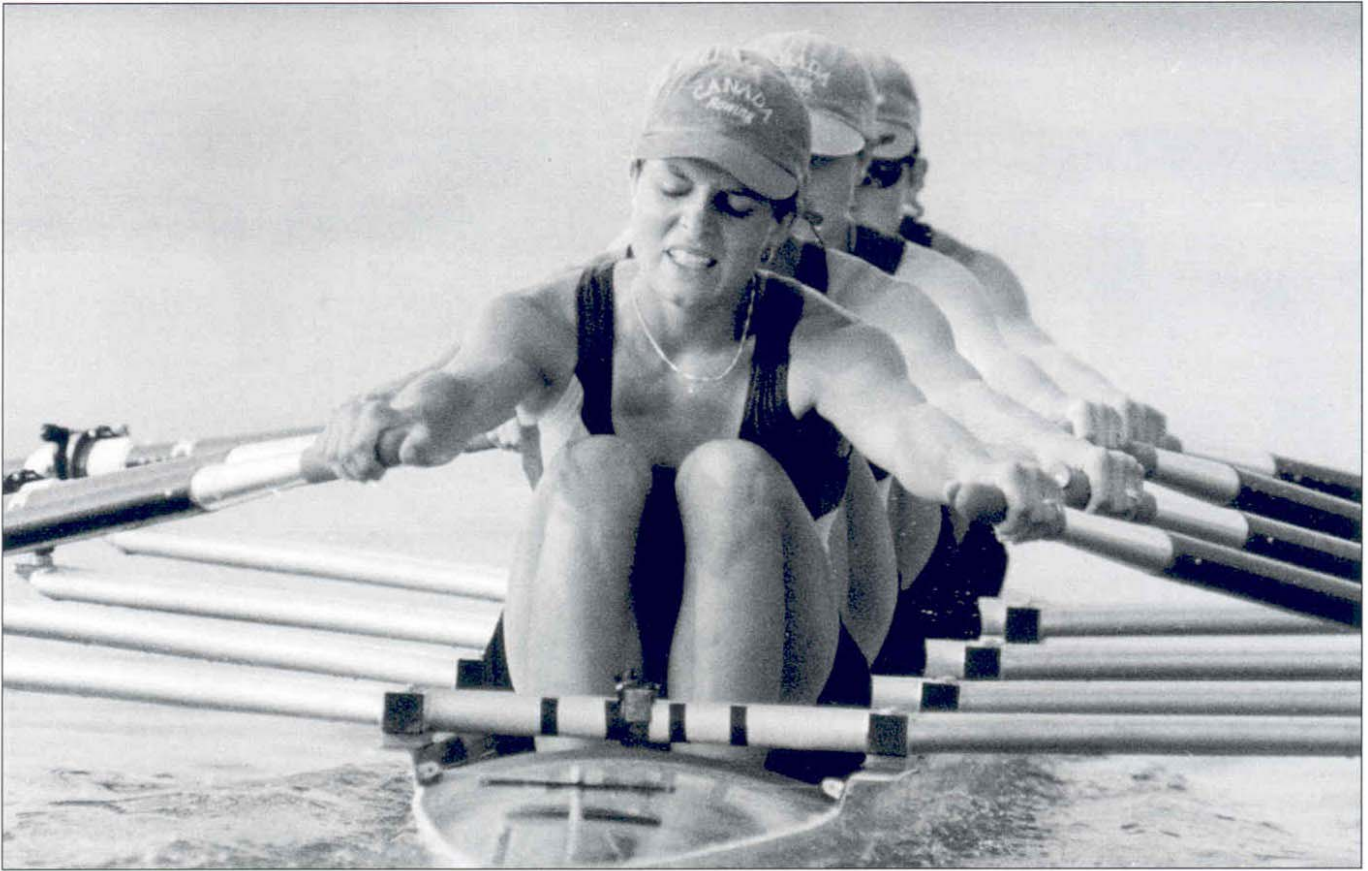
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A repeat from the 1998 Henley, the Ridley Grad B.C. team of Tony Biernacki, Tim Prince, Brian Elliott and Dracey Treshan in the Sr. Men's Quad. Their time of 6:27.02 won them the Charles Adams Trophy.



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- Donated \$1,000 toward lightweight rowing
- Donated \$1,500 towards Youth Rowing
- Helped equip the St. Catharines Rowing Alumni Clubhouse
- Donated \$500 to Buffalo West Side Building Fund
- Donated 7 Trophies and Keeper Trophies
- Donated Rowing Shell Trailer
- Donated to "Catch" Magazine
- Donated to Tony Zasada Memorial \$100.00
- Paid for the cost of re-wiring the Shell House
- Donated \$1,000 towards the purchase of maintenance equipment
- Donated \$2,000 towards the building of a Switchboard Room for C.H.R.C.
- Given \$2,000 towards the purchase of Sweep Oars
- Donated \$10,000 towards Bridge Fund
- Donated \$100.00 to Kristen French Bursery Fund
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 Senior Women's Single Henley Island Helpers "Lady Henley" Trophy
 Senior Women's Eight Henley Island Helpers President's Trophy
 Senior LWT. Women's Four ... Henley Island Helpers 30th Anniversary Trophy
 Senior Women's Quad Margaret Gare Trophy

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Anna VanLeech Potter and Marian Taylor from the Wyandotte B.C., hold the Fred Loek Trophy as the winners in the Sr. Lwt. Women Double in a time of 7:57.6.



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The Don Thom Trophy was won by the New York A.C. team of Austen Earl, John Watling, Chris Farrington, Willie Newell, Will Fisher, Dan DeBonis, Jim Murphy, Alan Walker and Vince Puma in the Men's 500 Metre Dash Eights.

Senior Lwt. Men Quad

T. Edison Lane Memorial Trophy

Senior Men Single

Jack Guest Memorial Trophy

Jack was a 'Diamond Sculls' winner, also rowed in the Olympic Games. President of many rowing organizations including C.A.A.O. Donated by the Don R.C.

Senior 'B' Lwt. Men Eight

Florence Saunders Trophy

Donated by the family

Senior 'B' Men Eight

Wyandotte Trophy

Donated by the Wyandotte Rowing Club in honour of their many wins at the Henley.

Senior Women Quad

Margaret Gare Trophy

Championship Women Quad

Brock University Trophy

Donated by Brock University in honour of their crews who have won this event at the 'Henley Regatta'

Senior 'B' Men Quad

Charles Hooper Memorial Trophy

Donated by the West Side Rowing Club in honour of Charles who was a faithful and tireless worker on behalf of rowing.

Men 500 Metre Dash Open Single

Murphy Bros, Trophy

Donated by the Murphy Family
The family has a long tradition in supporting rowing.

Men 500 Metre Dash Open Eight

Don Thom Trophy

Donated by the St. Catharines Rowing Club in appreciation for his dedicated support of rowing.

Women 500 Metre Dash Open Single

Marie~Lyne Rochon Memorial Trophy

Donated by friends in memory of a dedicated oarsperson.

Men Lwt. Dash Eight

Ralph Gifford Trophy

Donated by the Brockville Rowing Club in appreciation for his service in coaching.

Men Lwt. 500 Metre Dash

Cornelius Memorial Trophy

Senior 'B' Women Pair

Sandy Greenhill Memorial Trophy

Donated by the family to honour a successful oarsman

Senior 'B' Men Single

W.C. 'Bill' Crawford Memorial Trophy

In honour of Bill who worked diligently for rowing. Also past President of C.A.A.O.

Junior Women Four Cox

Kristen French Trophy

Donated by friends to honour the memory of an excellent oarsperson.

Senior Women Four Coxless

Eddie Durnan Trophy

Donated by the Don Rowing Club in honour to a famous Don sculler.

Senior Men Four Coxless

Maurice Carroll Trophy

In appreciation for his support of rowing.

Senior Lwt. Women Four Coxless

H.I.H. 39th Anniversary Trophy

Donated by the 'Henley Island Helpers'

Senior Lwt. Men Pair

J.L. Murray Memorial Trophy

In appreciation for the long and faithful service as secretary of the C.A.A.O.

Women 500 Metre Dash Lwt. Single

John Dorr Trophy

Senior Lwt. Men Double

Stu Fleming Memorial Trophy

Senior Lwt. Women Single

Sandy Kirby Trophy

Senior Women Single

Lady Henley Trophy

Donated by the Henley Island Helpers

Senior 'B' Men Four Coxless

Rodger Sellars Trophy

Donated by family and friends for his devotion to the sport of rowing as executive director of the C.A.A.O

Senior Men Pair

William Hamilton Merritt Trophy

500 Metre Dash Lwt. Women Eight

Wendy Wiebe Trophy

In honour of St. Catharines native, Wendy Wiebe, and her achievements in rowing at the international level.

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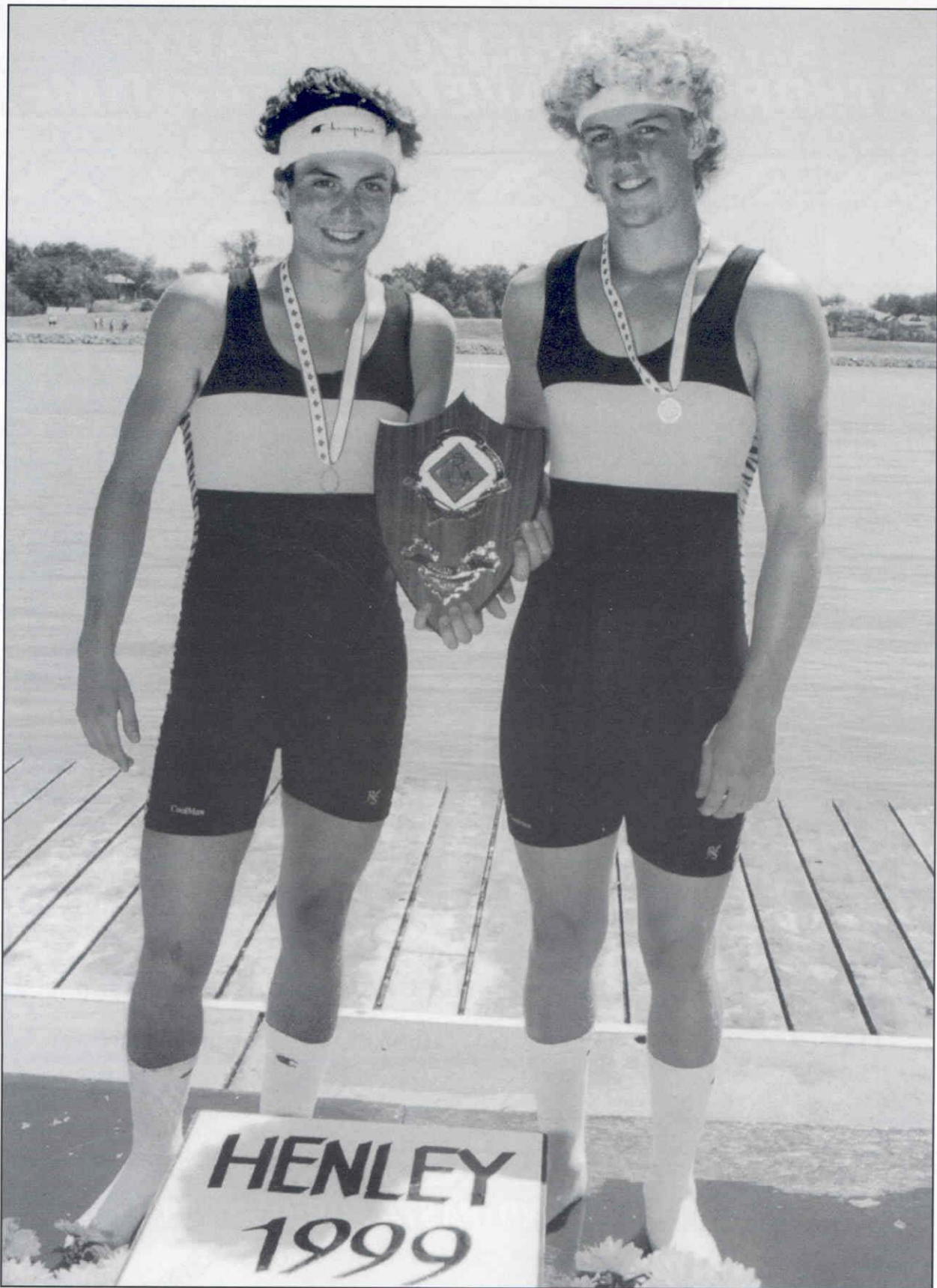
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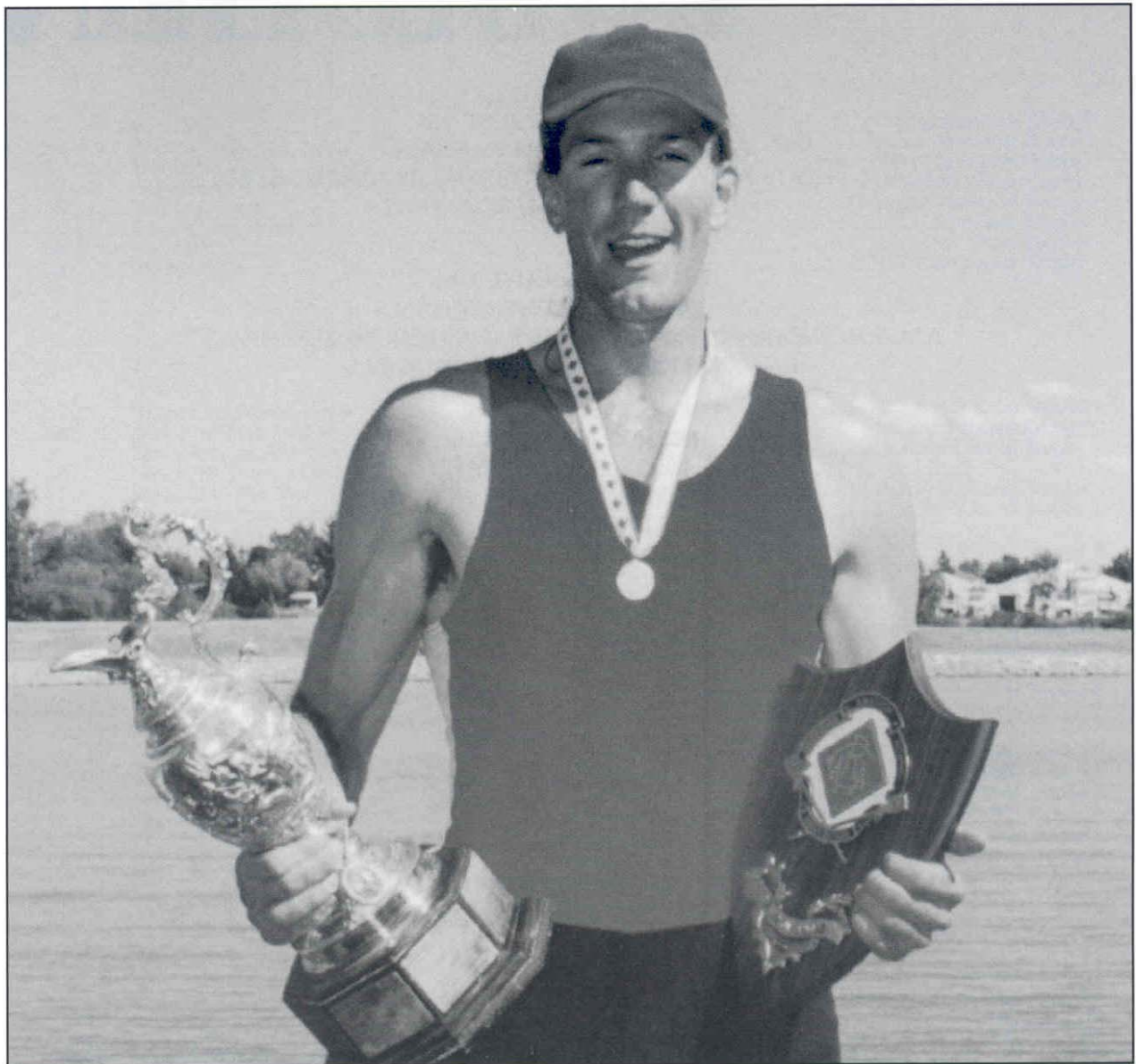
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LOWER GROUP PACKAGE - AT ALL LOCATIONS



(Dead Heat) Brockville R.C. / Shawingan Lake

A real rarity in rowing, the Jr. Men's Pair ended in a dead heat with the teams from Brockville R.C. and Shawingan Lake. Winning teams were Dave Bowen & Dan O'Shaughnessy of Brockville RC , and Matt Cooper & Sam Maitland of Shawingan Lake (shown here).



Rowing for the Calgary R.C. in the Championship single, is victor Brian Siesert. His win placed his name on the George Frederick Galt Trophy he is holding.



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WEDNESDAY, AUGUST 9th

A.M. - HEATS FOR FRIDAY FINALS

A.M./P.M. - HEATS FOR SATURDAY EVENTS THAT REQUIRE SEMI FINALS

P.M. - SEMI FINALS FOR FRIDAY FINALS

THURSDAY, AUGUST 10th

A.M. - HEATS FOR SATURDAY FINALS

A.M./P.M. - HEATS FOR SUNDAY EVENTS THAT REQUIRE SEMI FINALS

P.M. - SEMI FINALS FOR SATURDAY FINALS

FRIDAY, AUGUST 11th

A.M. - HEATS FOR SUNDAY FINALS

A.M./P.M. - SEMI FINALS FOR SUNDAY FINALS

P.M. - HEATS FOR DASHES / FRIDAY FINAL EVENTS

1Senior "B" Men Single	W.C. (Bill) Crawford Memorial Trophy
2Junior Women Double
3Senior "B" Women EightGeoffrey Taylor Trophy
4Senior Lwt. Women Quad
5Senior Men PairWilliam Hamilton Merritt Trophy
6Senior "B" Lwt. Men Four CoxlessPaddy Cline Trophy
7Senior "B" Women SingleJim McMullen Trophy
8Junior Men Four CoxAl Ward Memorial Trophy
9Junior "B" Women SingleHarvey Hutchenson Trophy
10Senior Lwt. Men QuadT. Edison Lane Memorial Trophy
11Junior Women Four CoxKristen French Memorial Trophy
12Senior Women PairHenley Island Helpers Prestige Trophy
13Junior Men Double
14Senior "B" Lwt. Women Four Coxless
15Senior "B" Men EightWyandotte Trophy

SATURDAY, AUGUST 12th

A.M./P.M. - SATURDAY FINAL EVENTS

16Junior Men Pair
17Senior "B" Women Quad
18Senior "B" Women PairSandy Greenhill Memorial Trophy
19Senior "B" Lwt. Men SingleTheo Dubois Trophy
20Senior Men DoubleHop Bitters Trophy
21Senior Lwt. Women DoubleFred Loek Trophy
22Senior Lwt. Men EightJoseph Wright Memorial Trophy
23Junior "B" Men Four CoxHerb Gray Trophy
24Junior "B" Women Quad
25Junior Women Pair
26Senior Men 140 lb. SingleR. G. 'Bob' Dibble Memorial Trophy
27Senior "B" Men QuadCharles Hooper Memorial Trophy
28Senior Women DoubleThe Henley Trophy
29Senior "B" Men PairBennett-Hogan Trophy
30Senior "B" Lwt. Women Single
31Senior Lwt. Men DoubleStu Fleming Trophy
32Senior Lwt. Women EightPeople of Port Dalhousie Trophy
33Senior Men 140 lb. EightMichael J. Broderick Memorial Trophy
34Senior Women 115 lb. Four CoxRhonda Henning Memorial Trophy
35Junior Women SingleAlex Wilson Trophy
36Senior Lwt. Men Four CoxlessFred Carter Memorial Trophy
37Senior "B" Lwt. Women Four CoxTed Johnson Trophy
38Junior Men SingleTony Navotney Memorial Trophy
39Senior "B" Lwt. Women Pair
40Senior Men 140 lb. Four CoxF.F. (Ted) Nelson Trophy
41Senior Men SingleJack Guest Memorial Trophy
42Senior Women SingleLady Henley Trophy
43Senior "B" Lwt. Men QuadKen Stewart Trophy
44Senior "B" Lwt. Men Pair
45Senior Lwt. Women Four CoxlessH.I.H. 39 th Anniversary Trophy
46Junior "B" Women Four Cox
47Senior Men EightNed Hanlan Memorial Trophy
48Senior Women EightH.I.H. Presidents Cup

For exact race times refer to the daily event schedule.

Y PROGRAM

DASH FINALS

49	Men Single	Murphy Brothers Trophy
50	Women Single	Marie-Lyne Rochon Memorial Trophy
51	Men Lwt. Eight	Ralph Gifford Memorial Trophy
52	Women Lwt. Eight	Wendy Wiebe Trophy
53	Men Lwt. Single	Cornelius Memorial Trophy
54	Women Lwt. Single	John Dorr Trophy
55	Men Eight	Don Thom Trophy
56	Women Eight	Bell Canada Trophy

SUNDAY, AUGUST 13th

A.M. - MASTER EVENTS / P.M. - FINAL EVENTS

CLAUDE (SANDY) SAUNDERS DAY

57	Senior Lwt. Women Single	Sandy Kirby Trophy
58	Senior "B" Men Double	Fry and Thoburn Trophy
59	Senior Women Four Coxless	Eddie Durnan Trophy
60	Senior "B" Women Double	
61	Senior Lwt. Men Pair	J.L. Murray Memorial Trophy
62	Senior Men Four Coxless	Maurice Carroll Trophy
63	Junior Men Eight	Alumni Trophy
64	Senior Lwt. Women Pair	Cookson Trophy
65	Senior Women Quad	Margaret Gare Trophy
66	Senior Lwt. Men Single	Claude (Sandy) Saunders Trophy
67	Junior "B" Men Double	
68	Senior "B" Men Four Coxless	Rodger Sellars Trophy
69	Senior "B" Lwt. Men Eight	Florence Saunders Trophy
70	Senior "B" Lwt. Women Double	
71	Senior "B" Women Four Coxless	Nelles Stacey Memorial Trophy
72	Junior "B" Women Double	
73	Senior Men Quad	Charles Adams Trophy
74	Senior "B" Lwt. Men Double	Thomas Croston Trophy
75	Junior Women Eight	Potomac Boat Trophy
76	Senior "B" Lwt. Women Eight	Arthur Sims Memorial Trophy
77	Championship Men Single	George Frederick Galt Trophy
78	Championship Women Single	A.G. Muir Challenge Cup
79	Junior Men Quad	W. Burgoyne Memorial Trophy
80	Junior Women Quad	Thomas G. Gannon Memorial Trophy
81	Championship Women Eight	Brock University Trophy
82	Championship Men Eight	

MASTERS EVENTS

Sunday morning at the 118th Royal Canadian Henley Regatta is devoted to Masters Events. The racing is scheduled to run from 7:30 a.m. to 12:30 p.m. over 1,000 metres.. The extent of the program will depend on the number of entries logged.

MASTERS are allowed in Two Events Only. Masters must be at least 27 years of age. He/she is not a member of a National Team or the National Squad. He/she is not competing in any event not reserved for Masters at the same Regatta. Entry form must state birthday and category, or the entry will not be drawn. Composite crews allowed in Masters events.

Masters Categories

A - 27 years and over; B - 36 years and over; C - 43 years and over; D - 50 years and over;
E - 55 years and over; F - 60 years and over; G - 65 years and over; H - 70 years and over

CATEGORY

No. 1W - "A" - Women Four Cox
No. 2M - "B" - Men Double
No. 3W - "B" - Women Double
No. 4M - "G" - Men Single
No. 5M - "D" - Men Four Cox
No. 6W - "C-H" - Women Single
No. 7M - "C" - Men Single
No. 8M - "E-H" - Men Double
No. 9W - "C-H" - Women Four Cox

CATEGORY

No. 10M - "A" - Men Single
No. 11W - "A" - Women Single
No. 12M - "D" - Men Double
No. 13M - "B" - Men Four Cox
No. 14W - "B" - Women Four Cox
No. 15M - "A" - Men Double
No. 16W - "A" - Women Double
No. 17M - "D" - Men Single
No. 18M - "F" - Men Single

CATEGORY

No. 19M - "E-H" - Men Four Cox
No. 20M - "C-H" - Women Double
No. 21M - "B" - Men Single
No. 22M - "H" - Men Single
No. 23M - "C" - Men Four Cox
No. 24M - "E" - Men Single
No. 25M - "C" - Men Double
No. 26W - "B" - Women Single
No. 27M - "A" - Men Four Cox

For exact race times refer to the daily event schedule.

THANK YOU!

Over the past few years a large group of dedicated people committed their resources to restore this rowing course to top international standards. The success of their efforts was apparent last year as St. Catharines hosted the 1999 FISA World Rowing Championships. The ultimate goal, though, was to continue the rich heritage of over a century of rowing at this site. Rowing thanks you for your support this year, and for many decades of great racing in the future.

- | | | | | | | | | |
|---|----------------------------------|--------------------------------|----------------------------------|---------------------------------------|---------------------------------------|---|----------------------------------|------------------------------------|
| 2M Architects | Government of Canada | Diana Cunningham | Jan Galloway | Doug Jaggs | Daryl MacDonald | Newman Metal Processing | RBC Dominion Securities | St. Catharines Recreational Rowing |
| Albert's Restaurant | Casa Mia Restaurant | Dalton Renovation Construction | Mark Galloway & Sarah Murray | Cec James | Ian Macmillan | Newman Steel | Regional Municipality of Niagara | St. Catharines Rowing Alumni |
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Pulling together to bring the world back to Niagara

1999 Henley Regatta Champions

THURSDAY, JULY 29TH, 1999

1	7:48.5	Open 115lb Women Four Cox	Wyandotte B.C.
2	7:33.8	Intermediate Women Single	Western R.C.
3	6:38.6	Intermediate Men 155lb Pair	St. Catharines R.C.
4	6:56.8	Intermediate Men 155lb Single	Union B.C.
5	7:15.3	Intermediate Women Pair	Univ. Victoria
6	7:42.4	Intermediate Lwt. Women Single	Riverside B.C.
7	6:12.0	Intermediate Men Four Cox	New York A.C.
8	7:08.2	Open Men 145lb Single	Raleigh R.C.
9	7:02.9	Intermediate Lwt. Women Four Coxless	St. Catharines R.C.
10	6:51.5	Intermediate Men Single	Austin R.C.
11	5:56.1	Intermediate Men 140lb Eight	West Side R.C.
12	7:33.9	Intermediate Lwt. Women Pair	Ottawa R.C.
13	6:22.2	Intermediate Men 155lb Four Cox	New York A.C.
14	6:42.9	Intermediate Lwt. Women Quad	Argonaut R.C.
15	6:40.0	Intermediate Women Four Coxless	St. Catharines R.C.

FRIDAY, JULY 30th, 1999

16	6:17.3	Junior Men Quad	Buenos Aires
17	8:24.5	Intermediate Lwt. Women Four Cox	Camp Randall R.C.
18	7:14.2	Intermediate Women Double	Occoquan B.C.
19	6:45.0	Intermediate Men Pair	Univ. Washington
20	6:31.1	Intermediate 155lb Double Men	WPI
21	7:03.6	Intermediate Women Four Cox	Dresden R.C.
22	7:15.6	Intermediate Lwt. Women Double	Ridley Grad B.C.
23	6:13.0	Intermediate Men 155lb Four Coxless	Riverside B.C.
24	6:51.0	Junior Women Quad	Montreal R.C.
25	6:32.7	Intermediate Men 140lb Four Cox	West Side R.C.
26	6:12.9	Intermediate Men Four Coxless	New York A.C.
27	6:30.8	Intermediate Men Double	Austin R.C.
28	6:30.0	Intermediate Women Quad	Univ. Victoria
29	6:27.8	Intermediate Lwt. Women Eight	Riverside B.C.
30	6:02.8	Intermediate Men 155lb Quad	Union B.C.

SATURDAY, JULY 31ST, 1999

31	7:24.7	Junior Men Single	Ridley Grad B.C.
32	8:08.7	Junior Women Single	St. Catharines R.C.
33	6:39.6	Junior Women Eight	Cincinnati Jr. Div.
34	6:50.2	Junior Men Pair	Brockville/Shawinig(tie)
35	5:58.8	Senior Men 140lb Eight	West Side R.C.
36	5:55.4	Senior Men 155lb Quad	Undine Barge
37	6:52.4	Association Single	Penn A.C.
38	5:44.5	Intermediate Men 155lb Eight	Riverside B.C.
39	7:36.0	Junior Women Pair	Victoria City R.C.
40	5:42.2	Intermediate Men Eight	Wisconsin Development
41	6:36.9	Senior Women Quad	New York A.C.
42	6:27.96	Intermediate Women Eight	Univ. Victoria
43	6:05.1	Intermediate Men Quad	Montreal R.C.
44	1:55.1	500 Metre Dash Men Single Open	Austin R.C.
45	1:20.2	500 Metre Dash Men Eight	New York A.C.
46	1:40.7	500 Metre Dash Men 145lb Single	Malta B.C.

47	1:30.9	500 Metre Dash Women Eight	Univ. Victoria
48	1:48.9	500 Metre Dash Women Single	Montreal R.C.
49	1:18.1	500 Metre Dash Lwt. Men Eight	New York A.C.
50	1:38.1	500 Metre Dash Men 155lb Single	Boucherville R.C.
51		500 Metre Dash Lwt. Women Eight	Don R.C.
52	6:46.3	Junior Men Four Coxless	St. Catharines R.C.
53	7:56.7	Senior 'B' Women Pair	Don R.C.
54	8:50.6	Senior 'B' Women Single	Regina R.C.
55	7:06.1	Junior Men Double	Buenos Aires
56	7:35.2	Senior 'B' Men Single	Dresden R.C.
57	7:58.8	Junior Women Double	Ridley Grad B.C.
58	7:01.0	Senior 'B' Men Pair	Univ. Victoria
59	7:28.6	Senior 'B' Women Four Coxless	Brock Univ.
60	6:12.0	Junior Men Eight	Thompson's B.C.
61	7:15.1	Senior 'B' Women Quad	Calgary R.C.
62	7:29.8	Junior Women Four Coxless	Brockville R.C.
63	6:52.3	Elite Men Double	Undine Barge
64	NOT RACED		Elite Women Four
65	NOT RACED		Elite Men Four
66	NOT RACED		Elite Women Double

SUNDAY, AUGUST 1st, 1999

67	7:51.3	Elite Women Single	New Zealand R.A.
68	6:56.7	Senior 'B' Men Double	Ridley Grad B.C.
69	7:11.2	Senior Women Four Coxless	Western/Brock U.(tie)
70	6:29.2	Senior Men Four Coxless	Univ. Victoria
71	7:17.4	Senior Lwt. Women Four Coxless	Don R.C.
72	7:00.5	Senior Men 155lb Pair	Vesper B.C.
73	7:46.3	Senior Men 135lb Single	Malta B.C.
74	6:47.2	Senior Men 155lb Double	Undine Barge
75	8:02.2	Senior Lwt. Women Single	Potomac B.C.
76	7:32.9	Senior Men 140lb Pair	South Niagara R.C.
77	8:14.0	Senior Women Single	Occoquan B.C.
78	6:41.3	Senior 'B' Men Four Coxless	St. Catharines R.C.
79	7:45.8	Senior 'B' Women Double	Don R.C.
80	6:55.2	Senior Men Pair	Univ. Buffalo
81	7:17.0	Senior Men 140lb Double	Don R.C.
82	6:27.3	Senior Men 155lb Four Coxless	Brock Univ.
83	7:58.4	Senior Women Pair	Western(New Zealand R.A. - exhibition only)
84	6:58.5	Senior 'B' Men Quad	Univ. Victoria
85	6:51.0	Senior Men Double	Calgary R.C.
86	6:59.2	Senior Lwt. Women Eight	Don R.C.
87	6:51.2	Senior 'B' Women Eight	Golden Bear R.C.
88	7:57.6	Senior Lwt. Women Double	Wyandott B.C.
89	6:46.5	Senior Men Four Cox	New York A.C.
90	7:32.8	Champion Single Men	Calgary R.C.
91	7:45.2	Senior Men 155lb Single	Don R.C.
92	7:50.7	Senior Women Double	Union B.C.
93	6:04.7	Senior Men 155lb Eight	New York A.C.
94	7:57.2	Senior Lwt. Women Four Cox	Don R.C.
95	6:16.0	Senior 'B' Men Eight	Penn A.C.
96	6:27.0	Senior Men Quad	Ridley Grad B.C.
97	6:53.5	Senior Women Eight	Western (New Zealand R.A. - exhibition only)
98	7:09.8	Elite Men Eight	New Zealand R.A.
99	6:00.8	Senior Men Eight	New York A.C.



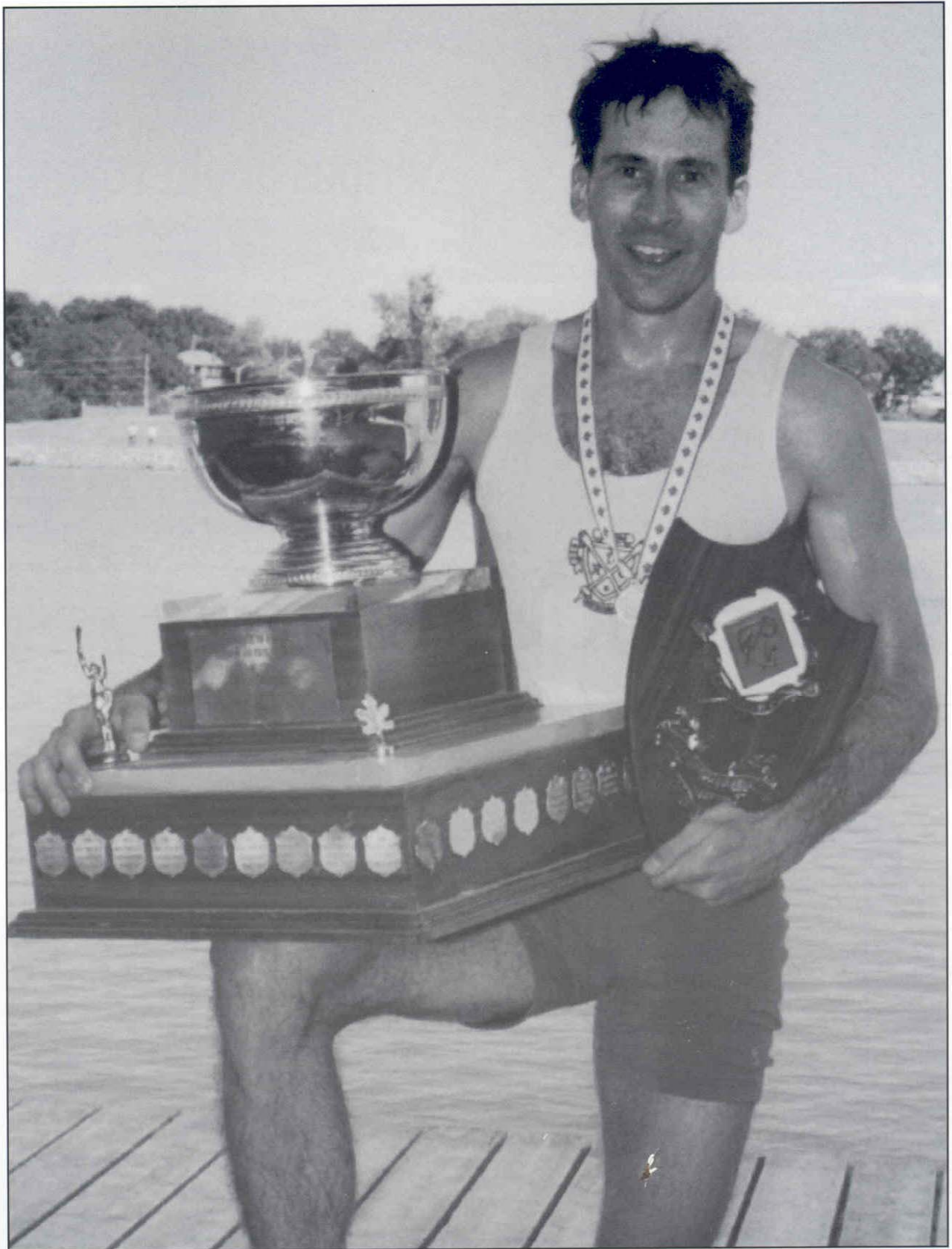
University of Victoria team, Sarah Nichols, Sarah Catt, Jen Heard, Christa Heard, Veronica Soron, Sarah Goring, Keira Shumuck, Kristine Johns, and Wes Hyde repeated their 1998 Henley win in the Women's 500 Meter Dash with a time 1:30.9.

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Greg Davidson, from the Don R.C., proudly holds the Claude (Sandy) Saunders Trophy for his win in the Sr. 155lb Single in a time of 7:45.24.



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The team from the Argonaut R.C. - Kristann VanRooven, Mara Jones, Anne Hodkin and Jenny Ellis - won the Inter. Women Quad in a time of 6:42.9



Jason Valenstien, Jon Watling, Chris Farrington, Wil Fisher, Dan DeBonis, Jim Murphy, Willie Newell, Alan Walker and Vince Pumma show the Ned Hanlan Memorial Trophy for their win in the Sr. Men's Eight. Their Winning time was 6:00.8.

Glossary of Rowing Terms

Aligner - Official who occupies a spot exactly on the starting line so he can adjust the bows of each shell so they are exactly even. Like the Starter, he has the power to signal a false start.

Are You Ready? - Coxswain's or bowman's command preparing crew for executive order which will follow.

Blade - Flat surface of oar at the end, which is used to propel the boat. Various styles are now used, with the present hatchet shape (called cleaver by some), which also comes in a slight variation - the smoothie, as it is smoother and has a slight lip on the top edge. Previously used was the macon, or symmetrical blade. 2) Also called the spoon.

Catch - That point in the stroke cycle at which the blade enters the water.

Check - Amount of interruption of forward movement of the shell which commonly occurs at the catch and sometimes at the release. Can be seen as the shell pitches forward and back during the stroke. 2) It is also a split in the thin wooden skin of the shell.

Course - A recognized waterway upon which rowing races are held. A crew is also said to have rowed a "course" when it rows over the usual race distance in training.

Cox Four - A shell in which four people row, each rowing with a single sweep oar. A coxswain steers the boat and calls the stroke rate and race plan, just as in an eight.

Cox Pair - A shell rowed by two, each using a single sweep oar. The coxswain steers the craft and calls the stroke. The cox may either be sitting in the stern or lying down on his back in the bow.

Coxswain - (Nicknamed Coxie) Member of crew who sits in a stationary seat at the stern, facing forward, or lies in the bow. He is primarily charged with steering and aids in carrying out the strategy of race, including gauging positions of competing crews. Usually selected for their small size and savvy. Coxswains of male crews must weigh 121 lbs, and coxies of female crews must weigh 110 lbs. They must weigh in each day and carry extra weights in the boat to be "at weight".

Crab - Upsetting action caused by turning of oar blade in water so that release is either forced or impossible to make. Some crabs result in an oarsman being thrown out of the shell.

Dash - A 500 metre race, usually for eight-oared crews or singles.

Deck - Sections of a shell at bow and stern, covered usually by varnished silk or nylon (or hard fiberglass materials). Bow Deck extends about 12 feet back from the bow to the washboard; Stern Deck extends from the back of coxswain's seat to the rudder post or stern.

Blade Work - Action of blade during stroke, encompassing such techniques as "catch", "feathering", etc., used to describe manner in which oarsman handles his oar.

Body Angle - Amount, at catch or release, or forward or backward lean of oarsman's body from the hips.

Bow - Forward section of shell

Breakage - Damage to equipment. Breakage during the first 20 seconds or 100 metres of a race is grounds for referee recalling all shells and restarting the race.

CARA - See RCA

Concept II - An oar manufacturer located in Morrisville, Vermont, whose oars are used by a majority of rowers throughout the world. Concept II also designed the indoor Rowing Machine, or Ergometer as known by rowers, which is used for training and competitions by rowers and fitness fanatics around the world.

Coxless Four - A shell in which four oarsmen row, each using a single sweep oar. The person in bow usually steers the rudder by use of a tiller wire attached to the toe of one shoe.

Dirigo - Shells built by an American boat builder located in Biddeford, Maine, usually coloured yellow.

Double - A shell in which two scullers row, each using a pair of oars or sculls.

Easy All - The coxswain or bowman's command to his oarsmen to stop rowing.

Eights - Colloquial term used to indicate eight-oared shells, which contain eight rowers and one coxswain. The largest sweep-oared crew, as compared to "fours" or "pairs".

Empacher - A shell manufactured by Empacher, a German boat-building firm, always colored yellow.

False Start - Called when a boat starts before the official command, or when a boat is late to the start. A crew is allowed one false start and is disqualified upon a second.

Feathering - Action of turning oar blade parallel to the surface of the water during the recovery; used to cut down on wind resistance and aid in releasing from the water.

Finish - As part of stroke cycle, the last part of the drive before the release; 2) another name for the release itself; 3) when bow of shell reaches the finish line; 4) sprint or manner in which rows the final portion of race.

FISA - Federation International des Societes d'Aviron or the International Rowing Federation, the governing body of world amateur rowing. Denis Oswald of Switzerland, is the FISA president.

Footstop - The shoe assembly into which each crew member laces his feet in a racing shell. For safety purposes, each footstop is required to have a safety release attached to the heels, so that the rower can quickly get out of the shoes in case of emergency.

Gunwale - Top strip along sides of shell to which riggers are secured.

Heats - Elimination races, held to qualify crews or scullers for semi-finals or finals, depending on the number of entries in each event.

Heavyweight - An oarsman or sculler or crew which is too heavy to qualify as a lightweight entry. Usually an individual weighing over 160 lbs for men, or 130 lbs for women, depending on regatta classifications.

Hudson - A shell produced by Hudson Boat Works of London, Ontario.

Intermediate - An oarsman or sculler who has not won at a qualifying regatta (such as Henley, US National Championships or any International Championships).

Italian Rig - A four which has the No. 2 and No. 3 oarsmen rowing on the same side of the boat. Also known as tandem rig.

Judge-Arbitre - A judge-referee holding his FISA or International Federation licence.

Junior - An oarsman or a sculler who does not reach his 19th birthday in the present year.

Kaschper - A shell produced by Kaschper Racing Shells Ltd. of Lucan, Ontario

Keel - Centre line of shell, running from bow to stern along the bottom; in construction, strengthening member to which ribs are attached.

Knifing In - Under squaring blade for catch so that oar goes too deep in the water when power is applied.

Layback - Amount of backward lean of an oarsman's body at the finish of the drive. Most styles of rowing technique used today have little layback, perhaps 10-15°, being completed with the oarsman sitting almost upright.

Length in Water - Term describing arc in water through which blades move on drive - actually, amount of forward motion of shell while blades are anchored in water.

Let Her Run! - The command to stop rowing.

Lightweight - A male oarsman, sculler or crew which weighs 160 lbs or under. At the Canadian Henley weight classes for men include: 135lb, 145lb and 155lb singles; 140lb Rowers must weigh in each day of their racing, from 7-10a.m., being exactly at or below their required weight (as no re-weigh is allowed).

Master Rower - Masters must be at least 27 years of age, with 8 different age categories for men and women. Categories are based on age, with the average age of the crew classifying the category of each crew.

Missing Water - Faulty catch in which oar blade is not anchored properly in the water, resulting in missing part of initial drive.

Oar - Sweep oar approximately 12 feet long, and sculling oar or scull approximately 9 1/2 feet long, usually made of composite materials. Three main parts are Blade (or spoon), Shaft (or loom) and Handle.

Oarlock - U-shaped swivel holding oar on rigger, fulcrum of lever created by oar; it is mounted on "sill" and rotates on upright "pin", with "gate" at top to secure oar in oarlock.

Old Boy - A former oarsman or sculler still active in the sport, either as a coach, an executive or just a fan.

Oarsman or Oarswoman - The correct term for one who rows in a pair, a four or an eight.

Pair - A shell rowed by two athletes, each using a single sweep oar.

Pocock - A racing shell built by Pocock of Seattle, Washington.

Port - Left side of shell, facing forward (from stern forward, stroke, 6, 4, 2)

"Power 10 (or 20)" - Maximum effort by oarsmen for designated number of strokes.

Puddles - Whirlpools left in water by action of oar (see "Spacing").

Quad - A shell with four scullers, each using a pair of oars or sculls.

Race Distance - 2,000 metres (approx. 1 1/4 miles)

Racing Start - First strokes of a race, usually shorter and quicker than those used through body of race.

Rate or Rating - Number of strokes per minute being rowed by crew. This usually varies from 40 to 48 at the start, 32 to 38 in the body and 36 to 44 at the finish.

RCA or CARA - Rowing Canada Aviron (or previously Canadian Amateur Rowing Assn.), the National governing body for amateur rowing in Canada.

"Ready All?" - Preparatory command to get crew ready to row.

Recovery - Part of stroke cycle in which oar is returned to position for the drive (i.e. duration of cycle from release to catch when oars are out of the water), during which the oarsman's seat is moved from the bow end to the stern end of the slide.

Repechage - In international races, the second chance race given those crews which fail to qualify from their opening heat. All the losers are drawn again and the repechage winners move on into the semi-finals or finals.

Rigger - Metal frame extending oarlock out from the side of boat to maintain constant distance (usually 32 to 35 in.) of oarlock from centre line of shell. Also now made of composite materials.

Rigging - Adjusting and altering accessories in shell such as outriggers, boot stretchers, tracks, sliding seats, etc, sometimes the accessories themselves.

Rudder - Steering device at stern of shell, often underneath boat next to "fin". Coxswain steers by pulling on ropes attached to the rudder (rudder ropes), or a rower steers by moving his foot which is attached by wires and a swivel device to control the steering. (A single sculler steers without a rudder, but with added length or pressure to one scull, in order to turn the boat.)

Run - Distance a shell is propelled by one stroke cycle; also the smooth run of the shell shown by the flow and smoothness of a crew.

Scull - Rowing using 2 smaller oars or sculls, with sculling boats being singles, doubles or quads. Also the word for the sculling oar. A sculler is one who sculls.

Senior - An oarsman or a sculler who is no longer an intermediate, due to his having won an intermediate race, or having won at Henley, US Nationals or any final at any international championship regatta.

Senior B - Age classification used for racing, for rowers who have not reached the age of 23 in the current year.

Shell - A boat built for racing, with eights usually 60 feet long and 24-26 inches wide at the widest point and weighing approximately 240lbs.

Skying - Faulty recovery or preparation for the catch in which the blade is too high above the water. Usually caused by the oarsman dropping his hands at the catch.

Slide - Tracks along which the sliding seat rolls.

Slide Control - Smoothness of slide movement or speed during the stroke cycle. "Rushing the Slide" is moving the seat too rapidly during the recovery. "Shooting the slide" is failing to keep the seat directly under oarsman during the drive.

Spacing - Distance between successive sets of puddles, which can show boat speed and run. This varies at different stroke rates.

Squaring - Turning of the oar blade perpendicular to the surface of the water in preparation for catch.

Stampfli - A rowing shell and oar manufacturer located in Zurich, Switzerland.

Standard Rig - Rigging of a shell where the stroke oar protrudes from the port side of the shell (or rower's right side) and each oar alternates sides of the boat up the boat to bow.

Starter - The official who starts each race. He is stationed in a tower behind the start and can see when each boat is ready and pointed straight down the race course.

Starting Commands - In international racing official commands used by the starter are "Attention - Go". (Was previously Etes Vous Prets - Partez) In Canadian rowing, a horn is used instead of the "Go". Boats are required to held at the start 2 minutes before their race, or they may be assessed a false start for being late to the start.

Starting Gate - A large steel structure at the starting line from which crews begin their race. Boat holders lie on their stomachs at the end of the boards protruding from the gates and they hold the sterns of the shells to assure an even start.

Stern - Rear of shell.

Stretcher - Cross bracing in the shell to which the shoes are fastened. They are adjustable to suit leg length. Also used to describe the wooden sawhorses upon which shells are placed when not on the storage racks.

Stroke - Oarsman in the farthest seat to the stern (No. 8 in an eight), who leads the crew in stroke rate and technique.

Team - A banned word. NEVER used in describing a crew or boat.

Vespoli - A shell produced by Vespoli U.S.A. of New Haven, Conn., U.S.A.

Washing Out - When oar blade comes out of water during drive - creating surface wash, losing power and unsteady shell.

Weights - The bag of sand or steel weights required to be carried by those coxswains who weigh under the minimum.

Wind - Winds coming from different directions which can affect balance or stability for the boat and can affect the water conditions. Examples: Headwind, Tailwind, Crosswind or Quartering winds.

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Senior 'B' Lwt. Women Quad

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Senior Men Eight

Ned Hanlan Memorial Trophy

Senior Women Eight

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Junior Men Single

Tony Navotney Memorial

In honour of a long time member and sculler with the Don Rowing Club.

Senior Lwt. Women Double

The Fred Loek Trophy

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Senior Lwt. Men Eight

Joseph Wright Memorial Trophy

Donated by the Argonaut Rowing Club to honour an outstanding oarsman and his tremendous support of rowing.

Womens 500 Metre Dash Eight

Bell Canada Trophy

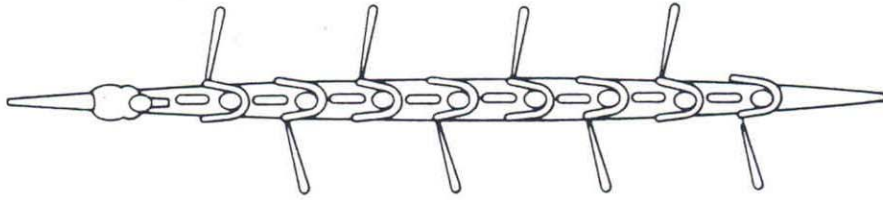
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Charles Adams Trophy

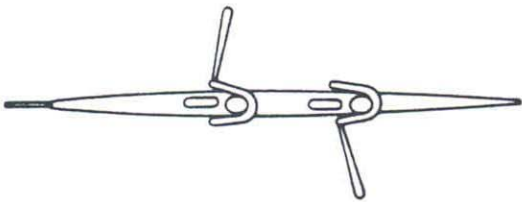
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Rowing's Shell Game



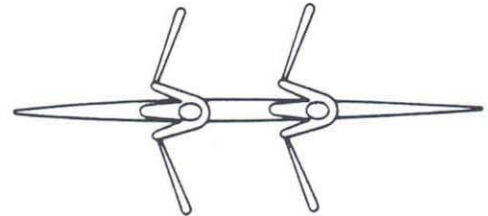
EIGHT

The largest of all rowing shells. It is manned by eight athletes, each using one sweep oar. A coxwain steers the boat.



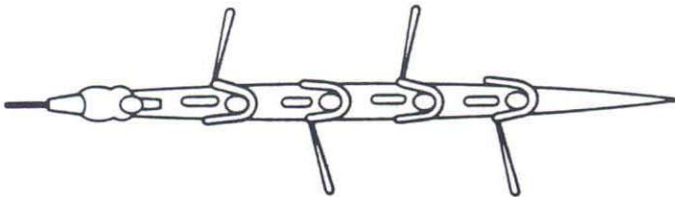
PAIR

A shell rowed by two athletes, each using a single sweep oar.



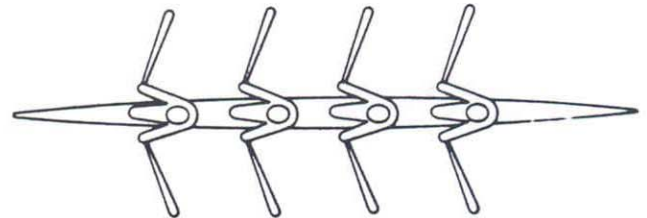
DOUBLE

A shell in which two scullers row, each using a pair of sculls.



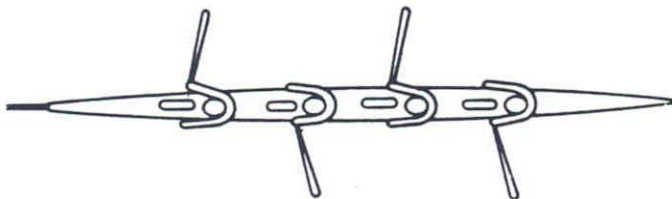
COX FOUR

A shell in which four athletes row, each rowing a single sweep oar. A coxwain steers the boat and calls the stroke.



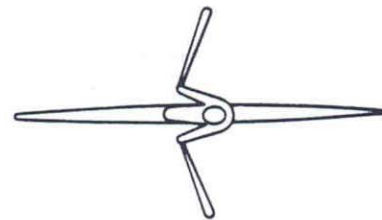
QUAD

A shell in which four scullers row, each using a pair of oars or sculls.



FOUR

A shell in which four athletes row, each using a single sweep oar. The person in the bow of the boat steers with a rudder by use of a tiller wire attached to the toe of one shoe.



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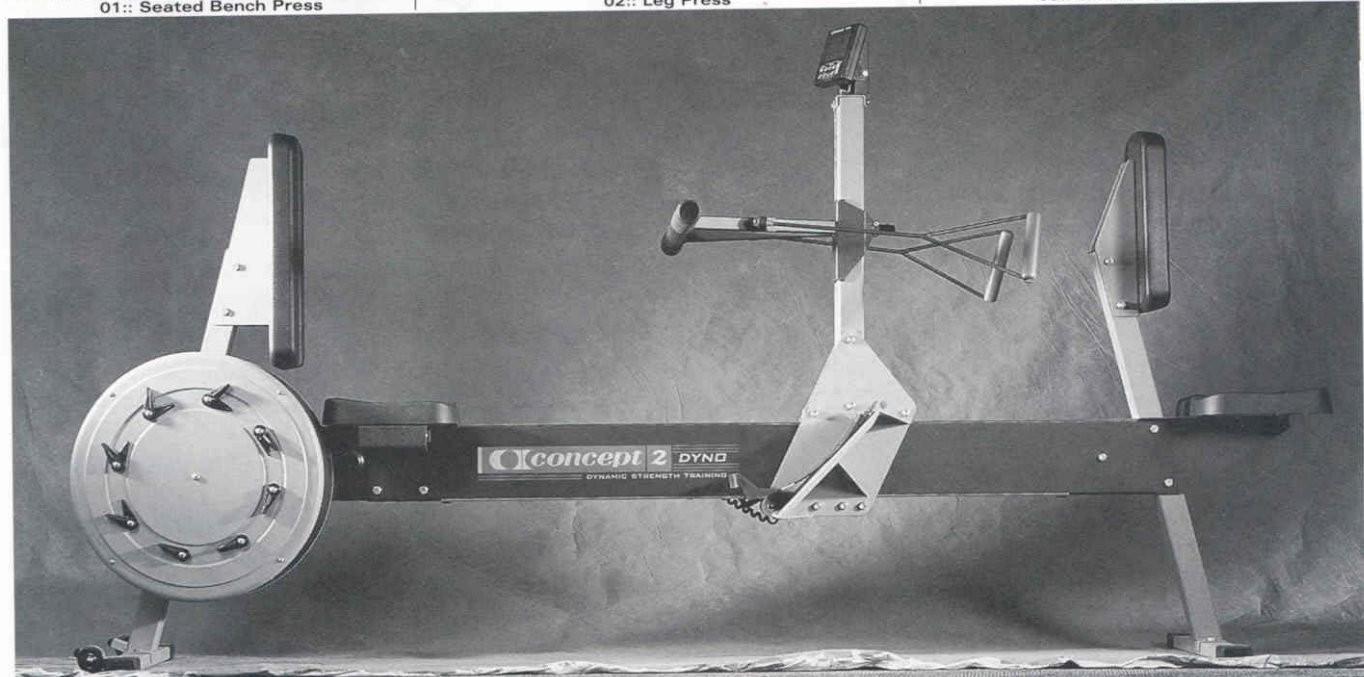
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Lindsay Sagar, Abby Steele, Danielle Amato, Adriane Cline, Megan Rapraeger, Samantha Magee, Victoria Vonderahe, Amanda Adam and Caitlin Horan of the Cincinnati Jr. Development crew repeated their 1998 win in the Jr. Women Eight with a time of 6:39.6, beating their previous time by over 30 seconds.



Hoisting the Florence Saunders Trophy is the Inter. Men's 155lb team of Brian Barrett, Eric Limpitlaw, Mike Curry, Jason Banks, Sean Wolf, John McKenna, Tom Keister, Eric Kennie and Jeff Lindy from the Riverside B.C.



Jr Men's Single winner, Aaron Kroeker from the Ridley Grad B.C., shows his winning trophy, the Tony Novotny Trophy, which he won in a time of 7:24.7.



Kambria Berkhout and Mavis Berkhout from the Ridley Grad B.C. won the Jr. Women's Double in a time of 7:58.84 beating out the second place team from Montreal.




The Brockville crew of Laura Adamson, Vanessa Reid, Laragh Taylor and Leah Ketcheson beat out the St. Catharines team to win the Jr. Women's Str. Four in a time of 7:29.8. The team is all smiles with the Kristen French Trophy in hand.



Fernando De Lusarreta and Federico Steindl, who came all the way from the Buenos Aires R.C. were the victors in the Jr. Men's Double.

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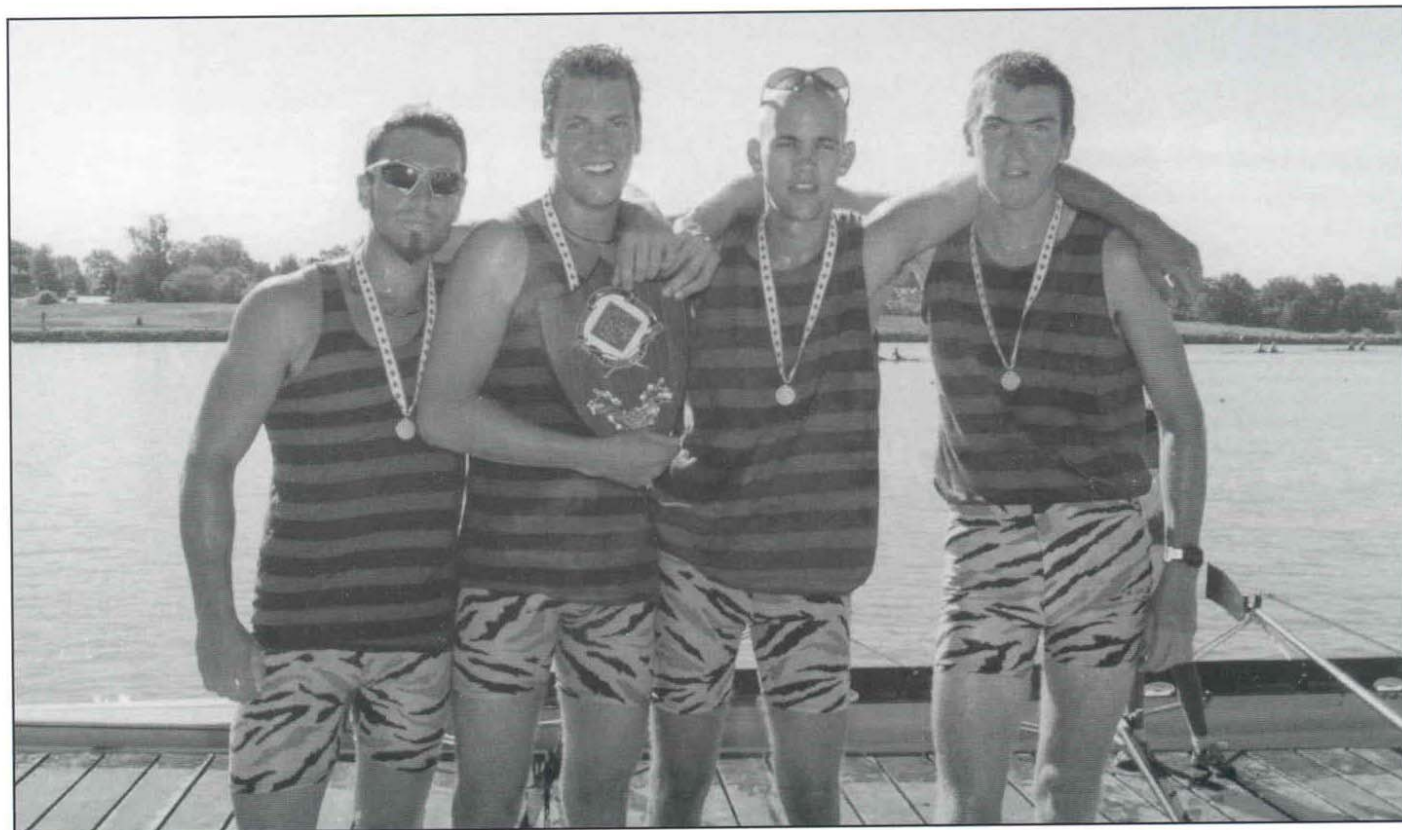
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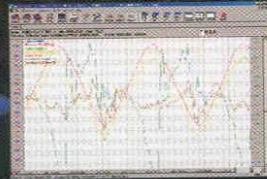
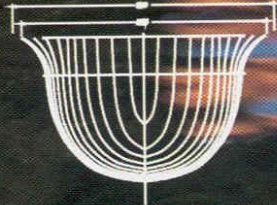
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The colourful team of Roy Vandermaar, Larry Beattie, Glen Vanderperk and Steve Vanknostenberg from the St. Catharines R.C. won the Jr. Men's Str. Four.

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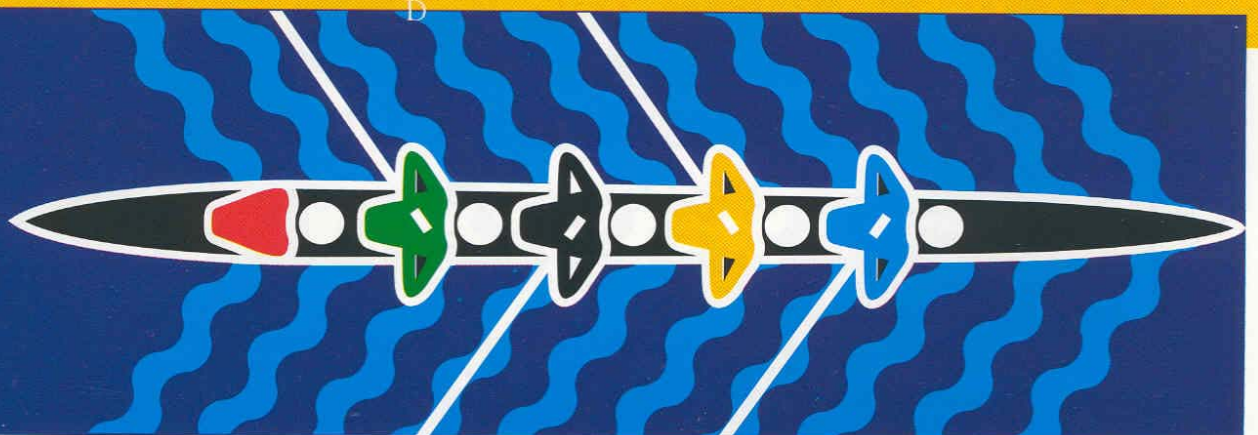
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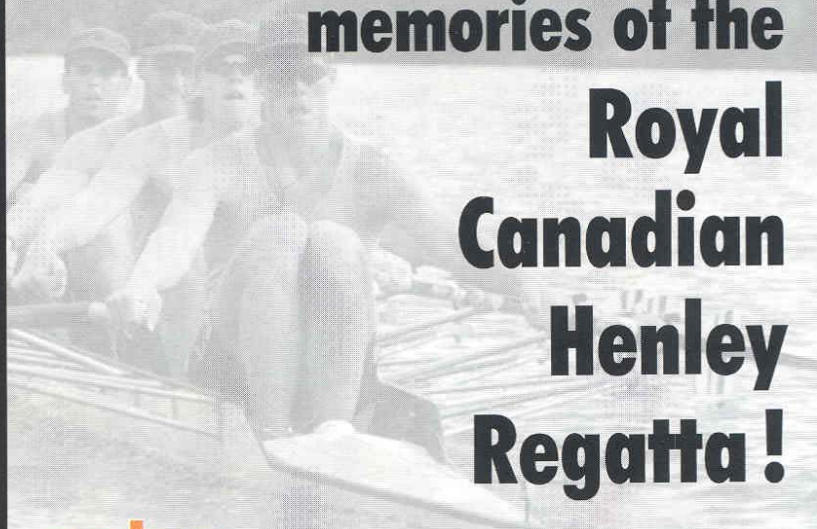
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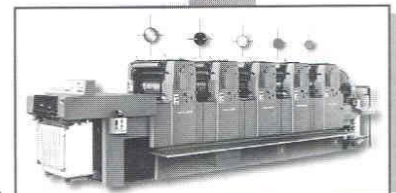
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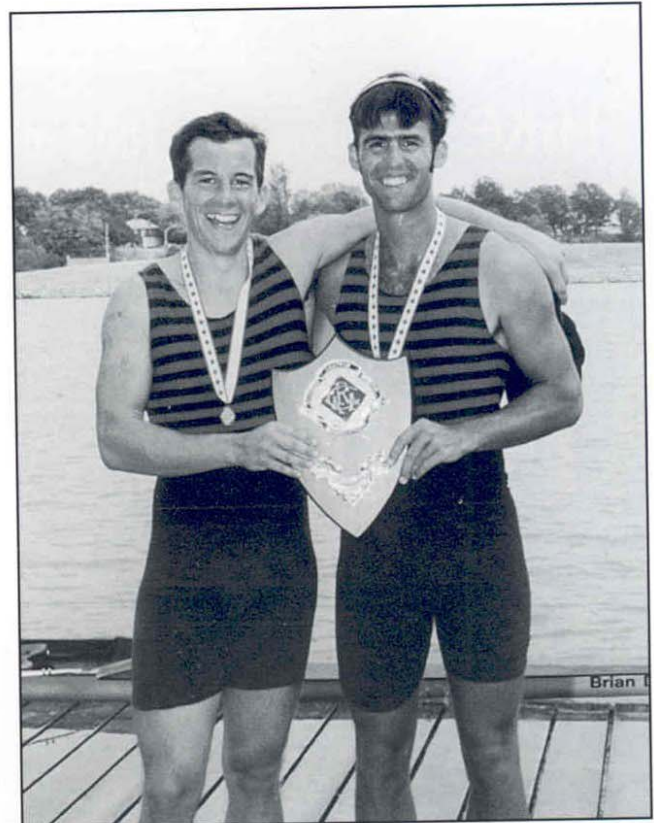
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Mariyln Taylor from the Western R.C. shows the effort she put in to winning the Inter. women single in a time of 7:33.8. Her win was rewarded with the Jim McMullen Trophy.



Jeff Burjas and Adrian McFarlane from the St. Catharines R. C. were the 1999 winners in the Inter. Men's 155lb Pair.

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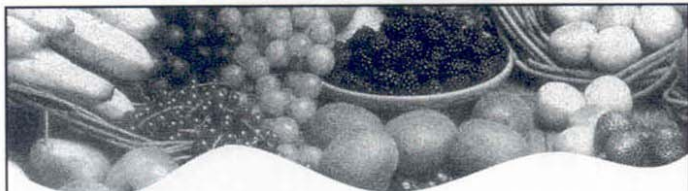
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Kristen Goodrich sports a winning smile along with her winning trophy - the Lady Henley Trophy - for her victory in the Sr. Women Single in the time of 8:14. Kristen came from the Occoquan B.C. in Burke, VA.



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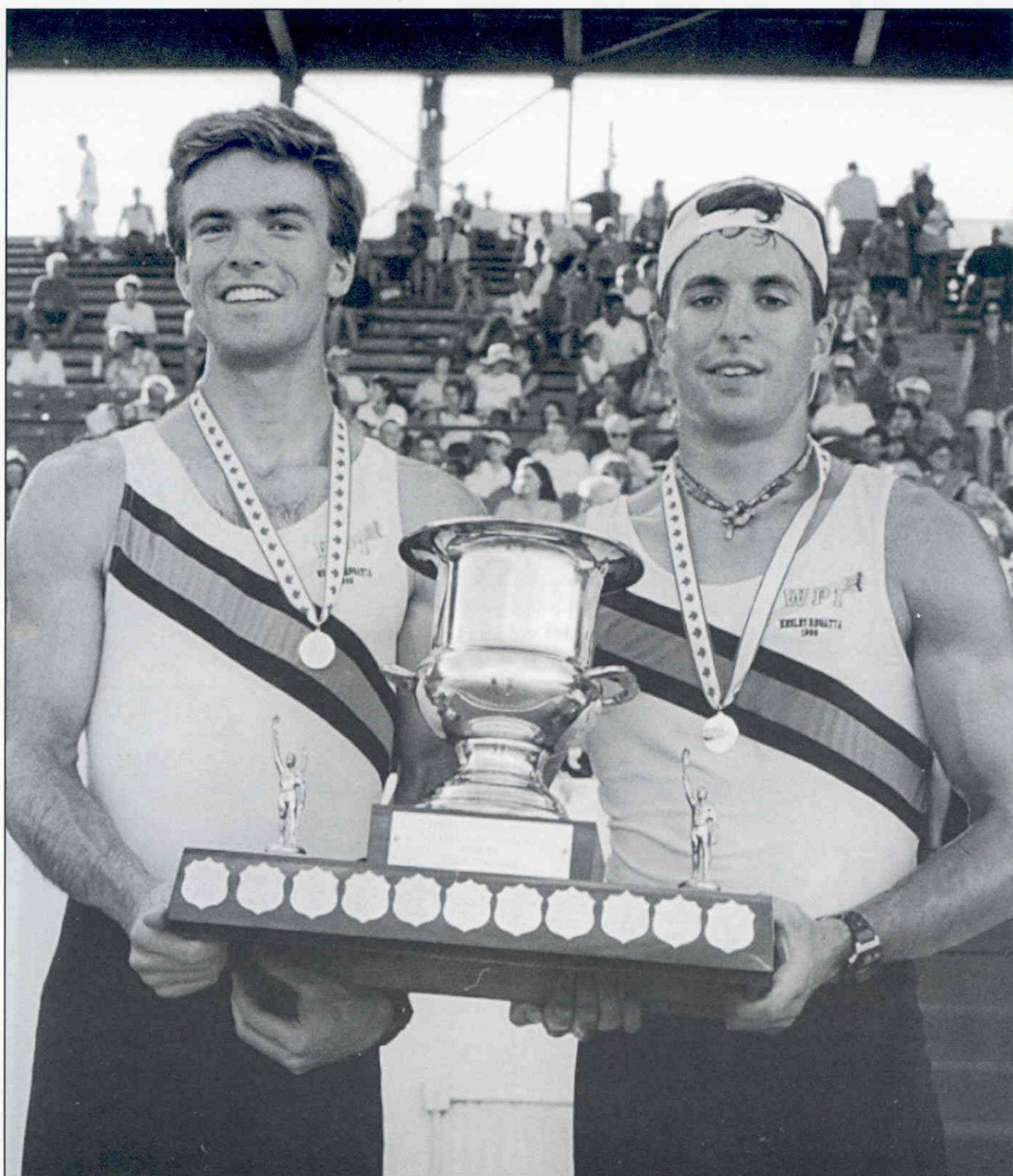
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The Victoria City R.C. retained their championship title in a time of 7:36. The Jr. Women's pair winners were Kristen Tryon and Lindsay Jennerich.



Eric Wilhelm and Matthew Beaton hold the Thomas Croston Trophy for their win in the Inter. Men's 155lb Double.
The team, from WPI, won in 6:31.1.



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Coxswain, Becky Newell, is all smiles for the Inter. Men's Cox Four team from the New York A.C. Her teammates were Chris Farrington, John Waitling, Jim Murphy and Allen Walker.



Jen Carter, of the St. Catharines City R.C., is seen here with the Alex Wilson Trophy for her win in the Jr. Women's Single.



A regular winner at Henley, the New York A.C., sent another 1st place team in the Sr. Men's 155lb Eight. Dave Mack, Ryan Wise, Gabe Winkler, Bill Fedyna, Mike Lemkie, Gus Maclurin, Tim Baer, Rob Milans and V.A. Flores display the Joseph Wright Memorial Trophy.

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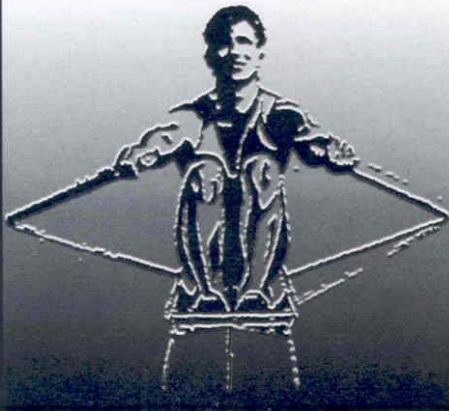
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The thrill of victory is shown on the face of the Inter. Men Single winner, John Cullicott. John hails from the Austin R.C. and won in a time of 6:51.5.

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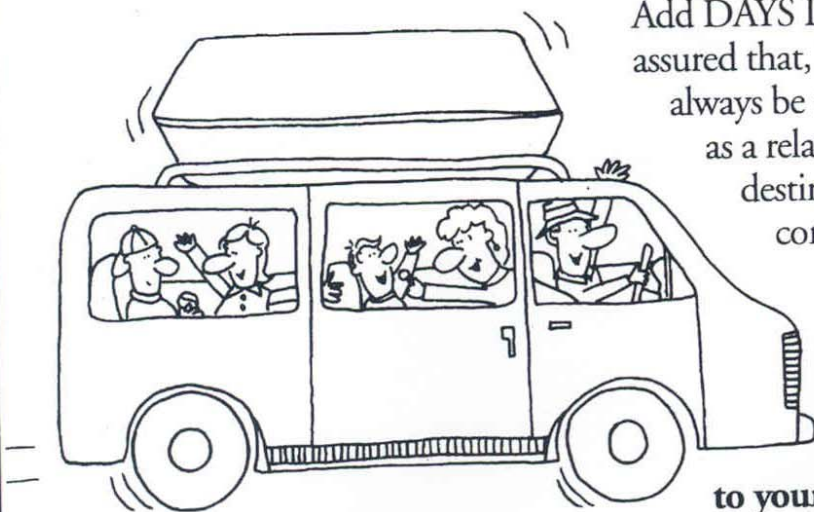
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Michelle Dykstra-Prince and Leigh-Ann Niven of the Ridley Grad B.C. were the victors in the Inter. Lwt. Women Double with a time of 7:15.6.



The Ottawa R.C. team of Vivian Welech and Michelle Zuliani beat out 2nd place Laval to win the Inter. Lwt. Women Pair in a time of 7:33.9.

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The Michael J. Broderick Memorial Trophy was won by the Buffalo Westside R.C. consisting of Mike Theeman, Justin Blum, Pat Jaumesser, Nick Baker, Chris LoTempio, Mike Cimasi, Kevin Flaherty, Justin Arena and Tim Lewis. The Sr. Men's 140lb Eight team won in a time of 5:58.8, beating last year's defenders from St. Catharines by over half a minute.

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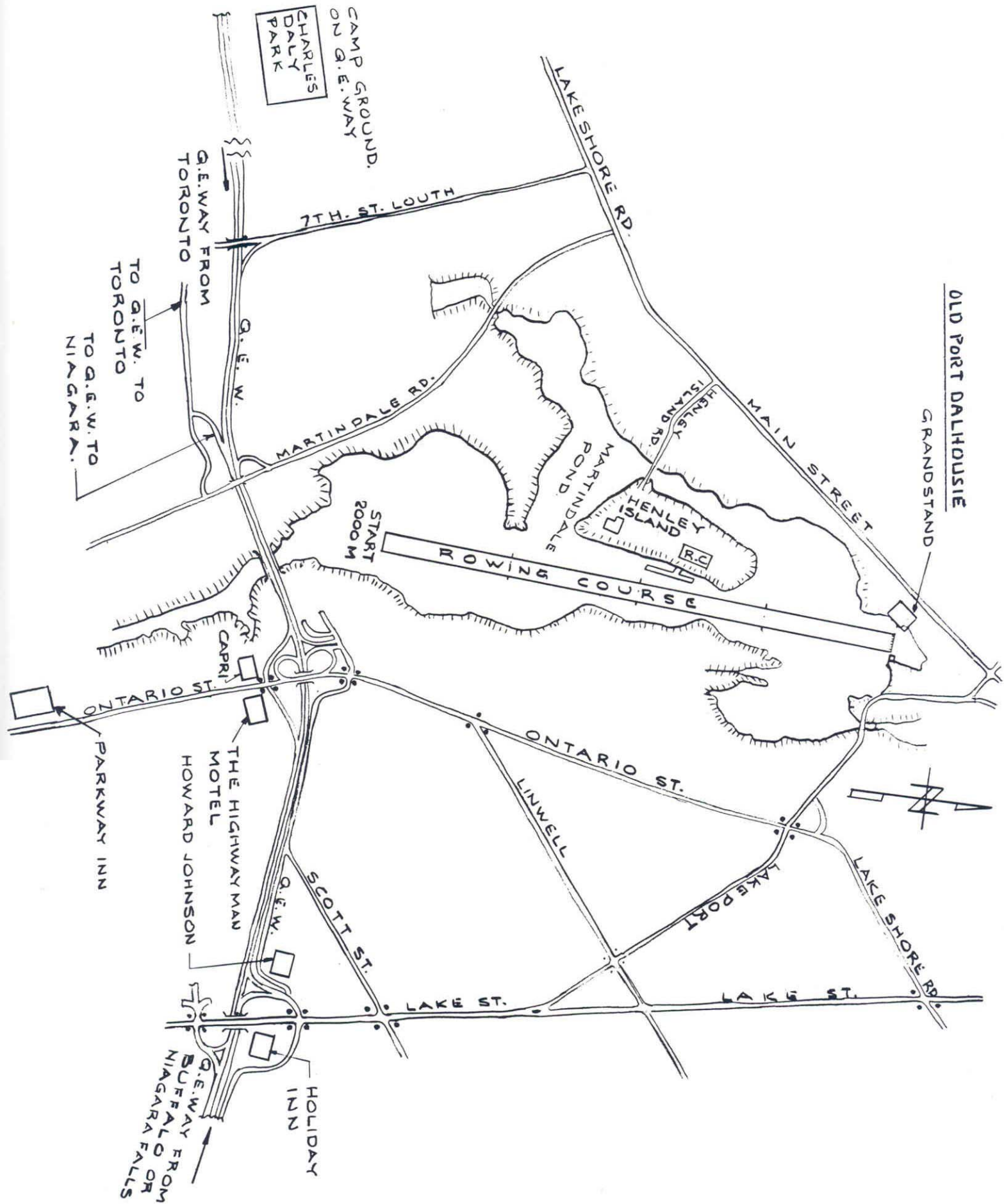
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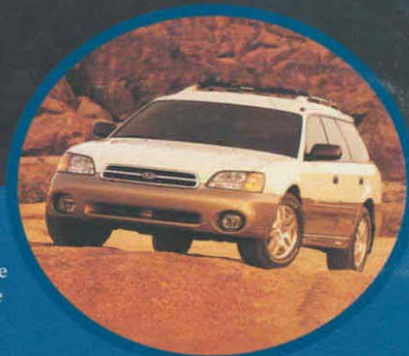
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